

LAKE TRAVIS ISD

ATHLETIC DEPARTMENT



STUDENT-ATHLETE HANDBOOK
2024-2025

PARTICIPATION IN THE LTISD ATHLETIC PROGRAM

All students have the right to a free public education; however, participation in an extra-curricular activity is a privilege and with that privilege comes a responsibility to follow a higher standard than what is expected of a student in the school who is not involved in an extra-curricular activity.

ATHLETIC PROCEDURE POLICY FOR ADMISSION

- 1) Prior to participating in tryouts or any athletic activity, a student requesting to become a member of the Lake Travis ISD athletic department annually must submit to the head athletic trainer or head coach a completed "Preparticipation Physical Evaluation" form which includes both medical history and physical evaluation information. The student must use either the form located on LTISD's Athletics webpage or a health care provider's form that contains substantially similar information. The Preparticipation Physical Evaluation form (or one that is substantially similar) will serve as the "statement from a healthcare provider" as required by LTISD board policy FFAA (LOCAL).
- 2) A student requesting to become a member of the Lake Travis ISD athletic department must have a good attitude, be dependable as well as be in good standing academically.
- 3) After careful checking, the Head Coach of each sport will determine those to be placed in his/her athletic class.
- 4) Acceptance or denial will be written, signed, and forwarded by the Head Coach to the prospective athlete's counselor after the following details are checked. They include but, are not limited to:
 - a) Coach/sponsor of previous sport (if applicable)
 - b) Previous school background and paperwork
 - c) Academic standing
 - d) Medical history
 - e) Disciplinary records
- 5) Students should have a minimum of 2 years eligibility.
- 6) Students who were enrolled in school during the previous off-season, must have participated in the off-season of the sport they wish to participate in.
- 7) Students that have quit a sport may be reinstated by participating in the current year's sport with restrictions implemented by the Head Coach.
- 8) Any high school senior who has been in attendance in Lake Travis ISD the previous year or more should not be allowed to compete on equal ground with those who have been with the program.
- 9) Students that are new to the district shall be admitted at the discretion of the Head Coach.

STUDENT ATHLETE DRESS CODE

Student code of conduct is in force at all times. Athletics is a privilege; therefore, the following standard of dress is in addition to the student code. Additional standards may be set by Head Coaches of any program.

- 1) Hair shall be well groomed. No extreme hairstyles shall be allowed. Hair for male athletes shall not be below the collar of his shirt, not to hang down in front of eyes, and hair shall not cover the entire ear.
- 2) All athletes must be clean shaven, with no facial hair.
- 3) Jewelry is not permitted during athletic activities. Other restrictions may be directed by the campus staff.
- 4) Athletes shall avoid extreme clothes. Clothing should not reveal undergarments. A female athlete's midriff must be covered and shall not wear see-through clothing. These standards are to be followed during the school day, as well as during all athletic activities.
- 5) All middle school and high school athletes are expected to set a quality standard by adhering to the school dress code and policies in their mode of dress.

PARTICIPATION OF STUDENTS IN DIFFERENT SPORTS / ACTIVITIES

The goal of this athletic program is for students to be involved in as many activities / sports as they desire. In fact, participation in multiple sports is highly encouraged.

- 1) Students must be allowed to participate in any sport and school activity that they choose. (provided they satisfy admission / try-out requirements).
- 2) Coaches shall not influence an athlete to give up one sport in order to participate in another sport alone. This choice must be the athlete's decision.
- 3) Athletes will not be allowed to quit one sport while in season and take up another. Student-athletes who have quit one sport and wish to participate in another sport must wait until the season of the sport they quit is over before starting the next sport, if allowed to participate in this sport by the Head Coach.
- 4) We will encourage athletes who have the ability, to play all sports they are interested in for as long as they can and desire to.
- 5) Athletes may participate in outside sports programs according to rule. Athletes should not miss a school UIL practice or contest to participate in outside sports. Consequences for missing practice time or a contest to participate in outside sports may include but are not limited to physical activity, bench time and or loss of playing or performance opportunities

TRANSPORTATION

Games/Meets/Matches/Tournaments:

- 1) Travel will be by school provided transportation for all sports.
- 2) All athletes will travel to and from contests with their team on the school provided transportation.
- 3) In the event of a extenuating circumstances, and when communication has happened ahead of time, athletes may be signed out and taken from the contest location by their parent / guardian. Any exception to this rule must be approved by the Athletic Director. This should be the exception and not the rule. Students shall ride home on the bus unless there is an extenuating circumstance.
- 4) Under no circumstances will a player be allowed to return from the game with anyone other than his/her parent or guardian.

INJURY / CONCUSSION PROTOCOL

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