

DATES	DESCRIPTION	DAILY OBJECTIVES
8/19-23	<p>Student Introductions</p> <p>Games - Human Bingo Game, Two Truths and a Lie</p> <p>Orientation of the classroom/equipment</p> <p>Expectations/Rules of CNA Class</p> <p>Goals of Students</p> <p>Discuss: Safety</p> <p>Work on Resume, perform mock interviews, fill out job applications. Handouts will be passed out in class.</p> <p>Discuss: Skills USA, St. Bernards ambassador program Professionalism and Work Ethic</p>	
8/26-30	<p><u>Sign out</u> the Hartman textbooks and workbooks</p> <p>Hartman's Textbook 5th Edition NURSING ASSISTANT CARE THE BASICS</p> <p><u>Read</u> Chapter 1 page 1-20 The Nursing Assistant in Long-Term Care</p> <p><u>Write terms #1 - #25</u></p>	<p><u>UNIT 1 Lesson 1 - 11</u></p> <p>Lesson 1 1*</p>
9/2-9/6	<p><u>Read</u> Chapter 2 Foundations of Resident Care page 21 - 59 Hartman's Textbook 5th Edition NURSING ASSISTANT CARE THE BASICS</p> <p><u>Write terms #26 - #50</u></p> <p><u>CNA Skills:</u> #1 Initial Step #2 Exit Step</p>	<p><u>9/2/24 LABOR DAY - NO SCHOOL</u></p> <p>Standard 2.0 Analyze the structure of the health care system 7.0</p> <p>Performance indicator - 2.1, 2.1.1, 2.1.2, 2.1.3, 2.2, 2.2.1, 2.2.2, 3.1 4.1 5.1, 5.2, 7.0, 7.2, 8.0</p> <p>Lesson 2 1.5* Standard 5.1 , 5.2, 7.0, 7.2, 8.2</p>

9/9-9/13	<p><u>Read</u> Chapter 2 Foundations of Resident Care Page 21-59</p> <p><u>Write terms</u> #51 - #75</p> <p><u>CNA skills:</u> #3 Handwashing #4 Gloves #5 Gown #6 Mask</p>	<p>Lesson 2 1.5*</p> <p>Standard 5.1 , 5.2, 7.0, 7.2, 8.2</p> <p>Lesson 2 1.5*</p> <p>Lesson 3 2*</p> <p>Standard 4.7,5.1 , 5.2, 7.0, 7.1, 7.2, 8.2</p>
9/16-9/20	<u>Write terms</u> # 76 - #100	
9/23-9/27	<p><u>Read and Review</u> Chapter 2 Foundations of Resident Care Page 21 - 69</p> <p><u>Write terms</u> #101 - #125</p> <p><u>CNA Skills:</u> #7 Fire #8 Fire Extinguisher #9 Falling or Fainting #10 Choking #11 Seizures</p>	<p>Lesson 4 2*</p> <p>Lesson 5 2*</p> <p>Standard 5.1 , 5.2, 7.0,7.1, 7.2, 8.2</p>
9/30-10/4	<p><u>Read</u> Chapter 8 Nutrition and Hydration Page 209 - 226</p> <p><u>Write terms</u> #126 - # 150</p> <p><u>CNA Skill:</u> #60 Feeding</p>	<p>Lesson 6 3*</p> <p>Lesson 19 3*</p> <p>Standard 4.7,4.8, 4.9,6.0,6.1,6.2,6.3,6.4</p>

<p>10/7-10/11</p>	<p><u>Read</u> Chapter 6 Personal Care Skills Hartman's Textbook 5th Edition NURSING ASSISTANT CARE THE BASICS Page 124 - 168</p> <p><u>Write terms</u> #151 - #175</p> <p><u>CNA Skills:</u> #12 Unoccupied Bed #13 Thicken Liquids #14 Recording Fluid Intake #15 Passing Ice Water #16 Serving a Meal Tray #56 Occupied Bed</p>	<p>Lesson 6 3* Lesson 17 2*</p> <p>Standard 4.1, 6.1,6.2,6.3,6.4,</p>
<p>10/14-10/18</p>	<p><u>Read</u> Chapter 3 Understanding Residents Page 60 - 77 Hartman's Textbook 5th Edition NURSING ASSISTANT CARE THE BASICS</p> <p><u>Write terms</u> #176 - #200</p> <p><u>Read</u> Chapter 4 Body Systems and Related Conditions Page 78 - 110 <u>Read</u> Chapter 5 Confusion, Dementia, and Alzheimer's Disease Page 111-123</p> <p><u>CNA Skill:</u> #17 Nasal Cannula Care</p>	<p>Lesson 7 1* Lesson 8 1* Lesson 9 1* Lesson 10 45' Lesson 11 45'</p> <p>Standard 1.2,2.0,2.2,2.3,2.4,2.5</p>
<p>10/21-10/25</p>	<p><u>Read</u> Chapter 6 Personal Care Skills Page 124 - 168</p> <p><u>Write terms</u> # 201 - # 225</p> <p><u>CNA Skills:</u> #18 Shower/Shampoo #19 Bedbath, catheter care, perineal care #20 Back Rub #21 Shampoo in bed #22 Whirlpool</p>	<p><u>UNIT 2 LESSON 12 - 20</u></p> <p>Lesson 12 5*</p> <p>Standard 4.0, 4.2, 4.6, 4.7,</p> <p>10/20 - PD Day (No Students)</p>
<p>10/28-11/1</p>	<p><u>Read and Review</u> Chapter 6 Personal Care Skills Page 124 - 168</p> <p><u>Write terms</u> #226 - # 250</p> <p><u>CNA Skills:</u> #23 Oral Care #24 Oral Care Unconscious #25 Denture Care #26 Shaving w/electric razor #27 Shaving w/safety razor</p>	<p>Lesson 13 4* Lesson 14 4* Lesson 23</p> <p>Standard 4.6,4.7,4.8,4.10,</p>

