

<b>Teacher</b>	<b>After-School Activity</b>	<b>Grades Involved</b>	<b>Class Day</b>	<b>Registration Cost (per semester)</b>	<b>Proposed Activity Description</b>
Ty Smith	Tumbling and Cheerleading	3rd Grade, 4th Grade, 5th Grade, 6th Grade,	Tuesday	\$425.00	They will learn basic Cheerleading and Tumbling. Skills taught include Cheers, Chants, Jumps, Stunts, Tumbling, Memory of Cheers, Motions, and Voice Projection.
Lexi Rix	Yoga & Mindfulness	5th Grade, 6th Grade	Tuesday	\$425.00	Could your child use a break to recharge and unwind after a day of middle school? Join us in Yoga & Mindfulness! Students will engage in breathing, stretching, and balance exercises to strengthen the body and the mind. Students will also connect with friends through yoga-inspired games. Let's find our inner peace together!
Danielle Sonogo	Yoga and Mindfulness Club	1st Grade, 2nd Grade, 3rd Grade, 4th Grade	Thursday	\$425.00	Yoga and Mindfulness club is for the elementary-aged student interested in improving their balance, strength, and concentration through yoga and mindfulness practices. Classes will be based on weekly themes, and yoga poses will be supported with stories, songs, and crafts. Mindfulness will be supported by learning the importance of the breath, as well as harnessing love and gratitude for ourselves and each other. Help give your student a boost in confidence, strength, and concentration by joining us in Yoga and Mindfulness Club! Snack will be provided.
Jodi Norton	Yoga Club	EC (with Division Head's approval), PP, 1st Grade, 2nd Grade	Tuesday	\$425.00	A fun introduction to yoga, breathing and movement using stories, music and games. We will stretch, move through poses and unwind with a mindful craft. Children will learn many fun poses while practicing balance, increasing focus and building strength. This club will offer a calming reset at the end of a busy school day.