



PLANNING FOR STUDENTS WITH ACCOMMODATIONS



All students deserve the Foothill Horizons learning experience; however, the new learning environment can be challenging for many, especially those with health concerns, physical limitations, and behavior plans. Supporting all students at Foothill requires a minimum of 6 weeks of advance planning before their attendance.

- If there are any students who might need extra support, please contact Director Jessica Hewitt either at the beginning of the school year or at least 6 weeks prior to the students' attendance.

WHEN EXTRA ASSISTANCE AND PLANNING ARE REQUIRED FOR A STUDENT

A Parent Shadow/designee/School staff member is required for students with:		An aide or Parent Shadow/designee may be required for students with:
MEDICAL AND/OR PHYSICAL	BEHAVIORAL CONCERNS	
<ul style="list-style-type: none"> • Diabetes (<u>Parents strongly encouraged</u>) • Serious medical conditions that require injections, complex medications, or extra equipment • Who need assistance with toileting, showering, or dressing • Who need physical assistance walking, are in a wheelchair, or not able to do 2.5-hour hikes without assistance 	<ul style="list-style-type: none"> • Suspended more than once this year • Hurting others, suspended in past month • Eloping or fleeing • Currently or in the past month: <ul style="list-style-type: none"> ◦ Hurt themselves ◦ Are on suicide watch ◦ Hospitalized for mental health concerns 	<ul style="list-style-type: none"> • Behavior plan • IEP • 504 • SST <p>Students who need academic support at school, will not need academic support at Foothill. The hands-on learning environment and used of realia are intrinsically engaging and meet the needs of most learners.</p>

BELOW ARE SOME OPTIONS TO SUPPORT STUDENTS WITH SPECIAL NEEDS.

PARENT SHADOW OR DESIGNEE ATTENDS:

- A Parent Shadow or designee can stay in a separate area from the dorms, called the Nest. We only have one Nest.
- If there are multiple Parent Shadows, they may need to sleep in the dorms with the students.
- See the *Parent Shadow Information* sheet on the [Forms and Resources](#) webpage of our website.

PARAPROFESSIONAL ATTENDS:

- A paraprofessional may sleep in the dorms with the child or in the Teacher Retreat. A paraprofessional may not sleep alone in the Nest with a student.
- See the *Paraprofessional Information* sheet on the [Forms and Resources](#) webpage of our website.

PARENT SHADOW AND PARAPROFESSIONAL ATTEND:

- The Paraprofessional provides support during normal school hours, while Parent Shadows offers support at night.
- This is often done if a parent cannot attend during the day and provides additional care at night.

SINGLE-DAY ATTENDANCE:

- The student may attend with a paraprofessional or Parent Shadow for just 1 day, usually the middle day.
- This option is often used for students who might be overwhelmed by staying overnight, or who are at risk of self-harm, harming others, or eloping.

ADDITIONAL SUPPORT FOR MULTIPLE STUDENTS:

- When there is more than 1 special education student or a student at risk of self-harm or harming others, we strongly recommend the special education teacher or another certificated staff member attend to help determine when a child is unable to safely participate.



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IF THE SCHOOL PROVIDES SUPPORT SERVICES SUCH AS AIDES, A SMALL CLASSROOM ENVIRONMENT, OR ASSISTANCE WITH TOILETING OR EATING, THE SAME SERVICES MUST THEN BE PROVIDED AT FOOTHILL HORIZONS OUTDOOR SCHOOL.

REQUIREMENTS FOR A PARENT SHADOW OR DESIGNEE (REFER TO PARENT SHADOW INFORMATION)

1. Be a parent/guardian, parent designee or school district designee, including completing fingerprinting services with the district.
2. Qualify as a volunteer or staff member at the school
3. Be thoroughly familiar with the student’s specific medical condition and the administration of required medications.
4. Be trained in providing any specialized medical or emergency care.
5. Be physically able and willing to accompany the student on all hikes and activities from 7 a.m. to 9:30 p.m.
6. Supervise the student on campus when they cannot participate in activities.
7. Be available on campus 24 hours a day in the event the student has a medical need. This may involve sleeping in a dormitory with other students or in separate quarters.
8. Monitor and adjust the student's food intake as needed. Bring additional food to supplement the menu if a special diet is required.
9. Follow all campus rules of behavior, such as no smoking or vaping, and no cell phone calls.
10. Work with the Foothill Horizons Outdoor School staff to ensure a safe and educational experience for the student.

STUDENTS WHO ARE DEEMED UNSAFE OR UNABLE TO PARTICIPATE BY FOOTHILL STAFF, CLASSROOM TEACHERS OR PARAPROFESSIONALS WILL BE SENT HOME.

Due to the length of the program, increased risks associated with being outside in nature, and the needs of other students, those who pose a risk to themselves or others will be sent home. This action may or may not be disciplinary. Paraprofessionals, parent shadows, and teachers are intended to be preventative. All students are subject to the disciplinary guidelines of Foothill Horizons, especially those related to student safety.

