

EXECUTIVE SKILLS QUESTIONNAIRE FOR CHILDREN— UPPER ELEMENTARY VERSION (GRADES 4-5)

Read each item below and then rate that item based on how well it describes your child.
Then add the three scores in each section. Find the three highest and three lowest scores.

Strongly agree	5
Agree	4
Neutral	3
Disagree	2
Strongly disagree	1

- | | Score |
|--|-------|
| 1. Handles conflict with peer without getting into physical fight (may lose temper). | _____ |
| 2. Follows home or school rules in the absence of an adult's immediate presence. | _____ |
| 3. Can calm down or de-escalate quickly from an emotionally charged situation when prompted by an adult. | _____ |
| TOTAL SCORE: _____ | |
| 4. Remembers to follow a routine chore after school without reminders. | _____ |
| 5. Brings books, papers, assignments to and from school. | _____ |
| 6. Keeps track of changing daily schedule (e.g., different activities after school). | _____ |
| TOTAL SCORE: _____ | |
| 7. Doesn't overreact to losing a game or not being selected for an award. | _____ |
| 8. Can accept not getting what he/she wants when working/playing in a group. | _____ |
| 9. Acts with restraint in response to teasing. | _____ |
| TOTAL SCORE: _____ | |
| 10. Can spend 30-60 minutes on homework assignments. | _____ |
| 11. Can complete a chore that takes 30-60 minutes (may need a break). | _____ |
| 12. Is able to attend sports practice, church service, etc., for 60-90 minutes. | _____ |
| TOTAL SCORE: _____ | |
| 13. Is able to follow a three- to four-step routine that has been practiced. | _____ |
| 14. Can complete three to four classroom assignments in a row. | _____ |

(cont.)

Executive Skills Questionnaire for Children—Upper Elementary Version (cont.)

15. Can follow established homework schedule (may need reminder to get started). _____
- TOTAL SCORE: _____
16. Can make plans to do something special with a friend (e.g., go to movies). _____
17. Can figure out how to earn/save money for a more expensive purchase. _____
18. Can carry out long-term project for school, with most steps broken down by someone else. _____
- TOTAL SCORE: _____
19. Can put belongings in appropriate places in bedroom or other locations in house. _____
20. Brings in toys from outdoors after use or at end of day (may need reminder). _____
21. Keeps track of homework materials and assignments. _____
- TOTAL SCORE: _____
22. Can complete daily routines within reasonable time limits without assistance. _____
23. Can adjust homework schedule to allow for other activities (e.g., starting early if there's an evening Scout meeting). _____
24. Is able to start long-term projects enough in advance to reduce time crunch (may need help with this). _____
- TOTAL SCORE: _____
25. Can save allowance for 3-4 weeks to make a desired purchase. _____
26. Is able to follow a practice schedule to get better at a desired skill (sport, instrument)—may need reminders. _____
27. Can maintain a hobby over several months. _____
- TOTAL SCORE: _____
28. Doesn't "get stuck" on things (e.g., disappointments, slights). _____
29. Can "shift gears" when plans have to change due to unforeseen circumstances. _____
30. Can do "open-ended" homework assignments (may need assistance). _____
- TOTAL SCORE: _____
31. Is able to anticipate in advance the result of a course of action and make adjustments accordingly (e.g., to avoid getting in trouble). _____
32. Can articulate several solutions to problems and explain the best one. _____
33. Enjoys the problem-solving component of school assignment or video games. _____
- TOTAL SCORE: _____

(cont.)