



# Nutrition Services Bellevue School District

## Elementary Lunch Menu September 2024

This is an equal opportunity provider.  
Menus are subject to change.

**Daily Lunch Entrée Choices:**  
Hand-wrapped Bean & Cheese Burrito (v)  
Breaded Chicken Burger  
Sunbutter & Jelly Sandwich + String Cheese (v)  
(v) Indicates vegetarian entrée item which may contain eggs and/or cheese

Daily

Lunch includes your choice of milk & a trip through the salad bar featuring a variety of fruits & vegetables.

### Monday

**02**  
**Labor Day**  
No School

### Tuesday

**03**  
A. Crispy Chicken Tenders  
B. Kickin' Nuggets (v)  
with Baked Fries & Wheat Roll

### Wednesday

**04**  
Dutch Waffle with Warm Spiced Apples & Cheese Omelet (v)

### Thursday

**05**  
Cheese Pizza Slice (v)

### Friday

**06**  
**Scratch-made!**  
A. Butter Chicken  
B. Butter Chickpeas (v)  
with Warm Flatbread

**09**  
Gluten Free Teriyaki Chicken with Steamed Green Beans & Brown Rice

**10**  
Flaky Egg & Cheese Croissant Sandwich (v) with Hashbrown Patty

**11**  
Mac 'n Cheese (v) with Steamed Broccoli & Wheat Roll

**12**  
Mozzarella-stuffed Breadsticks (v) with Marinara Dipping Sauce

**13**  
A. Crispy Fish Nuggets  
B. Kickin' Nuggets (v) with Baked Fries & Wheat Roll

**16**  
A. Chicken Alfredo  
B. Vegetarian Alfredo (v) with Penne Pasta & Breadstick

**17**  
**Nachos!**  
A. Seasoned Beef & Beans  
B. Black Beans (v) with Cheddar Cheese & WG Tortilla Chips

**18**  
WG Pancakes with Strawberry Compote & Cheese Omelet (v)

**19**  
French Bread Cheese Pizza (v)

**20**  
A. Roasted Chicken Leg  
B. Kickin' Nuggets (v) with Mashed Potatoes & Wheat Roll

**23**  
Italian Beef Meatballs with Penne Pasta & Breadstick

**24**  
Mandarin Orange Chicken with Steamed Broccoli & Brown Rice

**25**  
Soft Pretzel with Dippable Cheese Sauce (v) and String Cheese (v)

**26**  
Garlic Cheese Ripper (v) with Marinara Dipping Sauce

**27**  
A. Cheeseburger  
B. Veggie Burger (v) with Potato Smiles

**30**  
A. Crispy Chicken Tenders  
B. Kickin' Nuggets (v) with Baked Fries & Wheat Roll

### Highlights from Nutrition Services

Welcome! Nutrition Services has some exciting projects to watch out for this year! We were awarded grant funding from Washington State Department of Agriculture to expand our **Farm to School** initiatives in SY24-25. Keep an eye out for Washington watermelon, berries, beef, and possibly salmon!

We are also excited to be launching a new sustainability initiative – **Lean & Green**. Lean & Green days will feature a new meatless entrée to showcase even more delicious plant-forward foods! Eating less meat will help reduce our carbon footprint and can offer many potential health benefits! It's a win-win! Join us for our first **Lean & Green** day next month.



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## Elementary Breakfast Menu September 2024

Breakfast Locations: Ardmore, Clyde Hill, Enatai, Lake Hills, Newport Heights, Phantom Lake, Sherwood Forest, Spiritridge & Stevenson

*Breakfast includes your choice of milk & a trip through the salad bar featuring a variety of fruits.*

**(v) Indicates vegetarian entrée items which may contain egg and/or cheese**

### Monday

**Mini Maple Waffles**  
(v)

### Tuesday

**Fresh Baked French Toast** (v)

### Wednesday

**Whole Grain Bagel with Cream Cheese**  
(v)

### Thursday

**Pancake Wrapped Turkey Sausage**

### Friday

**Cheesy Italian Bagel**  
(v)

**Offered Daily:** *Kid's Choice* - Select 1-2 items from Low-fat (Gelatin-free) Yogurt, Whole Grain Blueberry Muffin, Assorted Whole Grain Cereals (WG Cheerios, Gluten-Free Cinnamon Chex, WG Cinnamon Toast Crunch), and Whole Grain Bunny Crackers

Check out the **Digital Menu** for Nutrition, Allergen, and Ingredient information! Or download the **My School Menus** mobile app. The menu is translated into over 75 languages!



Complete your **Application for Free or Reduced Priced Meals** today!  
Available at [www.bsd405.org/freeandreduced](http://www.bsd405.org/freeandreduced)  
*Applications must be renewed annually.*

**How to Pay for Meals:**  
Nutrition Services uses **PayPams** for online payments. Go to: <https://paypams.com> for more information.  
  
*There is a \$2.95 fee per family for credit card payments. **NEW!** PayPams will now accept Direct Withdrawals from a bank account. This option has a \$1.95 transaction fee. You may also pay for meals by check (payable to Bellevue School District) or cash at your child's school.*

**We're Hiring Kitchen Assistants!**

- Work during the school schedule
- Paid holidays!
- \$21.37 starting hourly rate
- Full benefits offered with 17.5 hours/week
- Apply online at <https://bsd405.tedk12.com/hire>