

## Main Lunch Menu – St. Peter's September 2024

This institution is an equal opportunity provider. Serving Sizes are as follows:

K - 5<sup>th</sup> Grade – Meat/MA 1.75oz, Grain 1.75oz, Vegetable ¾ cup, Fruit ½ cup, Low Fat or 1%

unflavored or flavored milk 8oz

6<sup>th</sup> – 8<sup>th</sup> Grade - Meat/MA 1.75oz, Grain 1.75oz, Vegetable ¾ cup, Fruit ½ cup, Low Fat or 1% unflavored or flavored milk 8oz

Monday	Tuesday	Wednesday	Thursday	Friday
August 26	August 27	August 28	August 29	August 30
		Mac & Cheese w/ WG Pasta	Beef BBQ	Cheese Pizza
		Peas	WG Bun	Tator Tots
		Fruit	Corn	Fruit
		Milk	Fruit	Milk
			Milk	
September 2	September 3	September 4	September 5	September 6
	Beef Riblet w/BBQ Sauce	Turkey Ham and Cheese Sandwich	Teriyaki Chicken	Pepperoni Pizza
HAPPY LABOR DAY!	WG Dinner Roll w/ Butter	on WW Bread	Brown Rice	Tator Tots
	Green Beans	Diced Cucumber	Broccoli	Fruit
	Fruit	Mayonnaise	Ranch Dressing	Milk
	Milk	Fruit	Fruit	
	National Rib Day	Milk	Milk	
September 9	September 10	September 11	September 12	September 13
urkey Sausage	Beef Hot Dog	Chicken, Cheddar Cheese, and	Meatloaf w/Beef Gravy	Cheese Pizza
tring Cheese	WG Hot Dog Bun	Brown Rice Bake	WG Dinner Roll	Fresh Broccoli w/ Ranch Dressing
/G French Toast	Tater Tots	Peas	Mashed Potatoes	Fruit
roccoli	Ketchup	Fruit	Fruit	Milk
ruit	Fruit	Milk	Milk	
/ilk	Milk			
	National Hot Dog Day			
September 16	September 17	September 18	September 19	September 20
BQ Meatballs	Grilled Chicken Caesar Salad	Turkey Burger	Grilled Chicken w/Salsa	Pepperoni Pizza
VG Hoagie Roll	W/ Romaine Lettuce, Parm	WG Sandwich Roll	Red Beans & Bown Rice	Tator Tots
Green Beans	Cheese and Croutons	Corn and Black bean Salad	Fruit	
	WG Dinner Roll w/ butter	Fruit	Milk	Fruit
ruit	Fruit	Milk	ivink	Milk
1ilk	Milk	WINK		
September 23	September 24	September 25	September 26	September 27
/G Chicken Fingers	Swedish Meatballs	Cheese Quesadilla	WG Chicken Egg Roll	Cheese Pizza
ater Tots	WG Buttered Noodles	Carrot Sticks w/Ranch Dressing	String Cheese 3+	Carrot Sticks w/ Ranch Dressing
etchup	Tomato and Cucumber Salad	Salsa	Green Beans (School Age)	Fruit
ruit	Fruit	Fruit	Sweet and Sour Sauce	Milk
Milk	Milk	Milk	Fruit	WIIK
		IVIIIK	Milk	
September 30	October 1	October 2	October 3	October 4
•	Chicken Taco w/ WW Flour	Turkey Burger w/ Cheddar	Mac & Cheese w/ WG Pasta	
urkey & Cheese Sandwich on WW			Mixed Vegetables	
read	Tortilla	Cheese on WG Bun		
read omato and Cucumber Salad	Tortilla Shredded Cheddar Cheese	Cheese on WG Bun Green Beans	Fruit	Early
read omato and Cucumber Salad ruit	Shredded Cheddar Cheese	Green Beans	Fruit Milk	•
read omato and Cucumber Salad				Early Dismissal

\*\*ALL GRAIN COMPONENTS ARE WHOLE GRAIN RICH\*\*

Fruit options vary when in season and will be rotated based on availability: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Blueberries, Mangos