





September 2024 Breakfast & Lunch Menu

Iredell Statesville Schools: **High School**

Offered Daily: 1/2 pint Milk:
1% Unflavored (12) or Chocolate FF (19)

(~carb counts)

****Menu subject to change****

	<p>Super Honey Bun (35) Chicken BBQ Sandwich (30) Taco Pull-apart (33) Baked Crispy Fries (16) Baked Beans (30) Raisins (34)</p> <p style="text-align: right;">3</p>	<p>Muffin (25) Corn dog (30) Grilled Cheese Sandwich (30) Tomato Soup, Crackers (28) California Medley w/ Cheese (4) Fruit Cocktail (20)</p> <p style="text-align: right;">4</p>	<p>Glazed Cinnamon Roll (43) Lasagna w/ Breadstick (49) Chicken Tenders, Roll (29) Potato Smiles (20) Fresh Garden Salad (3) Fruity Jello (31)</p> <p style="text-align: right;">5</p>	<p>Dunking Stix (48) Pizza Pocket (33) Fish Nuggets w/Roll (36) Deli Roasters (20) Cherry Tomatoes & Dip (4) Assorted Fruit Juice (15)</p> <p style="text-align: right;">6</p>
<p>Spicy Chic Fillet (42) Beefy Soft Taco (32) Dill Pickles (0) Pinto Beans (19) Strawberry Cup (22)</p> <p style="text-align: right;">9</p>	<p>Mini Waffles (37) Chicken Nuggets, Roll (29) Fiestada Pizza (32) Sweet Potato Souffle (52) Green Beans (3) Craisins (27)</p> <p style="text-align: right;">10</p>	<p>Breakfast Pizza (26) Early Release Day </p> <p style="text-align: right;">11</p>	<p>Dutch Waffle (38) Breakfast for Lunch (77) Cheesy Pull-Apart (32) Tater Tots (14) Green Peas (12) Baked Cinnamon Apples (32)</p> <p style="text-align: right;">12</p>	<p>Mini Cinnis (41) French Bread Pizza (29) Pork Chop Sandwich (37) Oven Crispy Fries (16) Baby Carrots & Dip (11) Fresh Fruit</p> <p style="text-align: right;">13</p>
<p>French Toast Sticks (38) Hamburger (26) Roasted Chicken with Rolls (26) Sweet Potato Waffle Fries (21) Broccoli w/ Cheese (7) Mandarin Oranges (20)</p> <p style="text-align: right;">16</p>	<p>Super Donut (38) Hot Dog w/Toppings (29) Turkey & Cheese Sandwich (29) Deli Roasters (20) Green Beans (3) Pineapple Tidbits(15)</p> <p style="text-align: right;">17</p>	<p>Pancake Wrap (48) Mac & Cheese, Roll (49) Pork BBQ Sandwich (29) Baked Beans (30) Creamy Coleslaw (8) Peach Cup (19)</p> <p style="text-align: right;">18</p>	<p>Glazed Cinnamon Roll (43) Spaghetti w/ Breadstick (66) Pizza Dipping Sticks (35) Fresh Garden Salad (3) Sweet Yellow Corn (16) Banana Pudding (57)</p> <p style="text-align: right;">19</p>	<p>Chicken Biscuit (31) Pepperoni Pizza (32) Fish Sandwich (42) Seasoned Potato Wedges (20) Cherry Tomatoes & Dip (4) Assorted Fruit Juice (15)</p> <p style="text-align: right;">20</p>
<p>Mini Pancakes (35) Chic Fillet Sandwich (37) Ham & Cheese Sandwich (31) Mashed Potatoes (17) Green Peas (12) Craisins (27)</p> <p style="text-align: right;">23</p>	<p>Warm Cinnamon Bar (41) Chicken Alfredo (52) Cheese Hot Pocket (30) Green Beans (3) Glazed Carrots (12) Sliced Pears(19)</p> <p style="text-align: right;">24</p>	<p>Yogurt w/ Grahams (31) Cheeseburger (27) Loaded Potato, Rolls(66) Dill Pickles (0) Homestyle Greens (6) Warm Apple Cobbler (42)</p> <p style="text-align: right;">25</p>	<p>Biscuit & Gravy (36) Beefy Nachos (42) Popcorn Chicken with Roll (29) Pinto Beans (19) Sweet Yellow Corn (16) Assorted Fruit Juice (15)</p> <p style="text-align: right;">26</p>	<p>Sweet Roll (39) Cheese Pizza (32) Beef Ravioli, Breadstick (56) Steamed Cabbage (3) Baby Carrots & Dip (11) Fresh Fruit</p> <p style="text-align: right;">27</p>
<p>Sausage Biscuit (22) Mozzarella Sticks w/ Marinara (37) Mandarin Chicken Rice Bowl (61) Sweet Yellow Corn (16) Broccoli w/ Cheese (7) Applesauce Cup (14)</p> <p style="text-align: right;">30</p>	<div style="display: flex; justify-content: space-around; align-items: center;">   </div>			

****Whole Grain Poptarts, assorted cereals, grahams, fruit, and juice are daily alternate breakfast selections****