

## EXECUTIVE SKILLS QUESTIONNAIRE FOR CHILDREN—LOWER ELEMENTARY VERSION (GRADES 1-3)

Read each item below and then rate that item based on how well it describes your child. Then add the three scores in each section. Find the three highest and three lowest scores.

Strongly agree	5
Agree	4
Neutral	3
Disagree	2
Strongly disagree	1

Score

1. Can follow simple classroom rules. \_\_\_\_\_
2. Can be in close proximity to another child without need for physical contact. \_\_\_\_\_
3. Can wait until parent gets off phone before telling him/her something (may need one reminder). \_\_\_\_\_

TOTAL SCORE: \_\_\_\_\_

4. Is able to run errand with two to three steps. \_\_\_\_\_
5. Remembers instructions given a couple of minutes earlier. \_\_\_\_\_
6. Follows two steps of a routine with one prompt. \_\_\_\_\_

TOTAL SCORE: \_\_\_\_\_

7. Can tolerate criticism from an adult. \_\_\_\_\_
8. Can deal with perceived "unfairness" without undue upset. \_\_\_\_\_
9. Is able to adjust behavior quickly in new situation (e.g., calming down after recess). \_\_\_\_\_

TOTAL SCORE: \_\_\_\_\_

10. Can spend 20-30 minutes on homework assignments. \_\_\_\_\_
11. Can complete a chore that takes 15-20 minutes. \_\_\_\_\_
12. Can sit through a meal of normal duration. \_\_\_\_\_

TOTAL SCORE: \_\_\_\_\_

13. Can remember and follow simple one- to two-step routines (such as brushing teeth and combing hair after breakfast). \_\_\_\_\_
14. Can get right to work on classroom assignment following teacher instruction to begin. \_\_\_\_\_
15. Will start homework at established time (with one reminder). \_\_\_\_\_

TOTAL SCORE: \_\_\_\_\_

16. Can carry out a two- to three-step project of own design (e.g., arts and crafts, construction). \_\_\_\_\_
17. Can figure out how to earn/save money for an inexpensive toy. \_\_\_\_\_
18. Can carry out two- to three-step homework assignment with support (e.g., book report). \_\_\_\_\_

TOTAL SCORE: \_\_\_\_\_

(cont.)

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# Executive Skills Questionnaire—Lower Elementary Version (cont.)

19. Puts coat, winter gear, sports equipment in proper locations (may need reminder). \_\_\_\_\_
20. Has specific places in bedroom for belongings. \_\_\_\_\_
21. Doesn't lose permission slips, notices from school. \_\_\_\_\_
- TOTAL SCORE: \_\_\_\_\_
22. Can complete a short task within time limits set by an adult. \_\_\_\_\_
23. Can build in appropriate amount of time to complete a chore before a deadline (may need assistance). \_\_\_\_\_
24. Can complete a morning routine within time limits (may need practice). \_\_\_\_\_
- TOTAL SCORE: \_\_\_\_\_
25. Will stick with challenging task to achieve desired goal (e.g., building difficult Lego construct). \_\_\_\_\_
26. Will come back to a task later if interrupted. \_\_\_\_\_
27. Will work on a desired project for several hours or over several days. \_\_\_\_\_
- TOTAL SCORE: \_\_\_\_\_
28. Plays well with others (doesn't need to be in charge, can share, etc.). \_\_\_\_\_
29. Tolerates redirection by teacher when not following instructions. \_\_\_\_\_
30. Adjusts easily to unplanned-for situations (e.g., substitute teacher). \_\_\_\_\_
- TOTAL SCORE: \_\_\_\_\_
31. Can adjust behavior in response to feedback from parent or teacher. \_\_\_\_\_
32. Can watch what happens to others and change behavior accordingly. \_\_\_\_\_
33. Can verbalize more than one solution to a problem and make the best choice. \_\_\_\_\_
- TOTAL SCORE: \_\_\_\_\_

KEY			
Items	Executive skill	Items	Executive skill
1-3	Response inhibition	4-6	Working memory
7-9	Emotional control	10-12	Sustained attention
13-15	Task initiation	16-18	Planning/prioritization
19-21	Organization	22-24	Time management
25-27	Goal-directed persistence	28-30	Flexibility
31-33	Metacognition		

Your child's executive skill strengths  
(highest scores)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Your child's executive skill weaknesses  
(lowest scores)

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