

Owatonna Elementary Schools

This institution is an equal opportunity provider

SEPT 2024

LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	3 NO SCHOOL K-8	4 NO SCHOOL K-5	5 Mini Corn Dogs Yogurt Parfait Baked Beans Mixed Berries Fresh Fruits Fresh Veggies Fresh Baked Cookie	6 Original or Spicy Brd Chicken Sandwich Cheese & Crackers Power Pack Curly Fries Chilled Pears Fresh Fruits & Veggies
9 French Toast Sticks w/ Scrambled Eggs Turkey Sandwich Baby Roasters Mandarin Oranges Fresh Fruits Fresh Veggies	10 Penne Pasta w/ Chicken Alfredo & Breadstick Yogurt Parfait Steamed Peas Chilled Peaches Fresh Fruits Fresh Veggies	11 All-Beef Hot Dog All-American Sub Sandwich Bag of Chips Baked Beans Mixed Berries Fresh Fruits & Veggies	12 Garlic Parm Chicken w/ Pretzel & Cheese Sauce SW Chickpea Salad w/ Pretzel & Cheese Sauce Steamed Broccoli Applesauce Fresh Fruits & Veggies	13 Pizza Grilled Cheese w/ Marinara Sauce Bagel Power Pack Glazed Baby Carrots Italian Lettuce Salad Chilled Pears Fresh Fruits
16 Garlic Cheese Bread w/ Marinara Sauce Ham Sandwich Roasted Green Beans Pineapple Tidbits Fresh Fruits Fresh Veggies	17 Beef Nachos Creamy Chickpea & Jelly Sandwich Cheesy Refried Beans Chilled Peaches Fresh Fruits Fresh Veggies	18 Chicken Tenders w/ Brown Rice Pilaf All-American Sub Sandwich Steamed Cal Blend Veg Orange-Strawberry Mix Fresh Fruits & Veggies	19 Shredded Beef Sandwich Chef Salad w/Breadstick Mashed Potatoes & Gravy Applesauce Fresh Fruits Fresh Veggies	20 Hamburger or Cheeseburger Pizza Power Pack Seasoned Straight Fries Chilled Pears Fresh Fruits Fresh Veggies
23 Pizza Turkey Sandwich Buttery Steamed Corn Caesar Salad Mandarin Oranges Fresh Fruits	24 Rotini Pasta w/ Meat Sauce & Garlic Toast Yogurt Parfait Glazed Carrot Coins Chilled Peaches Fresh Fruits Fresh Veggies	25 Mini Corn Dogs All-American Sub Sandwich Baked Beans Pineapple-Orange Mix Fresh Fruits & Veggies Fresh Baked Cookie	26 Omelet w/ Pancakes Grilled Chicken Salad w/ Breadstick Breakfast Potatoes Applesauce Fresh Fruits Fresh Veggies	27 Original or Spicy Brd Chicken Sandwich Cheese & Crackers Power Pack Curly Fries Chilled Pears Fresh Fruits & Veggies

FREE MEALS FOR ALL STUDENTS

All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

COMPLETE MEAL

Students must choose at least 3 components, including ½ c fruit or vegetable, as part of a complete meal.

MILK

Milk Choices: Skim or 1% White, or Skim Chocolate
Single milk purchase is \$0.55 per carton.

EDUCATIONAL BENEFITS

Your student may qualify for additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

ADULT MEAL PRICES

Lunch: \$5.00

ALLERGY INFORMATION

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, and/or wheat. Please contact 507-444-8607 with special diet related inquiries.