



PARENT SHADOW INFORMATION



Parent shadows or designees enable some children to participate in the learning experience at Foothill Horizons Outdoor School who otherwise might not have the opportunity.

- **On-site accommodations for Parent Shadows are available on a first-come, first-served basis.**
- **6 weeks advance notice is required for all Parent Shadows.**

WHEN EXTRA ASSISTANCE AND PLANNING ARE REQUIRED FOR A STUDENT

A Parent Shadow/designee/School staff member is required for students with:		An aide or Parent Shadow/ designee may be required for students with:
MEDICAL AND/OR PHYSICAL CONCERNS	BEHAVIORAL CONCERNS	
<ul style="list-style-type: none"> • Diabetes (<u>Parents strongly encouraged</u>) • Serious medical conditions that require injections, complex medications, or extra equipment • Who need assistance with toileting, showering, or dressing • Who need physical assistance walking, are in a wheelchair, or not able to do 2.5-hour hikes without assistance 	<ul style="list-style-type: none"> • Suspended more than once this year • Hurting others, suspended in past month • Eloping or fleeing • Currently or in the past month: <ul style="list-style-type: none"> ○ Hurt themselves ○ Are on suicide watch • Hospitalized for mental health concerns 	<ul style="list-style-type: none"> • Behavior plan • IEP • 504 • SST <p>Students who need academic support at school, will not need academic support at Foothill. The hands-on learning environment and use of realia are intrinsically engaging and meet the needs of most learners.</p>

Parent Shadows or Designees are not allowed for students with concerns such as homesickness, bed-wetting, the need for epi pens or inhalers, special diets, or other issues that we can accommodate. Please contact Foothill Horizons to discuss your concerns or attend an in-person Open House in the fall or spring, or a Zoom informational session.

If the school provides support services such as aides, a small classroom environment, or assistance with toileting or eating, the same services must then be provided at Foothill Horizons Outdoor School.

If a child is deemed unsafe while at Foothill Horizons (i.e., eloping, engaging in self-harm, or being unresponsive to school or Foothill staff), they will be sent home. Foothill Horizons reserves the right to make decisions in the interest of student safety.

STEPS FOR A PARENT SHADOW

1. Parent/ Guardian and teacher discuss best support plan for the child at Foothill
2. Foothill Horizons Director approves the need for a Parent Shadow 6 weeks prior to attendance.
3. School Principal approves the need for a Parent Shadow 6 weeks prior to attendance.
4. The School/District provides fingerprint screening and verification of the Parent Shadow’s volunteer status.
5. The Parent Shadow Designee completes the Parent Shadow Designee Agreement, Questionnaire, and Adult Health Form available on the [Forms and Resources](#) page of the website.
6. The Parent Shadow contacts the Foothill Horizons Director 2 weeks before attending to finalize details.

If there is chance that your child will need a Parent Shadow, Designee, and/or a Paraprofessional, you and your child’s school site **MUST** contact Jessical Hewitt at Foothill Horizons **AT LEAST 6 weeks** prior to attendance to make arrangements. Failure to do so may result in our inability to accommodate your child on this wonderful experience.

Contact: Jessica Hewitt, Director III
209-532-6673 or jhewitt@stancoe.org



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REQUIREMENTS FOR A PARENT SHADOW OR DESIGNEE

1. Be a parent/guardian, parent designee or school district designee, including completing fingerprinting services with the district.
2. Qualify as a volunteer or staff member at the school
3. Be thoroughly familiar with the student's specific medical condition and the administration of required medications.
4. Be trained in providing any specialized medical or emergency care.
5. Be physically able and willing to accompany the student on all hikes and activities from 7 a.m. to 9:30 p.m.
6. Supervise the student on campus when they cannot participate in activities.
7. Be available on campus 24 hours a day in the event the student has a medical need. This may involve sleeping in a dormitory with other students or in separate quarters.
8. Monitor and adjust the student's food intake as needed. Bring additional food to supplement the menu if a special diet is required.
9. Follow all campus rules of behavior, such as no smoking or vaping, and no cell phone calls.
10. Work with the Foothill Horizons Outdoor School staff to ensure a safe and educational experience for the student.

PRESERVING THE LEARNING EXPERIENCE

We strive to create an environment that minimizes parental involvement while maximizing student independence.

Parents may be required to attend or be excluded from:

- Lessons outside
- Free play
- Evening activities
- Meals
- Dorm time

The parent or designee has 3 options for sleeping accommodations:

1. In the private sleeping quarters, the "Nest," with the child. This ADA-accessible room includes 2 twin beds, a shower, restroom, microwave, mini fridge, and Wi-Fi.
2. In the Nest without the child, while the child stays in the dorms.
3. In the dorms with the child.

Details regarding the Parent Shadow's participation in activities and sleeping arrangements will be finalized in the weeks prior to attendance, based on input from the school and families. These plans may be adjusted throughout the week of outdoor education to accommodate the student's needs.

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