

The School District of Auburndale  
Wellness Meeting Notes  
August 13, 2024

**Call to Order**

The meeting was called to order at 9:02 am by District Administrator, Kevin Yeske, in the District Office conference room. In attendance: Kevin Yeske, district administrator, Rachel Schmuhl, health care coordinator, Devin Damerell, special education director/psychologist, Dawn Urban, health/physical education teacher, Carrie Bellanti, family and consumer education teacher, Heath Novitzke, physical education teacher, Andy Scharenbroch, elementary school principal, and Steve Van Wyhe, secondary school principal.

**Old Business**

Mr. Yeske read aloud the minutes from the June 15, 2023 meeting. Heath Novitzke and Dawn Urban motioned to approve the minutes as read.

**Annual Review of the School Wellness Policy**

Mr. Yeske handed out and reviewed the policy with the group. The highlights of the policy were discussed and the rationale behind each of them was shared with the group. Below are the major points of discussion.

Component 1. “Goals for nutrition promotion and education, physical activity, and other school based activities that promote school wellness.”

The group recognized that our nutrition program and physical education requirements support and encourage student wellness. This is evidenced by our food service program, health, family consumer education, and physical education curriculum and courses. It was agreed upon that our curriculum enables students to acquire the knowledge and skills necessary to make healthy food choices and physical activity habits for a lifetime. The group also recognized the efforts to incorporate locally grown foods as part of the school meal program. Dawn made the recommendation that Mark Cournoyer should also be included with the committee due to his involvement with local growers and the agricultural community.

There was also discussion regarding the use of healthy group snacks at the elementary. Refrigerator space and expiration times limit options as some provide snacks for the month, not the week. This will be reviewed and monitored by the elementary principal during the course of the year to determine if practices need to be changed. Snacks and food served through the consumer science classroom and DECA do not compete with the school lunch program and therefore meet the federal and wellness policy standards.

Lunch prices will once again remain the same as last year.

The group determined that we are in compliance with Component 1 of the Wellness policy.

Component 2. “Nutrition guidelines for all foods available during the school day that are consistent with State and Federal Statutes, and promote student health and reduce obesity.”

The School District is in compliance with Nutritional and National School Lunch program guidelines as outlined in Component 2 of the District Wellness Policy.

The school store is currently purchasing smart snack compliant items through our food service distributor.

Components 3, 4, and 5. Component 3 of the Wellness Policy deals with who is involved with developing and reviewing the Wellness policy. Component 4 deals with updating the public on the implementation of the plan. Lastly, Component 5 addresses the periodic measurement, compliance, and description of progress being made toward the wellness plan objectives.

The group determined that the School District is in compliance with all areas and components of the School Wellness Policy 458.

Motions to adjourn the meeting were made by Heath Novitzke and Andy Scharenbroch.

Meeting adjourned at 9:23 a.m.