

HOUSING RESOURCES / EMERGENCY HOUSING

Community Action Coalition (CAC) nicolev@cacscw.org
Provides access to housing security programs, help with applying for subsidized housing, life skills such as financial literacy, education attainment, and career services.
cacscw.org **608-237-1255**

Tenant Resource Center **608-257-0006**
tenantresourcecenter.org

The Beacon **608-826-8040**
A day center for people experiencing homelessness. Assistance includes: preventative healthcare, housing, employment, daily meals/snack, shower and laundry facilities, mail center, transportation to/from, computer lab, ID assistance, telephone, case management.
Open daily: 8am-5pm
615 East Washington Avenue, Madison, WI
thebeaconhelps.org

WARMING / COOLING SPACE

Stoughton Library **608-873-6281**
Hours: Mon-Thur 9am-8pm, Fri 9am-6pm
Sat 9am-5pm, Sun 1pm-5pm (Sep-May)
304 S. 4th St, Stoughton, WI • stoughtonpubliclibrary.org

Stoughton Area Senior Center **608-873-8585**
Hours: M-F 8am – 4:30pm
248 W. Main St, Stoughton, WI • stoughtonseniorcenter.com

COMMUNITY PROGRAMS

Stoughton Resettlement Assistance Program (SRAP) **608-361-8919**
Assisting refugees from around the world to resettle in South Central Wisconsin; promoting stability and opportunity to build a new life
<https://stoughtonresettlement.org>

CRISIS INTERVENTION / MENTAL HEALTH / COUNSELING

988 Suicide & Crisis Lifeline Call **988**
Free, confidential, 24/7 support 988lifeline.org

Crisis Text Line Text **HOME** to **741741**
Free, 24/7 support crisistextline.org

DAIS (Domestic Abuse Intervention Services) **608-251-4445**
2102 Fordem Ave, Madison, WI • abuseintervention.org

Journey Mental Health Center (24hr crisis) **608-280-2600**
25 Kessel Court, Madison, WI (new client) **608-280-2720**

Rape Crisis Center (24hr help line) **608-251-7273**
thercc.org (Spanish speakers) **608-258-2567**

Oceanhawk Counseling Alternatives **608-873-7838**
3185 Deer Point Dr, Suite A, Stoughton, WI

HEALTH / MEDICAL CARE

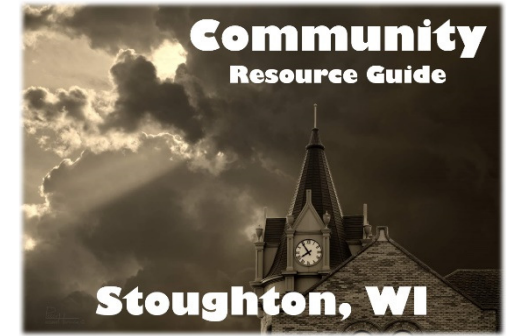
Neighborhood Free Health Clinic (NFHC) **608-205-0505**
Free primary medical care and PT services for uninsured and underinsured adults. Counseling services are available. Pediatric dental screening ages 1-8. Health hygiene pantry is available to all patients.
1520 Vernon St, Stoughton, WI • neighborhoodfreehealthclinic.org
(Rebecca Walke) coordinator@neighborhoodfreehealthclinic.com

Stoughton Health **608-873-6611**
900 Ridge St, Stoughton, WI • stoughtonhealth.com

Community Health and Wellness Center **608-873-2332**
Foot care clinic, health screenings, and classes.
3162 County Road B, Stoughton, WI • stoughtonhealth.com/chwc/

WIC (Women Infants Children) – Madison **608-267-1111**

UPDATED: 3/1/2024



GENERAL ASSISTANCE

Stoughton Area Resource Team (START) **608-577-5650**
START links Stoughton Area School District residents under the age of 55 with community resources and provides support in housing and access to all areas of basic needs
135 W Main St, Suite 102, Stoughton • startstoughton.org
(Laura Braund) lbraund@startstoughton.org

Dane County Department of Human Services Joining Forces for Families (JFF) **608-873-2180**
Problem solving, advocacy, resource, and referral services
343 E Main St, Stoughton • harter.sandy@countyofdane.com

2-1-1 (United Way Helpline) **211**
(cell phone) **246-HELP**
Provides connection to food, housing, employment, health care and more

Stoughton Area Senior Center **608-873-8585**
Provides senior outreach services for city of Stoughton residents age 55+
248 W. Main St, Stoughton, WI

Dane County Job Center / Capital Consortium **608-405-4400**
Connection to employment and financial assistance, FoodShare, health insurance, child care, medical

