

# Owatonna Area Learning Center

This institution is an equal opportunity provider

## SEPT 2024 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	3 <b>Big Daddy's Pizza</b> Buttery Steamed Corn Mandarin Oranges Fresh Fruits Fresh Veggies	4 <b>Rotini Pasta w/ Meat Sauce &amp; Garlic Toast</b> Glazed Carrot Coins Applesauce Fresh Fruits Fresh Veggies	5 <b>Mini Corn Dogs</b> Baked Beans Mixed Berries Fresh Fruits Fresh Veggies Fresh Baked Cookie	6 <b>Original or Spicy Breaded Chicken Sandwich</b> Curly Fries Chilled Pears Fresh Fruits Fresh Veggies
9 <b>Bosco Sticks w/ Marinara Sauce</b> Buttery Steamed Corn Pineapple Tidbits Fresh Fruits Fresh Veggies	10 <b>Walking Taco</b> Cheesy Refried Beans Chilled Peaches Fresh Fruits Fresh Veggies Jonny Pop	11 <b>Boneless Chicken Wings w/ Dinner Roll</b> Mashed Potatoes & Gravy Orange-Strawberry Mix Fresh Fruits Fresh Veggies	12 <b>Lasagna Roll-Up w/ Garlic Breadstick</b> Steamed Mixed Veggies Fresh Spinach Salad Applesauce Fresh Fruits	13 <b>Hot Turkey-Ham &amp; Cheese Croissant Sandwich</b> Sweet Potato Fries Chilled Pears Fresh Fruits Fresh Veggies
16 <b>French Toast Sticks w/ Scrambled Eggs</b> Baby Roasters Mandarin Oranges Fresh Fruits Fresh Veggies	17 <b>Penne Pasta w/ Chicken Alfredo &amp; Breadstick</b> Steamed Peas Chilled Peaches Fresh Fruits Fresh Veggies	18 <b>All-Beef Hot Dog</b> Baked Beans Bag of Chips Mixed Berries Fresh Fruits Fresh Veggies	19 <b>Garlic Parmesan Chicken w/ Pretzel Knot &amp; Cheese Sauce</b> Steamed Broccoli Applesauce Fresh Fruits Fresh Veggies	20 <b>Pizza Grilled Cheese w/ Marinara Sauce</b> Glazed Baby Carrots Italian Lettuce Salad Chilled Pears Fresh Fruits
23 <b>Garlic Cheese Bread w/ Marinara Sauce</b> Roasted Green Beans Pineapple Tidbits Fresh Fruits Fresh Veggies	24 <b>Chipotle Bar</b> Fiesta Beans Corn Bean Salsa Chilled Peaches Fresh Fruits Fresh Veggies	25 <b>Chicken Tenders w/ Brown Rice Pilaf</b> Steamed Cal Blend Veggies Orange-Strawberry Mix Fresh Fruits Fresh Veggies	26 <b>Shredded Beef Sandwich</b> Mashed Potatoes & Gravy Applesauce Fresh Fruits Fresh Veggies	27 <b>Hamburger or Cheeseburger</b> Seasoned Straight Fries Chilled Pears Fresh Fruits Fresh Veggies

### FREE MEALS FOR ALL STUDENTS

All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

### COMPLETE MEAL

Students must choose at least 3 components, including ½ c fruit or vegetable, as part of a complete meal.

### MILK

Milk Choices: Skim or 1% White, or Skim Chocolate  
Single milk purchase is \$0.55 per carton.

### EDUCATIONAL BENEFITS

Your student may qualify for additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

### ADULT MEAL PRICES

Lunch: \$5.00

### ALLERGY INFORMATION

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, and/or wheat. Please contact 507-444-8607 with special diet related inquiries.