

WAKE UP!

IT'S TIME

TAKE TO ACTION!

SIGN UP AT: RANK ONE



**FOOTBALL:
PRACTICES STARTS:
AUGUST 21.
6-8 PM**

**CROSS COUNTRY:
PRACTICE STARTS:
AUGUST 26
2:45-4:00**



**VOLLEYBALL:
TRYOUTS START:
AUGUST 26.
7TH GRADE 4:30-6
8TH GRADE 3-4:30**