

# CATASAUQUA AREA SCHOOL DISTRICT

No. 254  
SECTION: PUPILS  
TITLE: Toileting/Incontinence  
ADOPTED: August 13, 2024

<b>254 – TOILETING / INCONTINENCE</b>		1			
<b>1. Purpose</b>	There are many times that a need for toileting at school may occur. These reasons may include:	2			
	<ul style="list-style-type: none"> <li>• Illness/acute infections.</li> <li>• Chronic health conditions.</li> <li>• Psychological concerns.</li> <li>• Congenital abnormalities.</li> <li>• Developmental delays.</li> <li>• Accidents/delayed bathroom use.</li> </ul>	3 4 5 6 7 8 9 10 11 12			
	Continance issues can require immediate attention for safety and sanitary reasons. The board understands that there are many sensitivities involved for parents and students when accidents occur at school, and is committed to maintaining the privacy and self-esteem of our students in these situations.	13 14 15 16 17			
	<b>2. Definition</b>	When used in this policy—	18 19		
		“ <b>Individualized Plan</b> ” means an Individualized Education Program (IEP), Section 504 Service Agreement (Service Agreement), Individualized Healthcare Plan (IHP), and/or Emergency Care Plan (ECP).	20 21 22 23 24		
		<b>3. Individualized Plans</b>	If a student is identified as having a health condition which requires toileting, an Individualized Plan shall be developed for that student which sets forth necessary accommodations and interventions. An Individualized Healthcare Plan may also be developed for other students with toileting/incontinence issues.	25 26 27 28 29 30 31	
			<b>4. Guidelines</b>	These guidelines only apply to the extent they are not inconsistent with an Individualized Plan for the student.	32 33 34 35
				All medically and developmentally able students entering Kindergarten or higher grades are expected to handle their own toileting ( <i>i.e.</i> , knowing when they need to use the bathroom, asking or stating that they need to use the bathroom, handling clothing removal, and changing clothes if needed) and cleaning ( <i>i.e.</i> , wiping properly and washing hands) independently or with minimal verbal cues.	36 37 38 40 41 42

Students should not attend school wearing diapers or pull-ups unless they have a condition documented in an Individualized Plan providing for the use of these products.

It is the responsibility of the parent/guardian to provide all of the items needed to keep a student clean and dry throughout the school day. Parents/guardians are requested to keep an additional set of clothing in the student’s book bag in case of any accidents or spills. If clothing is not available for a student who requires changing, the District shall contact the parent/guardian to request that clothes be brought to the school for the student. Those students who require a change of clothing may wait in the classroom to minimize loss of instructional time, or the student may be moved to an alternative location for the student’s comfort at the discretion of the teacher.

A parent/guardian shall be contacted in the event of one soiling or two urinary accidents in one school day. In that event, the parent/guardian may pick up the student for a more thorough cleaning. The student may return to school to complete the rest of the school day once that has been completed.

In most instances, a student will be able to clean and change clothing in the class restroom, designated restroom, or changing area, with minimal supervision and instruction. However, if the student requires assistance and personal attendance in the restroom or other changing area, two staff members shall be present for the safety of the student and staff.

All staff members share the responsibility for assisting students with their hygiene; it is not the sole responsibility of the nursing staff. The nurse’s office will not be the designated area for changing students, as that office must be available for the management of the needs of students requiring medication or daily procedures, experiencing medical emergencies, or having injuries or communicable diseases.

Teachers are encouraged to allow students to take bathroom breaks as needed , rather than wait until designated times.

The District shall provide proper hand hygiene products in all restrooms and other locations designated for student changing.

When changing students or assisting them with toileting, staff members should:

1. Wash hands before putting on clean disposable gloves.
2. Use cleansing wipes or toilet paper for cleaning. The use of paper towels is not recommended as they can irritate the skin in the perineal area.

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3. Dispose of the used wipes in a trash bag,. Used toilet paper may be flushed.
4. After cleaning the student or assisting the student to wipe after using the toilet, staff should remove gloves and wash hands again before assisting the student with putting on clean undergarments or clothing.
5. Staff should encourage, and assist as needed, the student to wash his/ her hands after using the toilet.
6. Wet or dirty clothing should be placed in a plastic bag that can be sealed tightly and stored out of reach of students until they are sent home to be laundered. Rinsing student’s clothing or laundering soiled clothing at school is discouraged because it provides an opportunity to contaminate hands and other surfaces.
7. Employ other Standard Precautions as warranted. District administration should ensure that school personnel are familiar with the risks of blood-borne pathogens, and the use of Standard Precautions when dealing with blood and body fluids.

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