

Physical Paperwork Form



Dear Parents/Guardians,

All students wanting to participate in athletics for the 2022-2023 school year **MUST** turn in a completed Physical form to the Raymondville ISD Injury Prevention and Rehabilitation Specialist, James Villegas.

All students will be required to turn in a completed Physical to the Raymondville Injury Prevention and Rehabilitation Specialist and must complete all online paperwork prior to participating in any athletics.

Students needing a Physical may use the one provided online on the Raymondville ISD website under Athletics or may use the one provided on the UIL website. Additionally, a link to the form will be provided, and will be available for download at the schools website. Students needing a physical are encouraged to visit their primary care physician. If you have any questions, please contact the Raymondville Injury Prevention and Rehabilitation Specialist at 956-689-8170 ext. 4155 or at jmvillegas@raymondvilleisd.org

**Paper copies of the online athletic paperwork are available upon request.*

The Following Criteria must be followed in order for the Physical Form to be accepted:

1. All paperwork must be completed in Blue or Black ink **ONLY**
2. Must write Legibly
3. All paperwork must be signed where indicated
4. Only use the student's full legal name
5. Physical exam form must have all doctor information and signatures
6. **DO NOT** sign in for school use only section on the form
7. Must have doctors clearance before participating in athletics

Please turn in the Physical Form to the Injury Prevention and Rehabilitation Specialist ONLY. Do not turn into the front office, or administration office.

Thank you,

James Villegas



Rank One Sport + Health is an electronic health record designed to save you time & ensure the athlete is healthy and ready to participate in athletic competition. We focus on the details so you can focus on what matters...safe and healthy athletes. This website is HIPPA, FERPA, and PPRA Compliant.

Follow the easy steps below to get started using Rank One Sport + Health.

“I’M A PARENT”

1. Visit www.rankonesport.com click “PARENTS CLICK HERE”, Click on ONLINE FORMS and select TEXAS and RAYMONDVILLE ISD.
2. Once at the parent portal, click PROCEED TO ONLINE FORMS.
3. Click CREATE AN ACCOUNT for the parent to access for their child.
4. Go through each blue link on the page and fill out EACH link. **YOUR CHILDS STUDENT ID IS THE LAST 4 DIGITS OF THEIR SOCIAL SECURITY NUMBER. IF IT DOESN’T WORK, ADD A 0 AT THE END.** For the UIL forms, click each individual blue link, read through it, and then click the small check box next to it.
5. After completing your child’s forms, be sure to turn in a new completed physical so the athletic trainer may upload to their file. If there are any questions, you can always email the Injury Prevention and Rehabilitation Specialist at jmvillegas@raymondvilleisd.org. Tutorials are also on the Rank One website to assist.

Now that you are done, download Rank One Parent from the App Store or Google Play and sign in. You will get updates if your child gets injured, as well as schedule changes/event changes.

