



Nutrition Services Bellevue School District

Big Picture School Lunch Menu September 2024

This is an equal opportunity provider.
Menus are subject to change.

Daily

Burger with Baked Fries: Spicy Chicken, Cheeseburger, Hamburger & Breaded Kickin' Burger (v)
Pizza: Cheese (v) & Pepperoni (*contains pork*)
Grab 'n Go: Protein Box [Low-fat yogurt (v), string cheese(v), WG bagel & cream cheese (v)]
Boxed Salad: Chicken Caesar, Mozzarella Caesar (v)
Hand-Wrapped Burrito: Green Chili Bean & Cheese (v) with Baked Fries
 (v) indicates Vegetarian Entrée option which may contain egg and/or cheese

Lunch includes your choice of milk & a trip through the salad bar featuring a variety of fruits & vegetables.

Monday

02

Labor Day
No School

Tuesday

03

A. Crispy Chicken Tenders
B. Kickin' Nuggets (v) with Baked Fries, Wheat Roll & Honey Mustard

Wednesday

04

Chicken Corndog with Baked Fries

Thursday

05

Italian Beef Meatballs with Penne Pasta & Garlic Bread


Friday

06

Scratch-made!
A. Butter Chicken
B. Butter Chickpeas (v) over Rice

09

Battered Alaskan Pollock Wedge with Baked Fries, Wheat Roll & Tartar Sauce

 **Mariners vs. Padres Nachos!**
A. Seasoned Beef & Beans
B. Refried Beans (v) with Jalapeno Cheese Sauce & WG Tortilla Chips


11

Deluxe Grilled Chicken Burger with Baked Fries

12

Gluten Free Teriyaki Chicken with Steamed Green Beans & Brown Rice

13

 **Storm vs. Sparks Showdown**
Bone-in Chicken Wings with Cornbread & BBQ or Buffalo Wing Sauce

16

A. Chicken Alfredo
B. Vegetarian Alfredo (v) with Penne Pasta & Garlic Bread

17

BBQ Pulled Pork Sandwich with Baked Beans & Coleslaw


18

Mozzarella & Turkey Pepperoni Stuffed Calzone with Garlic Bread

19

Breaded Chicken Leg & Waffle with Warm Apple Compote

20

 **Seahawks Tailgate!**
A. Turkey Bacon Cheeseburger
B. Veggie Burger (v) with Baked Fries & Bellevue Sauce

23

Mashed Potato Bowl with Chicken, Corn, Wheat Roll & Gravy

24

Mandarin Orange Chicken with Steamed Broccoli & Brown Rice

25

Garlic Cheese Toast (v) with Marinara Dipping Sauce

26

Breaded Chicken Katsu Sandwich with Baked Fries

27

Local! Scratch-made!
Braised Beef Birria with Warm Corn Tortillas & Seasoned Black Beans

30

A. Crispy Chicken Tenders
B. Kickin' Nuggets (v) with Baked Fries, Wheat Roll & Honey Mustard



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Highlights from Nutrition Services

Welcome! Nutrition Services has some exciting projects to watch out for this year! We were awarded grant funding from Washington State Department of Agriculture to expand our **Farm to School** initiatives in SY24-25. Keep an eye out for Washington watermelon, berries, beef, and possibly salmon!

We are also excited to be launching a new sustainability initiative – **Lean & Green**. Lean & Green days will feature a new meatless entrée to showcase even more delicious plant-forward foods! Eating less meat will help reduce our carbon footprint and can offer many potential health benefits! It's a win-win! Join us for our first **Lean & Green** day next month.

Check out the **Digital Menu** for Nutrition, Allergen, and Ingredient information! Or download the **My School Menus** mobile app. The menu is translated into over 75 languages!



Complete your **Application for Free or Reduced Priced Meals** today!

Available at www.bsd405.org/freeandreduced
Applications must be renewed annually.

How to Pay for Meals:

Nutrition Services uses **PayPams** for online payments. Go to: <https://paypams.com> for more information.

*There is a \$2.95 fee per family for credit card payments. **NEW!** PayPams will now accept Direct Withdrawals from a bank account. This option has a \$1.95 transaction fee. You may also pay for meals by check (payable to Bellevue School District) or cash at your child's school.*

We're Hiring Kitchen Assistants!

- Work during the school schedule
- Paid holidays!
- \$21.37 starting hourly rate
- Full benefits offered with 17.5 hours/week
- Apply online at <https://bsd405.tedk12.com/hire>