CARE PROVIDED by Foothill Horizons Outdoor School for students	CARE NOT PROVIDED by Foothill Horizons Outdoor School
<ul style="list-style-type: none"> • A Registered Nurse establishes the care plan for the week on the day students arrive • The Health Clerk and Naturalists provide care throughout the week. They are trained in on-site protocols, first aid, CPR, administering medication, emergency response care, EpiPen use, glucagon administration, and nasal rescue medication. • The on-site Health Office is equipped with beds, first aid supplies, two-way radios, and phones. • Modification of instruction is provided to support all students. • The local hospital is a 15 min. drive from Foothill Horizons. • An all-terrain wheelchair is available for Parent Shadows or paraprofessionals to facilitate access. 	<ul style="list-style-type: none"> • Diabetes care, including injections, catheters, and feeding tubes • Assistance with showering, toileting, or dressing • Applying splints and most braces • Supervising students who are unable to participate • Pushing students in wheelchairs or operating wheelchair lifts in bus • Physical restraint of children • Administering oral emergency seizure medications • AED not available on site • Implementation of Behavior Management Plans • Intensive individualized care (i.e., suicide watch, eloping students, medical care) • Suicide or mental health assessments



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THE DIFFERENCES BETWEEN SCHOOL AND FOOTHILL HORIZONS OUTDOOR SCHOOL

	SCHOOL	FOOTHILL	IMPLICATION
CARE HOURS	<ul style="list-style-type: none"> 7 hours of care provided by school 	<ul style="list-style-type: none"> 24 hours of care 	<ul style="list-style-type: none"> More medical care or behavioral attention may occur at home than at school. That extra support will be necessary at Foothill Horizons Outdoor School.
CLASSROOM ENVIRONMENT	<ul style="list-style-type: none"> Inside: desks, flat paved surfaces 	<ul style="list-style-type: none"> Outside on 143 acres: no desks, no walls, uneven surfaces 	<ul style="list-style-type: none"> Students who flee when upset are at a much greater risk. The level of response to verbal commands must be greater than in the classroom due to uneven terrain, drop offs, nighttime classes, proximity to roads or other common risk factors associated with being outside.
PHYSICAL EXPECTATION	<ul style="list-style-type: none"> Walk from class to class, sit, PE Active for approximately 45 minutes per day 	<ul style="list-style-type: none"> Walk for 6+ hours per day over rocky, uneven terrain; sit, stand, climb on rocks, run, and jump. Active from 7 a.m. to 9:30 p.m. 	<ul style="list-style-type: none"> Students will need endurance, a greater range of motion, and the ability to hike without assistance. Any child who needs extra assistance will need a Parent Shadow/Designee or a school staff member to escort them to and from hikes, supervise them when they unable to participate, or provide physical support.
SUPERVISION	<ul style="list-style-type: none"> Certificated teacher 	<ul style="list-style-type: none"> Certificated teacher and Naturalist for most of the day High school counselor available at night and in the dorms 	<ul style="list-style-type: none"> High school counselors do not have the specialized skills to support students with health needs or behavioral concerns. Naturalists and Teachers must meet the needs of 30+ students on the trail and cannot provide individualized care to one child without neglecting the rest of the group.
ACCESS TO MEDICAL CARE	<ul style="list-style-type: none"> Hospital is within 10 min 	<ul style="list-style-type: none"> Hospital is 15 min from Foothill Horizons Students may be up to 20 minutes walking distance from a road. No AED on campus Staff trained in first aid & CPR 	<ul style="list-style-type: none"> We are slightly farther from medical care. Most families are at least 90 minutes away from responding to student needs.
ACCESS TO PARENTS	<ul style="list-style-type: none"> 15-30 minutes away from child 	<ul style="list-style-type: none"> 90 minutes or more away from a child 	<ul style="list-style-type: none"> Due to the distance, parents may not be able to provide immediate care as they could at school. Foothill Horizons Outdoor School must then provide care while waiting for parents to arrive.
HEALTH STAFF	<ul style="list-style-type: none"> Part-time Registered School Nurse Health Tech/Clerk 	<ul style="list-style-type: none"> Registered Nurse on arrival day Full time Health Clerk and Naturalist Staff 24 hours a day 	<ul style="list-style-type: none"> We provide the same level of health staffing as most schools but accommodate over 7,000 children each year.

If there is even the slightest chance that any of your students may need a Parent Shadow, Designee, and/or a Paraprofessional, you must contact Jessica Hewitt at Foothill Horizons **AT LEAST 6 weeks prior to attendance**. Failure to do so may result in our inability to accommodate the student or their support.

Contact: Jessica Hewitt, Director III
 209-532-6673 or jhewitt@stancoe.org