

What's on the Menu?

Allergy Alert:
 Manufacturer Hamburger Buns,
 Hot Dog Buns, Sliced Bread and
 Hoagie Rolls CONTAIN WHEAT,
 SOY AND SESAME

Rochester Community Schools ACE HS ATPS: Lunch Aug- September 2024

A full student lunch includes a choice of entrée supplying protein and grain,
 2(1/2) Cup vegetable side dishes, 2 (1/2) Cup fruit side dishes, and a choice of 1% white or chocolate milk.
 A student must select a 1/2 cup serving of fruit or vegetable to make a complete meal or a la carte pricing will be applied.

*This institution is an equal opportunity employer.

	Monday	Tuesday	Wednesday	Thursday	Friday
(V) Vegetarian Option	26	27	28	29	30
CHOICE A	1/2 Day of School	WG Mini Corn Dog Nuggets Vegetarian Baked Beans Fresh Fruit	Popcorn Chicken w/ WG Cheddar Goldfish Crackers Fresh Vegetable Canned Fruit	WG Waffles w/ Syrup Chicken Sausage Tater Tots 100% Fruit Juice	No School
	2	3	4	5	6
	No School	Beef Hot Dog WG Bun Vegetarian Baked Beans Fresh Fruit	Chicken Tenders w/ WG Cheddar Goldfish Crackers Fresh Vegetable Canned Fruit	WG Pancakes w/ Syrup Chicken Sausage Tater Tots 100% Fruit Juice	Macaroni and Cheese w/Soft Pretzel (V) Steamed Broccoli Fresh Fruit
(V) Vegetarian Option	9	10	11	12	13
	Spicy Chicken Patty Sandwich WG Bun Fresh Vegetable Fresh Fruit	WG Mini Corn Dog Nuggets Vegetarian Baked Beans Fresh Fruit	Popcorn Chicken w/ WG Cheddar Goldfish Crackers Hot Vegetable Canned Fruit	WG Waffles w/ Syrup Chicken Sausage Tater Tots 100% Fruit Juice	WG Bosco Breadsticks (V) Pizza Sauce Fresh Fruit
	16	17	18	19	20
	Beef Cheeseburger WG Bun Tater Tots Fresh Fruit	Beef Hot Dog WG Bun Vegetarian Baked Beans Fresh Fruit	Chicken Tenders w/ WG Cheddar Goldfish Crackers Fresh Vegetable Canned Fruit	WG Pancakes w/ Syrup Chicken Sausage Tater Tots 100% Fruit Juice	Macaroni and Cheese w/Soft Pretzel (V) Steamed Broccoli Fresh Fruit
(V) Vegetarian Option	23	24	25	26	27
	Spicy Chicken Patty Sandwich WG Bun Fresh Vegetable Fresh Fruit	WG Mini Corn Dog Nuggets Vegetarian Baked Beans Fresh Fruit	Popcorn Chicken w/ WG Cheddar Goldfish Crackers Hot Vegetable Canned Fruit	WG Waffles w/ Syrup Chicken Sausage Tater Tots 100% Fruit Juice	No School
	30				
	Beef Cheeseburger WG Bun Tater Tots Fresh Fruit	CHOICE B:	Chicken Breast Sandwich on a Whole Grain Bun	CHOICE C:	Hummus Bento Box with Tortilla Chips and Fresh Vegetables

