

Hampton Township School District
Elementary Breakfast Menu

August 2024



Meet Your Nutritious Friend:
Tomato Man

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
			1	2	<p>What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Whole Grain Cereals (V) <i>(Served with Graham Cracker)</i> Cinnamon Toast Crunch, Cocoa Puffs, Froot Loops, Frosted Flakes, Lucky Charms</p> <p>Whole Grain PopTarts (V) <i>(Served with Graham Cracker)</i> Chocolate, Cinnamon, Strawberry</p> <p>Whole Grain Muffin/ Loaf (V) <i>(Served with Graham Cracker)</i> Blueberry, Chocolate, Chocolate Chip</p> <p>Whole Grain Donuts/ Donut Holes (V) Blueberry, Chocolate, Glazed, Powdered</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry</p> <p>(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan <i>These items do not contain any animal products</i></p>
5	6	7	8	9	
12	13	14	15	16	
19	20	21	22	23	
26	27	28	29	30	
		<p>Welcome Back!</p>	<p>Whole Grain Sausage Breakfast Pizza</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>Whole Grain Mini Cinni Rolls (V)</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	
<p>Sausage, Egg & Cheese on Whole Grain Muffin</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>Whole Grain Mini French Toast (V)</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>Whole Grain Mini Waffles (V)</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>Whole Grain Egg & Sausage Bagel Pizza</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>Whole Grain Mini Pancakes (V)</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	
<p>Your Team Jenna Ossler, General Manager 412.492.6390 ma1052@metzcorp.com</p>			<p>Meal Prices Student Breakfast \$0.00 Reduced Breakfast \$0.00 Faculty Breakfast \$2.50</p>		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.