

# HOSPITAL TO SCHOOL STUDENT TRANSITION PLANNING

Key topics and questions for students, schools and families following hospitalization.

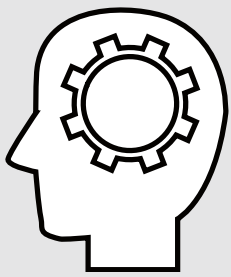


## 1 RELEASE OF INFORMATION

**GOAL:** Establish open communication and wrap-around support for the student. Sign the Release of Information (ROI) to connect your school to:

- Outpatient therapist/counselor/social worker
- Previous school or therapeutic placement
- Doctor or health care provider
- Juvenile justice worker

Discuss what the student feels comfortable sharing about their hospitalization. What do they want to share with teachers? Peers? Social media?



## 2 GRADUAL RETURN TO LEARNING

**GOAL:** Assess workload with the student as they continue to prioritize health following hospitalization.

- Start with coursework in high interest subjects.
- Establish a plan for reviewing schedule and gradually increasing the student workload as appropriate.
- Is it possible for the student to receive credit for therapeutic work? Any other creative pathways for credit recovery?
- Identify the social/emotional supports at school and frequency of scheduled check-ins.

What else needs consideration upon reentry to school?

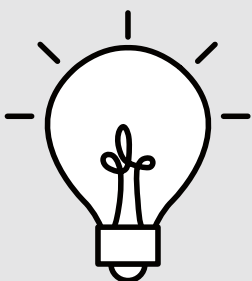


## 3 EDUCATIONAL/SOCIAL SUPPORTS AT SCHOOL

**GOAL:** Enable greater access to education and promote peer-to-peer support.

- Does the student need accommodations or modifications to access education? Does the student require a 504 plan or special education?
- What social or peer-led opportunities align with interests and goals? Activities outside of school?
- Does the student need a school safety plan? Health plan? Is it up to date?

What changes could be made to improve the school culture around disability and mental health?



## 4 EDUCATE YOURSELF AND THE SCHOOL STAFF

**GOAL:** Equip staff with knowledge about diagnoses and how they impact learning.

- Seek out national organizations that support specific diagnosis and their effect on learning.
- Is the educational program being adapted to meet the needs of students returning from hospitalization?

Have resources been identified and shared with school staff?