

# Professional Nursing Program 2024-2025

## SYLLABUS

**COURSE DESCRIPTION:** Students will be introduced to the Professional Nurse and focus on essential competencies for a successful transition into a Bachelor's of Science in Nursing (BSN) program. The program will introduce students to the concepts of medical language, medical math, the nursing process, nursing documentation, effective communication and medical ethics. OSHA-10, Basic Life Support-CPR and First Aid certifications are also included. Students will learn and practice clinical skills in simulation labs. Spring shadowing opportunities are available in local hospitals. Dual credit opportunities are offered through University of Central Missouri. \*CNA (Certified Nursing Assistant) certifications are not offered through this program.

**INSTRUCTIONAL PHILOSOPHY:** Students will have the opportunity to learn in classroom settings, hands-on lab and community experiences as well as hospital shadowing (based on current hospital/health guidelines).

**LEARNING PLATFORM:** Professional Nursing will utilize Schoology for daily work, communications, quizzes, tests and AMI day instructions.

**ASSESSMENT PLAN:** Quizzes, exams, journal entries, case studies, written papers, presentations, lab experiences and group projects will be utilized as assessment tools. Daily formative assessments such as beginning activities, journaling and exit tickets. Summative assessments will include the Professional Scoring Guide, final exams and nursing simulation lab experiences.

### STA & UCM ESSENTIAL STANDARDS:

1. Communicate ideas about nursing with some control of process through multiple modes (e.g. oral, written, technology, media).
2. Demonstrate critical thinking skills at a beginning level.
3. Apply factors and engage in activities for effective health care team building at a beginning level.
4. Demonstrate an awareness of individual/system factors that impact quality and safety.
5. Comprehend the designated domain of knowledge regarding an outcomes-based nursing curriculum.
6. Demonstrate critical thinking skills with application to lifelong learning, nursing reasoning, and nursing process.
7. Utilize concepts of health, populations, health system delivery, determinants of health, cultural competence, and health promotion for the family and community.
8. Recognize criteria for effective communication between nurse-patient and aspects of the therapeutic relationship.
9. Classify factors needed for effective collaboration to improve quality of population health.
10. Demonstrate awareness of personal values required of the nursing profession and ethical principles in health promotion.

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**DUAL CREDIT OPPORTUNITIES:** Offered to eligible students according to Coordinating Board Higher Education. Billing is processed directly through UCM.

- **Nursing 1700** – Introduction of Professional Nursing, University of Central Missouri, 1 credit hour
- **Nursing 2710**– Intro Nursing Applications Across the Lifespan, University of Central Missouri, 1 credit hour
- **Nursing 2000** –E-Health and Cyber Wellness, University of Central Missouri, 2 credit hours
- **UCM grading policy applied to dual credit grades on college transcripts**

**STA GRADING POLICY:** STA Student Handbook for STA grading scale. Grades are cumulative throughout the semester. The grade will be based on the following points: daily work (20%), papers, projects and lab assignments (30%), tests and quizzes (50%). A comprehensive final will comprise 10% of the semester grade.

**TUTORING/EXTRA HELP PLAN:** Extra support is readily available to all students. Tutoring or extra help can be obtained by contacting instructors. The teacher will provide either immediate help, set up a time to meet, or utilize an online video conference method.

**ELECTRONIC GRADEBOOK/PARENT CONNECT WEBSITE:** Grades and attendance in PowerSchool: <https://powerschool.lsr7.org/public/home.html>

**ATTENDANCE POLICY:** Regular, punctual attendance is required and reflects dependability. The experience gained by students in the skills lab or community cannot be duplicated in the event of absences. Multiple absences can affect shadowing opportunities and overall course success. **Summit Technology Academy's policy may differ from that of the home school, see STA Student Handbook for policy.**

**TARDIES:** Students must receive a pass from the front office before coming to class after the bell. Professional Nursing will follow the Tardy Policy outlined in the STA Student Handbook. Tardies could result in loss of shadowing opportunities, parking privileges and overall course success.

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**TEST DAY ABSENCE:** Any student who is **absent on test day will need to take the test on the day he or she returns to class before or after school.** It is the responsibility of the student to make arrangements and communicate with the instructor within 3 school days of the test date. Planned absences should be discussed prior to the test date with your instructor. Missed tests/quizzes will be entered as a “0” in PowerSchool until the student completes the exam.

