



# MIDDLE SCHOOL BREAKFAST MENU

## MAY 2025

Menu subject to change.

### SPECIAL PROMOTIONS:



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> Pancakes with Syrup Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple	<b>2</b> Mango Yogurt Parfait Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple
<b>5</b> Banana Muffin Goldfish Graham Craker Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple	<b>6</b> Breakfast Taco Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple	<b>7</b> Strawberry Nutri Grain Bar Hard Boiled Egg and String Cheese Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple	<b>8</b> French Toast Bites Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple	<b>9</b> Blueberry Yogurt Parfait Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple
<b>12</b> Blueberry Muffin Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple	<b>13</b> Hot Honey Chicken Biscuit Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple	<b>14</b> Apple Cinnamon Nutri grain Bar Hard Boiled Egg and String Cheese Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple	<b>15</b> Pancakes with Syrup Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple	<b>16</b> Mango Yogurt Parfait Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple
<b>19</b> Banana Muffin Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple	<b>20</b> Egg and Cheese Quesadilla Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple	<b>21</b> Strawberry Nutri Grain Bar Hard Boiled Egg and String Cheese Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple	<b>22</b> French Toast Bites Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple	<b>23</b> Blueberry yogurt Parfait Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple
<b>26</b> No School	<b>27</b> Egg and Cheese English Muffin Assorted Whole Grain Cereal Assorted 100% Fruit Juices Whole Apple	<b>28</b> Apple Cinnamon grain Bar Hard Boiled Egg and String Cheese Assorted Cereal Assorted 100% Fruit Juices Whole Apple	<b>29</b> No School	<b>30</b> No School

Daily menu items may contain “Allergens”. For specific information regarding this, please visit [LINQ Connect](#) to locate the detailed school menu.

In accordance with Federal Law and the US Department of Agriculture Policy, this institution is prohibited from discrimination based on race, color, national origin, sex, age or disability.

### STUDENT MEAL

1 Entrée,  
Fruit & Veggie Bar  
Choice of Fat-Free Chocolate Milk or 1% White Milk

### QUESTIONS?

Contact Jonathan Crites  
Food Service Director  
[critesj@hawthorn73.org](mailto:critesj@hawthorn73.org)

### AT LEAST 1 CUP SERVING

Apple  
Banana  
Grapes  
Oranges

### MILK OFFERED

1% White Milk  
Fat free Chocolate

### ASSORTED WHOLE GRAIN CEREAL and CERAL BARS OFFERED:

Cheerios • Trix • Cocoa Puffs • Cinnamon Toast  
Crunch



# MIDDLE SCHOOL LUNCH MENU

## May 2025

Menu subject to change.

### SPECIAL PROMOTIONS:

Cinco De Mayo Walking Tacos  
5/16 National BBQ day BBQ meatball sub



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Nuggets with Breadstick Macaroni and Cheese Steamed Green Beans Salad Bar Fresh Banana Diced Peaches	2 Teriyaki Chicken Bowl Tofu and Broccoli Stir-fry  Salad Bar Fresh Pear Fresh Apple
5 Walking Beef Tacos Cheese Quesadilla with Fresh Salsa Steamed Corn Salad Bar Applesauce Fresh Red Grapes	6 Corn Dog Grilled cheese Sandwich Bacon Turkey Cheese Wrap Steamed Green Beans Salad Bar Pineapple Strawberries	7 BBQ Rib Sandwich Sun butter and jelly Ranch Roasted Broccoli Salad Bar Orange Wedges Honeydew Mellon	8 Pancakes with Strawberry Topping Turkey Sausage and String Cheese Spinach and Berry Salad Salad Bar Fresh Banana Diced Peaches	9 Sweet and Sour Chicken Sweet and Sour Tofu Hummus and Veggie Wrap Salad Bar Fresh Pear Fresh Apple
12 Spaghetti with Meatballs Spaghetti with Plant Based Sauce Chicken Chopped Salad Steamed Broccoli Salad Bar Applesauce Fresh Red Grapes	13 Beef Tacos Plant Based Burrito Bowl Seasoned Black Beans Salad Bar Pineapple Strawberries	14 BBQ Boneless Wings Grilled Cheese Steamed Corn Salad Bar Orange Wedges Honeydew Mellon	15 Cheese Tortellini with Breadstick Bacon Turkey and Cheese Wrap Ranch Roasted Broccoli Salad Bar Fresh Banana Diced Peaches	16 BBQ Meatball Sub Baked Beans Hummus and Veggie Wrap Salad Bar Fresh Pear Fresh Apple
19 Chicken Nuggets with Breadstick Macaroni and cheese Chicken Chopped Salad Seasoned Green Beans Salad Bar Applesauce Fresh Red Grapes	20 Beef Nachos Plant Based Nachos Seasoned Black Beans Fresh Salsa Salad Bar Pineapple Strawberries	21 Chicken Alfredo Penne Penne with Alfredo Steamed Broccoli Salad Bar Orange Wedges Honeydew Mellon	22 French Toast with Turkey Sausage Spinach Berry Salad Hashbrown Round Salad Bar Fresh Banana Diced Peaches	23 BBQ Chicken Sandwich Sun Butter and Jelly Baked Beans Salad Bar Fresh Pear Fresh Apple
26 No School	27 Chicken Fajita Bowl Black Bean Fajita Bowl Mexican Street Corn Salad Bar Pineapple Strawberries	28 Meatball Sub Garden Salad with Roll Salad Bar Orange Wedges Honeydew Mellon	29 No School	30 No School

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Food Service Director  
[critesj@hawthorn73.org](mailto:critesj@hawthorn73.org)

### SEASONAL FRUITS OFFERED

AT LEAST 1 CUP SERVING  
Apple Applesauce  
Banana Orange  
Peaches Pineapple  
Pear Cantaloupe

### SEASONAL VEGGIES OFFERED

AT LEAST 1 CUP SERVING  
Romaine Lettuce  
Cucumbers  
Celery Tomatoes  
Carrots Broccoli

### MILK OFFERED

1% WHITE MILK  
FAT FREE CHOCOLATE

### PIZZA OFFERED

Cheese  
Pepperoni  
Roasted Vegetable

### GRILL ITEMS OFFERED

Cheeseburger  
Chicken sandwich  
Chicken tender