



YESS! FALL LECTURE SERIES

Join us this fall for a three-part lecture series presented by St. Luke's Penn Foundation's YESS! (Your Emotional Strength Supported) program. Designed with parents and educators in mind, each presentation will be held live on TEAMS and include time for questions. There is no cost to attend, but we do ask that you register at www.PennFoundation.org/events.

Lectures:

MONDAY, SEPTEMBER 9, 2024 | 6:00 – 7:00 pm

Mental Health Treatment of Amplified Musculoskeletal Pain Syndrome (AMPS)

Presenter: Becky Small, LCSW, Psychotherapist

In this presentation, you will learn what AMPS is, how it is diagnosed, and how to be part of the mental health treatment team of a child diagnosed with AMPS. This presentation will discuss how AMPS can start, how pain is physical and psychological, and how the mind and body are closely connected.

continued on back



Lectures (cont.)

MONDAY, OCTOBER 7, 2024 | 6:00 – 7:00 pm

Recognizing Signs and Symptoms of Childhood Anxiety and Depression and Interventions that Parents Can Use

Presenters: Julie Morgano, LCSW and Michael Gallagher, LPC, Psychotherapists

This presentation will explore the milestones of normal childhood development, including cognitive, emotional, and social growth. We will outline key developmental stages from early childhood through adolescence and discuss typical behaviors and skills expected at each stage.

MONDAY, NOVEMBER 4, 2024 | 6:00 – 7:00 pm

Transitioning from High School to College for Students with Disabilities: Student Evolvement and Changes in the Parental Role

Presenter: Michelle Ritter-Santana, Ed.S., LPC, Certified School Psychotherapist

As children grow into young adults, the law requires that they advocate for themselves, and the change is immediate in college. This presentation will discuss the growth of the child into this role of independence and how they can prepare, the growth of the parent as they learn to support their grown children in different ways, and how to navigate the college process in high school and once you are there.