

unlimited consults
24/7 access
no copays



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Clinical Scope

Overview



ModRN Health is a healthcare services and technology company powered by nurses, physicians, and therapists across the nation to provide high-quality healthcare to groups. Multiple avenues of care are utilized while maintaining HIPAA compliance and regulations.

Onsite | Over-the-phone | Text | Video

We meet employees where they are to quickly deliver healthcare, navigation, advocacy and ongoing coaching. Our delivery model is unique - we arrive onsite to onboard each group with health screenings, educational sessions, and provide ongoing care virtually moving forward. A registered nurse and primary care physician are dedicated to each group, so we get to know the members for a 1:1 relationship.

ModRN Health serves employers of any size and works with any benefits package to provide a personalized health experience. We work with the employer and health plan to determine an approach that meets the desired goals and outcomes. As an example: for smaller groups, a “pop-up” clinic for periodic on-site care might be more economical than a brick-and-mortar implementation.

Definitions of Care and Scope



Primary care is the provision of integrated, accessible health care services by nurses, physicians, and their health care teams who are accountable for addressing a large majority of personal health care needs, developing a sustained partnership with patients, and practicing in the context of family and community. The care is person-centered, team-based, community-aligned, and designed to achieve improved health, better care, and lower costs.

Preventative | Health Maintenance | Acute Care | Chronic Care Management

Member Experience



The member experience defines ModRN Health as a holistic healthcare provider. We are agnostic to health insurance plan types or employer size/industry. We provide primary care to members AND can augment care for members that already have established providers. Our 24/7 virtual care extends care beyond typical clinical hours and we work off our members' schedule. Our nursing team provides a seamless experience as the first point of contact for all health care concerns, plan navigation, case management, care coordination, and consumerism. Members have access to their assigned nurse **within 15 minutes**, no appointment needed, to have direct access to care and assistance in how to best utilize their health benefits.

Preventative Care

Prevention of illness to decrease the burden of disease and associated risk factors.

- ▷ Blood pressure, diabetes, and cholesterol screenings
- ▷ Cancer screenings including mammograms and colonoscopies
- ▷ Counseling on topics such as depression, weight loss, smoking cessation, nutrition, and alcohol use
- ▷ Prescriptions for non-controlled substances
- ▷ Referrals for: labs, prescriptions for controlled substances, screenings, and imaging

Health Maintenance

Tracking, educating, and documenting health measures to achieve desired outcome.

- ▷ Annual physical
- ▷ Mental health screening
- ▷ PSA screening and management
- ▷ Cholesterol screening
- ▷ PAP smear
- ▷ Colorectal cancer screening and management
- ▷ Diabetes screening
- ▷ Obesity and nutrition counseling
- ▷ Breast cancer screening and management
- ▷ Blood pressure screening
- ▷ Fitness recommendations
- ▷ Prescriptions for non-controlled substances

Acute Care Management

For urgent, non-emergency needs. Treatment of nonlife-threatening conditions.

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|-------------------------------------|----------------------------------|---|
| ▷ Flu symptoms | ▷ Wart evaluation | ▷ Hypo and Hyper Thyroidism |
| ▷ Skin irritation and dermatitis | ▷ Splinters | ▷ Chron's disease |
| ▷ Spains, strains, joint pain | ▷ Seasonal allergies | ▷ Chicken pox |
| ▷ COVID | ▷ Ringworm | ▷ Ulcerative colitis |
| ▷ Acne | ▷ Hydration education | ▷ Shingles |
| ▷ Minor cuts, blisters, and wounds | ▷ Headache and migraine | ▷ Stress, anxiety, depression |
| ▷ Ear infections and ear-ache | ▷ Psoriasis | ▷ Yeast infection |
| ▷ Rosacea | ▷ Urinary tract infection | ▷ Mononucleosis |
| ▷ Sunburn | ▷ Nausea, vomiting, and diarrhea | ▷ ADD/ADHD/OCD/PTSD |
| ▷ Sore and strep throat | ▷ Scabies | ▷ Parasitic infection |
| ▷ Impetigo | ▷ STD | ▷ Chicken pox |
| ▷ Poison ivy, poison oak | ▷ Sinus infection and congestion | ▷ Insomnia |
| ▷ Cough and bronchitis | ▷ Lice | ▷ Celiac |
| ▷ Cold, canker, and mouth sores | ▷ Birth control evaluation | ▷ Gout |
| ▷ Tick bites, bug bites, and stings | ▷ GERD | ▷ Rx refill for non-controlled substances |
| ▷ Asthma | ▷ Athlete's foot | ▷ and more... |

Chronic Care Management

We work to help execute, manage, and coordinate the specialists' care plan.

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|------------------|----------------------|-----------------------|
| ▷ Diabetes | ▷ Autoimmune disease | ▷ Respiratory disease |
| ▷ Kidney disease | ▷ Heart disease | ▷ Cancer |

Virtual Primary Care



- ▷ Dedicated MD/RN per patient
- ▷ Relationship focus
- ▷ Everyday, acute, and urgent care
- ▷ Chronic disease management

State licensed MD & RN team
based on member locations

virtual first, guidance to
brick & mortar as needed

System Navigation



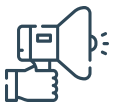
- ▷ Determine appropriate level of care
- ▷ Assist patients to find & access care
- ▷ Determine plan coverage options
- ▷ Acts as “glue” when system presents gaps

Case Management



- ▷ Help patients understand diagnosis & illness
- ▷ Patient outcome consulting & advocacy
- ▷ Planning, processing and monitoring of services
- ▷ Proactive coaching & cost controls

Patient Advocacy



- ▷ Provide “Medical Voice” to patient
- ▷ Patient rights & representation
- ▷ Gather & maintain medical records
- ▷ Education & choice

Care Coordination



- ▷ Scheduling appointments
- ▷ Determine appropriate delivery of care
- ▷ Provider communication & coordination
- ▷ Appointment follow up

Healthcare Consumerism



- ▷ Focus on quality care, not simply price
- ▷ Prescription necessity & cost effectiveness
- ▷ Labs & imaging
- ▷ Assists patient in price & quality choices