**WE WANT YOU** TO JOIN OUR CREW

Central Ohio Rowing is excited to announce that registration for our Fall season is now OPEN! We look forward to another great season of rowing and we want you to join our crew! COR offers a variety of participation opportunities including Recreational and our competitive Novice and Varsity teams. For more information and to register visit www.centralohiorowing.org

Athletes participating in our **Novice program** should expect to practice 5 days a week (M,T,W,TH,S) and participate in regattas

- Open to grades 8th-12th
- Season begins Aug. 19th and end October 30th
- Cost: \$825 with a two week trial



Not quite old enough to join our competitive crews? Recreational rowing is a great way to continue to grow in the sport with less time commitment!

- Open to 7th/8th graders
- Practice two days a week (M,W)
- Recreation athletes do not
  participate in regattas
- Season begins September 4th and ends October 27th
- Cost: \$500