

Triennial Assessment Summary of the Local Wellness Policy

General Information:

School(s) included in the assessment: **Dakota Valley School District**

Month and year of current assessment: **June 2024**

Date of last Local Wellness Policy revision: **July 2022**

Website address for the wellness policy and/or information on how the public can access a copy:

<https://www.dvschools.com/link-1/child-2>

Wellness Policy Leadership: LEAs must establish wellness policy leadership of one or more LEA and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.

How many times per year does your school wellness team meet? **2 times per year**

Designated School Wellness Coordinator:

Name	Job Title	Email Address
Jill Sponder	Business Manager	Jill.Sponder@k12.sd.us

School Wellness Committee Members:

Name	Job Title	Email Address
Dr. Tonia Warzecha	Superintendent	Tonia.Warzecha@k12.sd.us
Sara Weber	Board Member	Sara.C.Weber@k12.sd.us
Bradley Delfs	LSI Food Service Director	b.delfs@lunchtimesolutions.com
Caitlyn Danner	Teacher	Caitlyn.Danner@k12.sd.us
Jessie Rasmussen	Teacher	Jessie.Rasmussen@k12.sd.us
Tammy Lilly	PE Teacher	Tammy.Lilly@k12.sd.us
Tiffany Wendling	Teacher/Parent	Tiffany.Wendling@k12.sd.us

Shelli Norton	Teacher	Shelly.Norton@k12.sd.us
Tessie Oberg	Nurse/Parent	Tessie.Oberg@k12.sd.us
Heather Nelson	Parent/PTO	nelsonhc@hotmail.com
Angela Krage	Parent	angelamkrage@gmail.com
Kshitij Patil	Student	
Eli Honner	Student/Board Ambassador	
Joey Furlong	Student/Board Ambassador	
Bennett Jensen	Student/Board Ambassador	

Comparison to Model School Wellness Policies: A comparison to a Model School Wellness policy is required. Keep a copy of the results on file for at least three full school years plus the current year. This will be reviewed during the next administrative review of your school nutrition program.

Indicate the model policy used for comparison:

- SD Model Wellness Policy:** A model wellness policy along with a self-checklist to review and update your wellness policy and ensure it meets all requirements are available on the CANS SNP website, (<http://doe.sd.gov/cans/snp.aspx>) under the Program Requirements in the Wellness Policy section.
- WellSAT 3.0 example policy:** You may complete the [WellSAT3.0 assessment tool](#) .
- Other Model Wellness Policy:** If you choose this option, please specify in the space provided below

Describe how your wellness policy compares to the South Dakota model wellness policy:

The Dakota Valley School District policy contains the same components of the South Dakota model wellness policy and meets or exceeds the minimum policy requirements.

Progress towards wellness goals and compliance with the wellness policy:

At a minimum, local wellness policies are required to include:

- **Specific goals for:**
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness.
- **Standards and nutrition guidelines for all foods and beverages** sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- **Standards for all foods and beverages provided, but not sold**, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- **Policies for food and beverage marketing** that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- **Description of public involvement, public updates, policy leadership, and evaluation plan.**

Use the tables below to assess whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
*Promotes healthy food and beverage choices	X			
*Health curriculum	X			
*Collaborate w/public & private entities to promote student wellness	X			
* Water available	X			

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Curriculum includes physical activity and students are encouraged to engage in physical activities.	X			

School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps

*District participates in the National School Breakfast and Lunch Program	X			
*Students are provided with sufficient time to each school meals.	X			
*District provides recess/physical activity breaks.	X			

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
District only allows food/beverages that meet the smart snacks nutrition standards to be sold during the school day.	X			

Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
The district is working on a list of smart snack compliant options for parents and staff to use for classroom parties, rewards, and incentives.		X		<p>The district is working with LSI on a list of compliant snacks as well as an option for parents and staff to purchase them directly from the food service department.</p> <p>The list of smart snack compliant options will be published on the "Child Nutrition" page of the District website by September 1, 2024.</p> <p>The option to purchase smart snack compliant options will be made available to parents and staff by September 1, 2024.</p>

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps

The district does not allow new contracts/agreements that market food or beverages that do not meet the smart snack nutritional guidelines on school grounds or activities.	X			The district has a grandfathered contract with Chesterman/Coca-Cola which allows for coolers to be placed in the concession stands and has the Coca-Cola brand labels on them.
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Additional information:

A food service program survey will be completed during the 2024-25 school year. The previous survey was conducted in the Spring of 2023.