	<p>#28 Comb/Brush Hair #29 Fingernail Care #30 Foot Care #31 Change a Resident's Gown #32 Dress a Dependent Resident #33 Assist to Bathroom #34 Bedside Commode #35 Bedpan/ Fracture pan #36 Urinal #37 Empty Drainage Bag #38 Urine Specimen Collection #39 Stool Specimen Collection #40 Application of Incontinent Brief</p>	
11/4-11/8	<p><u>Read</u> Chapter 9 Rehabilitation and Restorative Care Page 227 - 240 Hartman's Textbook 5th Edition</p> <p><u>Write terms</u> #251 - #275</p> <p><u>CNA Skills:</u> #41 Assist Resident to Move to Head of Bed #42 Supine Position #43 Side to Side Position #44 Fowler's Position #45 Semi Fowler's Position #46 Use of Wheelchair #47 Transfer to Wheelchair #48 Sit on Edge of Bed #49 Gait Belt Assist w/Ambulation #50 Walking #51 Assist w/Walker #52 Assist w/Cane</p>	<p>Lesson 15 2*30</p> <p>Standard 5.1,5.2,5.3, 5.4, 5.5,5.6,5.7, 5.8,5.9,</p> <p>Standard 5.1,5.2,5.3, 5.4, 5.5,5.6,5.7, 5.8,5.9,</p>
11/11-11/15	<p><u>CNA Skills:</u> #53 Portable Lift #54 Transfer to Stretcher/Showerbed #55 Transfer 2 Person Lift #57 Inspect Skin #58 Float Heels #59 Bed Cradle</p> <p><u>Write terms</u> #276 - #300</p>	<p>Lesson 16 1.5* Lesson 17 2* Lesson 18 2*</p> <p>Standard 5.1,5.2,5.3, 5.4, 5.5,5.6,5.7, 5.8,5.9,</p>
11/18-11/122	<p><u>Read</u> Chapter 7 Page 169 - 208 Basic Nursing Skills</p> <p><u>Write terms</u> #301 - #325</p> <p><u>CNA skills:</u> #61 oral temperature #62 Axillary temperature</p>	<p>Lesson 20 8*</p> <p>Standard 4.5,4.9, 8.0, 8.1,9.0,9.1,</p>

	#63 Pulse and Respirations #64 Pulse Oximetry #65 BP #66 Height #67 Weight	
11/25-11/29		Thanksgiving Break
12/2-12/6	<u>Read</u> Chapter 9 Rehabilitation and Restorative Care page 227 - 240 <u>Write terms</u> #326 - # 350 <u>CNA skills:</u> #68 Application Physical Restraint #69 PROM #70 Splint Application #71 Abdominal Binder #72 Abduction Pillow #73 Knee Immobilizer #74 Palm Cones #75 Assisting with Hearing Aids #76 Elastic/TED #77 Admitting a Resident #78 Transfer/Discharge of a Resident #79 Post Mortem Care	<u>UNIT 3 LESSON 21 - 30</u> Lesson 21 1* Lesson 22 1,5 Lesson 23 1.5 Lesson 27 1.25 Lesson 28 1.25 Standard 5.2, 5.3,5.4,5.5,5.6,5.7,5.8,5.9,
12/9-12/13	<u>Write terms</u> #351 - #375	
12/16-12/20	<u>Write terms</u> #376 - #380	
12/23-1/3/25		Winter Break

1/6-1/10	1/6 Unit 3 Review <u>Nursing Home Clinicals 1/7 - 1/10</u>	
1/13-1/17	<u>Nursing Home Clinicals 1/13/25</u> 1/14 - 1/17 Unit 3 Review	
1/20-1/24	CNA Exam review Terminology Review CNA Skills Review	1/20 - MLK Day (No School)
1/27-1/31	CNA Exam review Terminology Review CNA Skills Review	
2/3-2/7	CNA Certification Exam	
2/10-2/14	Discussion on Healthcare professions and jobs in our area	
2/17-2/21	Discussion about other jobs in our area related to healthcare	

2/24- 2/28	Veterinary careers	
3/3-3/7	? Field trip	
3/10 - 3/14	Professional speakers	
3/17 -3/21	Catching up on classroom work	
3/24 - 3/28	SPRING BREAK	SPRING BREAK
3/31 - 4/4	Review for SkillsUSA	
4/7- 4/11	Review for SkillsUSA	
4/14 - 4/18	4/14 - 4/16 Skills USA competition Hot Springs	

4/21-4/25	Job Shadowing	
4/28 - 5/2	Healthcare professional speakers	
5/5 - 5/9	5/9 ? ASUN graduation at Newport	
5/12 - 5/16	Review	
5/19 - 5/23	Healthcare professional speakers	
5/26 - 5/30	Last week of school	5/26 - Memorial Day - NO SCHOOL 5/30 - LAST DAY OF SCHOOL