**MAKE UP WORK:** Professional Nursing will follow guidelines outlined in the STA Student Handbook. Missing assignments will be entered as “0’s” in powerschool and can result in loss of shadowing (80% required minimum grade to shadow).

**LATE WORK:** As this is a college credit class, students are expected to turn in all work on time. No partial credit for incomplete assignments will be awarded. Any work that is turned in after the due date, a 10% reduction will be taken for each day late. **After one week from the due date, no credit will be given.**

**FOOD IN THE CLASSROOM:** Students may bring a drink with a lid to class, **no food** is allowed in the instruction classroom. No food or drink will be allowed in the clinical skills lab.

**PHONES/ ELECTRONICS:** Cell phones/ ear buds and other electronics are not to be used during instructional time. **Cell phones are to be silenced and out of sight during class.** Students should bring/have a charged Chromebook to use in class daily. Students are to use Chromebooks only for classroom purposes. Instructors will notify students when Chromebooks are needed. See STA Student Handbook.

**BOOKS/ EQUIPMENT:** Professional Nursing will follow STA Handbook Guidelines for all books and equipment **loaned** to students.

**TEXTBOOKS (provided by STA)**

Buchholz, S. (2016). Henke’s Med-Math, Drug Calculations Preparations and Administration (8th Ed.). Wolters Kluwer

Turley, S.M. (2014). Medical Language. New Jersey; Pearson Education.

Yoost, B. & Crawford, L. (2016) Fundamentals of nursing. St. Louis, Missouri: Elsevier, Saunders.

**EQUIPMENT (provided by STA)**

Stethoscope & Manual Blood Pressure Cuff **(provided by STA)**

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**TEAMWORK/CLASSWORK:** Students will be working in groups for many projects, assignments and daily class work. Students are expected to treat classmates with respect and work effectively in groups. This is a college preparatory course and students are expected to be able to work, study independently and use class-time effectively. All students will be given Schoology access and be expected to use the online learning platform as directed in class.

## **SKILLS LAB GUIDELINES:**

1. Students will act responsibly and respect equipment at all times.
2. Students will use equipment only after proper instruction
3. Needles/sharps will be handled with care and supervised. Used sharps will not be recapped and will be disposed of properly
4. Students must wear gloves anytime they may potentially have contact with blood or body fluids
5. No personal devices allowed in the lab unless pre- approved by instructor
6. No food or drink will be allowed in the lab

**CLINICAL SHADOWING:**\*Students will have the opportunity to be assigned to a clinical placement during the second semester. Students must provide their own transportation for clinical shadowing experiences and meet the following program requirements to be assigned to a placement:

1. Adherence to school attendance policy per STA Handbook and Shadowing Handbook provided 2nd semester.
2. Attain an 80% or above for the first semester.
3. Consistently demonstrate professional behavior in both classroom, skills lab and community settings. Students will be evaluated quarterly using the “Scoring Guide for Program Expectations” and must achieve the “Approaching Competency” or “Competent” levels before clinical assignment will be made.
4. Black scrub uniforms and STA provided name tags will be worn at all times. Black, gray, or white undershirts can be worn if needed; Black professional jacket and athletic or nursing shoes.
5. Successful completion of all required documents by stated needed date to include **PRESCREENING:** Drug screening, TB skin test, background check and proof of immunizations/flu/covid documentation.

**COURSE REGULATIONS:** Summit Technology Academy regulations and guidelines will be followed for classroom behavior and expectations. See STA Student Handbook. Adherence to all LSR-7 policies and district calendars will be enforced.

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## Important Dates for 2024-25 School Year

<b>CPR Certification</b>	<b>December 2-6, 2024</b>
<b>First Aid Certification</b>	<b>February 5, 6 &amp; 7, 2025</b>
<b>OSHA- 10 Certification</b>	<b>Complete by January 31st, 2025</b>

### 2025 STA Professional Nursing Shadowing Schedule

Week 1	March 3 & 4
Week 2	March 10 & 11
Week 3	March 17 & 18
Week 4	March 24 & 25
Week 5	March 31 & April 1
Week 6	April 14 & 15

AM Session 0750-1000

PM Session 1150-1355

**All dates are Mondays and Tuesdays**

**\*no shadowing April 7-11, 2025 (LSR7 Spring Break)**

### Instructor Information

**Tina Cowling MHA, BSN, RN**

tina.cowling@lsr7.net **Office:** 816-986-3422

**Casey Thomason, MSN, BSN, RN**

casey.thomason@lsr7.net **Office:** 816-986-3425

**Professional Nursing Office Hours:** 7:25 – 7:40 AM or 2:00 to 3:00 PM

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## In my Professional Nursing Course I will...

