

VARSITY ATHLETICS

FLAG FOOTBALL INFORMATION

Athletic Director: Jamie Griffiths

jgriffitts@communityday.org



REGISTRATION DEADLINE: FRIDAY, AUGUST 16th

- Register through the email link from Jamie Griffiths. Please email Jamie or check your spam if you did not receive the link.

Head Coach: Mr. Nate Forman

Assistant Coach: TBA

Grades: 5-8

Flag Football Fee: \$225

Equipment Needed: Cleats & Mouth Guard (for every practice & game)
Solid Black Shorts **WITH NO POCKETS** (for games)

Practice Days & Times:

- Mondays, Tuesdays, & Thursdays 3:45 - 5:00pm
- **First Practice: Monday, August 19th**

Game Schedule: *All Games Start at 4:00pm*

DATE	LOCATION	OPPONENT
Tuesday, September 10	AWAY	Charlotte Prep
Thursday, September 12	HOME	Faith Christian
Tuesday, September 17	AWAY	Venice Christian
Thursday, September 19	HOME	Imagine North Port
Tuesday, September 24	HOME	St.Charles
Thursday, September 26	AWAY	Epiphany
Monday, September 30	AWAY	Grace Christian
Tuesday, October 1	HOME	St.Martha's
Tuesday, October 8	PLAY-OFF'S Round 1	TBD
Thursday, October 10	CHAMPIONSHIP	TBD

Game Transportation:

- Mrs. Jamie Griffiths will be driving the players in the CDS van **to the away games.**
- Players are required to ride home with their parent(s), if their parent(s) attend the game.
- The van will return to CDS at 5:45pm. Parents are required to be at school by 5:45pm for player pick-up (if parent does not attend the game).