Stoughton Police Department **608-873-3374**
For after hour or weekend emergencies
321 S. 4th St, No.1, Stoughton, WI

FOOD AND SUPPLIES

City of Stoughton Food Pantry **608-873-8103**

Hours: Mon-Wed: 10am – 2pm
Thur: 10am-2pm & 4pm-6pm, Fri: closed
First Sat of the month: 9am-11am
Call for appointment
520 S. 4th St, Stoughton, WI • stoughtonfoodpantry.org

Personal Essentials Pantry (PEP) **608-982-7174**

Hours: 1st & 3rd Thursday each month 1pm-5pm
Call for appointment - Needed for disbursement
343 E. Main St, Stoughton, WI • pepstoughton.org

United Methodist (SUMC) Food Pantry **608-205-0112**

Hours: Tue 9am-12pm, 4pm-6pm (church) **608-873-3273**
Wed 9am-11am
Call for appointment
525 Lincoln Ave, Stoughton, WI • stoughtonumc10.org

CLOTHING / FURNITURE

St. Vincent De Paul Store **608-873-3655**

Applications available for free clothing & furniture voucher
1509 US Hwy 51, Stoughton, WI • svdpmadison.org

The Clothing Center – Free, gently used clothing

Hours: For current hours, visit stoughtonclothingcenter.com
Or email for appt. contact@stoughtonclothingcenter.com
Covenant Lutheran Church, 1525 N. Van Buren St,
Stoughton, WI (rear entrance)

DENTAL

Familia Dental

Dentistry for kids and adults, walk-ins welcome, payment plans available, emergency appointments available
3003 E. Washington Ave, Madison, WI **608-244-8050**
1260 Milton Ave, #140, Janesville, WI **608-757-0057**
famiadiadental.com

Dental Hygiene Clinic at MATC **608-258-2400**

TRANSPORTATION

Volunteer Ride Programs **608-873-6112**

- **Affordable Transportation Program** - Provides transportation services to Stoughton area residents in need to the two local food pantries and to/from Madison for significant appointments • atpstoughton.org
- **Vets helping Vets** - Medical rides for Veterans to the VA Hospital

Hours: M-F call between 9am and 4pm
48hr notice recommended

RSVP Driver Service (direct request line) **608-205-9422**

Medical rides outside the city of Stoughton for people over the age of 60, coordinated by Stoughton Senior Center

Stoughton Transit/Taxi **608-873-7233**

SHOWER / LAUNDRY

Road Ranger - Paid shower **815-580-4842**

2762 County Hwy N, Cottage Grove, WI

Viking Laundry **608-609-6433**

\$1.00 wash every Wednesday 8am-8pm (select washers only)
1425 E. Main St, Stoughton, WI

SERVICES FOR VETERANS

Veteran's Affairs (housing support) **608-280-2095** (general / hospital) **608-256-1901**

2500 Overlook Terrace, Madison, WI • va.gov/madison-health-care/

Supportive Services for Veterans Families **608-237-1255**

SSVF offers services to veteran households with limited incomes, including housing stability and VA / non-VA services that support family well-being
Intake form: cacs.wa.gov/intake/

CHILDREN'S SERVICES

Early Head Start **608-843-4503**

Home visitation program for pregnant women or families with a child under the age of 3 who meet federal income guidelines

Head Start **608-877-0466**

Free preschool services for families with children age 3-5 who meet federal income guidelines
315 Mandt Parkway, Stoughton, WI • reachdane.org

Public Health Pregnancy Support Program **608-243-0319** **608-235-4078**

Free personal nurse for pregnant women that can give support, advice, information, and resources

Stoughton Area Youth Center **608-877-9980**

Eligibility: 5th grade and up • stoughtonareayouthcenter.org
Hours: 3-6pm (school days)
12-4pm (non-school days & early release)
567 E. Main Street, Stoughton, WI

Eyes of Hope, Stoughton Inc.

Provide young people with after school programs that advance their academic, social and emotional development
eyesofhopestoughtonwi.org/our-programs

UTILITIES

Energy Services, Inc. of Dane County **608-333-0333**

(WI Home Energy Assistance Program - WHEAP)
Help with utility disconnection or past due bill • esiwi.com

PHONE / FAX / PRINTING SERVICES

Safelink Wireless – Free cell phone **800-723-3546**

Phone (free): Stoughton Police Department
Fax (for a fee): McGlynn Pharmacy, Days Inn, The UPS Store, JFF, Stoughton Public Library

Computer and Printing (for a fee):
Stoughton Public Library, Stoughton Hospital, Senior Center, JFF, UPS