

**Rock**

MON

TUES

WED

THUR

FRI

**Daily Features  
Includes:**

Variety of  
Cereals

Assorted  
Muffins

Giant Vanilla  
Goldfish  
Grahams

Bagel with  
Cream Cheese

Fresh Fruit &  
Yogurt Parfait

5

No School  
Summer Break

6

No School  
Summer Break

7

No School  
Summer Break

8

No School  
Summer Break

9

No School  
Summer Break

12

No School  
Summer Break

13

No School  
Summer Break

14

No School  
Summer Break

15

Sausage Breakfast Pizza  
Blueberry Breakfast Bread

-----Sides-----  
Fresh Banana  
Raisins

16

Egg and Cheese Bagel Melt  
Mini Cinnamon Toast  
Crunch French Toast

-----Sides-----  
Fresh Grapes  
Diced Peaches

19

Turkey Pancake Wrap  
Banana Muffin

-----Sides-----  
Fresh Apple Wedges  
Diced Pears

20

Eggo Waffles  
Egg and Cheese Melt

-----Sides-----  
Fresh Orange Wedges  
Mixed Fruit

21

Strawberry Apple Smoothie  
Country Chicken Biscuit

-----Sides-----  
Fresh Pears  
Applesauce

22

Pumpkin Spice Cinnamon  
Toast Crunch Donut  
Egg, Sausage and  
Cheese Melt

-----Sides-----  
Fresh Banana  
Raisins

23

Chocolate Chip Breakfast  
Round  
Country Chicken Ham and  
Cheese Flatbread

-----Sides-----  
Fresh Grapes  
Diced Peaches

26

Cinnamon Biscuit  
Country Chicken Ham and  
Cheese Flatbread

-----Sides-----  
Fresh Apple Wedges  
Diced Pears

27

Sausage Breakfast Pizza  
Apple Cinnamon Muffin

-----Sides-----  
Fresh Orange Wedges  
Mixed Fruit

28

Glazed Cinnamon Roll  
Egg and Cheese Bagel

-----Sides-----  
Fresh Pears  
Applesauce

29

Country Chicken & Cheese  
Biscuit  
Blueberry Muffin

-----Sides-----  
Fresh Banana  
Raisins

30

Cheese Bosco Breadstick  
Apple Frudel

-----Sides-----  
Fresh Grapes  
Diced Peaches

# Breakfast MENU

**aramark**  
STUDENT  
NUTRITION

100% Juice, 1% White and  
Low-Fat Milk available.

Menus are subject to change.