<p><b>1</b>   Demonstrate industry professionalism by...</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Adhering to Professional Scoring Guide</li> <li><input type="checkbox"/> UCM Professional Workshop</li> <li><input type="checkbox"/> Resume and Cover Letter building</li> <li><input type="checkbox"/> Professional Nursing Portfolio</li> <li><input type="checkbox"/> Community Wellness Promotion opportunities</li> <li><input type="checkbox"/> Hospital professional nurse shadowing experience</li> <li><input type="checkbox"/> Collaborate with local BSN Programs in classroom and lab*</li> <li><input type="checkbox"/> Explore BSN program options</li> </ul>	<p><b>2</b>   Obtain certifications in...</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> American Heart Association Basic Life Support (2-year certification)</li> <li><input type="checkbox"/> OSHA 10- Hour General Industry Healthcare (lifetime certification)</li> <li><input type="checkbox"/> American Heart Association First Aid (2-year certification)</li> <li><input type="checkbox"/> University of Central Missouri (optional and reduced fee)             <ul style="list-style-type: none"> <li><input type="checkbox"/> NURS 1700 Introduction Into Professional Nursing (1 credit hour)</li> <li><input type="checkbox"/> NURS 2710 Nursing Across the Lifespan (1 credit hour)</li> <li><input type="checkbox"/> NURS 2000 e-Health and Cyber Wellness (2 credit hours)</li> </ul> </li> </ul>
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## In my Professional Nursing Course I will...

<p><b>3</b>   Explore and apply concepts of Medical Terminology related to...</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Basic structure of the medical language</li> <li><input type="checkbox"/> The study, organization of the body and its conditions</li> <li><input type="checkbox"/> Body system including, but not limited to...             <ul style="list-style-type: none"> <li><input type="checkbox"/> Gastroenterology as a medical specialty*</li> <li><input type="checkbox"/> Pulmonology as a medical specialty*</li> <li><input type="checkbox"/> Cardiology as a medical specialty*</li> </ul> </li> </ul>	<p><b>4</b>   Apply Medical Math skills related to...</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Arithmetic needed for calculating dosages</li> <li><input type="checkbox"/> Metric and household systems of measurement</li> <li><input type="checkbox"/> Drug abbreviations, labels and packaging*</li> <li><input type="checkbox"/> Calculations for solids, liquids and injections*</li> <li><input type="checkbox"/> Information basic to administering drugs</li> <li><input type="checkbox"/> Safe administration procedures to include the 6-Rights of accurate medication administration*</li> </ul>	<p><b>5</b>   Demonstrate proficient fundamental nursing knowledge and skills in...</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> The history of nursing as a profession</li> <li><input type="checkbox"/> Nursing theory</li> <li><input type="checkbox"/> Professional opportunities in nursing</li> <li><input type="checkbox"/> Professional and patient communication</li> <li><input type="checkbox"/> Nursing Diagnosis</li> <li><input type="checkbox"/> Nursing Ethics &amp; Legal Issues</li> <li><input type="checkbox"/> Hand Hygiene*</li> <li><input type="checkbox"/> Hospital bed making*</li> <li><input type="checkbox"/> A full set of vital signs*</li> <li><input type="checkbox"/> Pain assessment scales*</li> <li><input type="checkbox"/> Patient bathing, face and oral care*</li> <li><input type="checkbox"/> Personal Protective Equipment*</li> <li><input type="checkbox"/> Parenteral Medications*</li> <li><input type="checkbox"/> Urinary Catheter Devices*</li> <li><input type="checkbox"/> Glucose Monitoring*</li> <li><input type="checkbox"/> Assessment of lung sounds*</li> <li><input type="checkbox"/> Assessment of bowel sounds*</li> <li><input type="checkbox"/> Assessment of heart sounds*</li> <li><input type="checkbox"/> Assessment of arterial pulse points*</li> </ul>
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\*includes lab experience

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