

SOPHOMORE RETREAT SUPERB SELECTIONS – 2024/2025

A. Superheroes Bike Retreat September 15, 2024 – 25 participants

This biking retreat connects the physical challenge of a 32 mile bike ride with the challenges faced in daily life spelled out in Joseph Campbell's concept of the Hero's Journey. Students will be challenged to unite these themes with Christian call to live out the paschal Mystery. The student is responsible to arrange transportation to the starting point by 8:00 a.m. Sunday morning and from the ending point on Sunday afternoon. The student must be in excellent shape to ride 32 miles. The student must have an appropriate, suitable bike in very good condition for the trip.

B. "Marvel-ous" Heroes Biking Retreat September 29, 2024 – 25 participants

This biking retreat connects the physical challenge of a 30-mile round-trip extended bike ride with the challenges faced in daily life spelled out in Joseph Campbell's concept of the Hero's Journey. Students will be challenged to unite themes to the Christian call to live out the Paschal Mystery. The student is responsible to organize transportation to the trip starting and ending point on Sunday which is the Milford Retreat Center. The student must have an appropriate, suitable bike in very good condition for the trip.

C. Band of Brothers Retreat October 6, 2024 – 50 participants

This retreat connects the major themes of the award-winning series Band of Brothers with physical challenges. Students will have a 60-90 minute boot camp experience and team building activities led by Mr. Eby and Coach T. Students will discuss the "5 Marks of Manhood". This retreat will be held at St. X. Students should be familiar with the HBO Series "Band of Brothers".

D. De-stress/Relax/Breathe Retreat October 16, 2024 – 20 participants

This retreat will focus on the Foundations of Yoga and Meditation. A part of this retreat will be silent. If you want to de-stress, relax, and breathe easier then this contemplative, more silent retreat will be for you. Students need to bring a towel and comfortable clothes to move during Tai-Chi, Yoga, and meditation.

E. De-stress/Relax/Breathe Retreat October 17, 2024 – 20 participants

This retreat will focus on the Foundations of Yoga and Meditation. A part of this retreat will be silent. If you want to de-stress, relax, and breathe easier then this contemplative, more silent retreat will be for you. Students need to bring a towel and comfortable clothes to move during Tai-Chi, Yoga, and meditation.

F. Wildman Walking Hero's Journey Retreat October 22, 2024 – 25 participants

This most popular retreat follows trails in the fantastically scenic area of Camp Joy in Clarksville, Ohio. There will be a 4-6 mile hike crossing creeks, streams, and walking through fields and forests with spectacular backgrounds. Students should be in good hiking shape and have proper foot gear and daypack with water bottles.

G. Awesome Mystery of Life Retreat November 7, 2024 – 28 participants

On the Awesome Mystery of Life Retreat students will be invited to embrace the awesome mystery of life by developing a sacramental awareness that believes “there is always more than meets the eye.” Through wildlife education, service, and silence students will be challenged to embrace the awe and mystery of everyday that is always bigger than ourselves. In this way the student can more fully embrace the Ignatian idea of “Finding God in all Things.”

H. Awesome Mystery of Life Zoo Retreat November 10, 2024 – 28 participants

On the Awesome Mystery of Life Zoo Retreat students will be invited to embrace the awesome mystery of life by developing a sacramental awareness that believes “there is always more than meets the eye.” Through wildlife education, service, and silence students will be challenged to embrace the awe and mystery of everyday that is always bigger than ourselves. In this way the student can more fully embrace the Ignatian idea of “Finding God in all Things.”

I. Hero’s Journey Retreat (TBD in class 2025 2nd semester) (Mr. Telles’ and Mr. Getgey’s students)

This retreat connects the physical challenge of bootcamp and the spiritual challenge of teamwork with the everyday challenges in daily life spelled out in Joseph Campbell’s concept of the Hero’s Journey. Coaches Telles, Getgey, Eby, and Coach T will lead this retreat.

J. Hero’s Journey Retreat (TBD in class 2025 2nd semester) (Mr. Menkhaus’ and Mr. Getgey’s students)

This retreat connects the physical challenge of bootcamp and the spiritual challenge of teamwork with the everyday challenges in daily life spelled out in Joseph Campbell’s concept of the Hero’s Journey. Coaches Menkhaus, Getgey, Eby, and Coach T will lead this retreat.

K. Star Wars Heroes Journey Retreat April 9, 2025 – 30 participants

Do you love the Star Wars movies? Are you willing to discover spiritual connections between the movies, the bible, and Christian faith/beliefs?? Would you like a heroic adventure into a galaxy where you can discover your best self??? Then join us for the Heroes Journey Star Wars Retreat – May the Force be with you.

L. Marquette and Jolliet Outdoor Adventure April 27-28, 2025 – 30 participants

This retreat remembers the adventurous spirit of Jacques Marquette S.J. and Louis Jolliet who hiked and camped while accurately plotting the Mississippi River and establishing Michigan’s first European settlement at Sault St. Marie and later St. Ignace, Michigan. This retreat combines the experiential elements of backwoods primitive camping with hiking and the Ignatian ideal of “Finding God in all Things”. The retreat follows the themes of the Hero’s Journey while challenging participants to embrace the Paschal Mystery in their personal lives. Students must be very physically fit to carry a pack and hike 6 miles. Students are responsible for transportation to camping area. Basic camping and hiking gear like a trail pack, sleeping bag, etc. are needed for the retreat.