



BENSENVILLE

SCHOOL DISTRICT 2



**MENTAL
HEALTH
MATTERS**

Strengthening School Safety

MENTAL HEALTH SUPPORTS

Student safety is our top priority!
To ensure the well-being and security
of our students, teachers, and staff,
we invest in the mental health and
emotional well-being of our students.

SCHOOL-WIDE SUPPORT SYSTEMS

To further a culture of “Support, Awareness & Resilience,” we implement school-wide support systems that foster positive and inclusive learning environments where all students can thrive academically, socially, and emotionally.

Positive Behavior Interventions & Supports (PBIS): Staff use this tiered, evidence-based support system to analyze data, identify challenges, develop comprehensive action plans, and provide proactive assistance so students can understand and meet their school’s behavior expectations and celebrate their achievements.

Social Workers & Counselors: These highly trained professionals work with students, families, teachers and administrators to identify and address students’ academic and behavior challenges at their earliest stages, and provide timely and targeted interventions to prevent those challenges from hindering the students’ success.



STUDENT SUPPORT SYSTEMS

Today's youth face complex and multifaceted pressures and challenges, ranging from academic stress to social pressures, family dynamics, and personal struggles. Our schools have tools to target their specific mental health needs when they need additional support.

Threat Assessment: We embrace a proactive approach to threat assessment and intervention. Through a comprehensive threat assessment system, we are equipped with the knowledge and skills necessary to recognize warning signs and respond effectively to potential threats. Our multidisciplinary threat assessment teams assess and address concerning behaviors, and provide early intervention and support to individuals in need. By promoting a culture of vigilance

and collaboration, we strive to create a safe and supportive environment where everyone feels valued and protected. When a threat is uncovered, teams begin to investigate. This would include identifying and containing the threat, reviewing videos, and interviewing student and staff witnesses.

Suicide Prevention: Ann Marie's Law requires that all students in grades 7-12 learn warning signs of suicidal behavior in adolescents, and appropriate intervention and referral techniques. All staff are required to receive suicide prevention training, and are able to use the "Signs of Suicide" protocol to screen students and support those identified as more at risk for suicide. If your child or someone you know is struggling with thoughts of suicide, please reach out to the building principal or SEL staff member within your building. After school hours, please report it to the Safe2Help Illinois 24/7 Helpline, and an administrator will respond as soon as they are able. If the need is immediate, contacting 911 will get you the support you may need as quickly as possible.



Safety Plan: Sometimes a student's disciplinary actions and/or mental health needs require school staff to partner with the student's family to develop plans to maintain a safe environment for the student and the school. Safety plan strategies often include supervision, required check-ins, and alternative schedules. To learn more, contact your school's principal and/or student services coordinator.

Hospital Re-entry: When students experience mental health emergencies, our schools partner with the Illinois Department of Health and Family Services to determine if hospitalization and/or therapeutic supports provided outside the school system are needed. Our schools also partner with families and health professionals to ensure hospitalized students remain connected to their schools, and are prepared to resume school when able. To learn more, contact your school's principal and/or student services coordinator.

Bullying: Our schools are vigilant in responding to bullying, which is a repeated pattern of intentional, aggressive behavior between two children when there is a power imbalance. If your student is experiencing bullying, it is important to make your building administrators aware. From there, we would investigate to learn more and take appropriate action. School administrators will call the parents of all students involved to make them aware of their role in the reported bullying as well as the results of the investigation.

BSD2 RESOURCES

Teachers

- Academic & Social-Emotional Progress
- Peer Conflict
- Home Changes/Insights

Principal and Assistant Principal

- Bullying
- Safety Concerns
- Hospital Re-Entry

Social-Emotional Staff

- Mental Health needs



Family Resource Center

- Medical and Legal Aide
- Food and Clothing Services
- Citizenship and Language Assistance
- Social-Emotional Supports
- Parent Education and Workshops
- Other Helpful Resources for Families

Phone: 630-766-2602 ext. 4255
Located in Tioga School



Contact this 24/7 helpline for:

- Suicide Concerns
- Threats to Safety

Phone: 844-4-SAFEIL (723345)

Text: SAFE2 (72332)

Email: HELP@Safe2HelpIL.com

Online: <https://app.safe2helpil.com/>

COMMUNITY RESOURCES



**DUPAGE COUNTY
HEALTH DEPARTMENT**

Everyone, Everywhere, Everyday

- Medical Health Services and Information
- Youth and Family Behavioral Health Services
- Drug Use and Prevention
- Crisis Services
- Immunization Services

Phone: 630-682-7400

www.dupagehealth.org



**Northeast DuPage
Family & Youth Services**

- Counseling
- Prevention Programs
- Trauma Services
- Crisis Services

Phone: 630-693-7934

nedfys.org

CALL

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for health & social service resources

of DuPage County

- Housing
- Food and Clothing
- Legal Aid and Public Safety
- Family Support
- Employment and Transportation

Phone: Call 211

211dupage.gov