

Fredericksburg Elementary School

BREAKFAST MEAL PRICES:


Student Full Price: \$ 1.65
 Student Reduced Price: \$ 0.30
 All Adults \$3.50



LUNCH MEAL PRICES:

Student Full Price: \$ 2.75
 Student Reduced Price: \$ 0.40
 All Adults \$ 4.50

Breakfast and Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 - Week Of: 8/12, 9/2, 9/23, 10/14, 11/4, 12/2				
MINI FRENCH TOAST	SCRAMBLED EGGS W/HAM	KOLACHE	YOGURT PARFAIT OATMEAL MUFFIN SQUARE	BEAN & CHEESE BREAKFAST TACO
CHICKEN NUGGETS OR CHICKEN DRUMSTICK	HAMBURGER/CHEESEBURGER OR CRISPY CHICKEN BURGER	CHEESE BITES W/MARINARA OR MAC & CHEESY HAM BAKE	CRISPY BEEF TACO OR CHEESE QUESADILLA	PEPPERONI/CHEESE PIZZA OR PIZZA CRUNCHERS
MASHED POTATOES W/GRAVY GREEN BEANS	TATOR TOTS FRESH VEGETABLE MEDLEY	OR CRISPY CHICKEN CHEF SALAD BROCCOLI NORMANDY	REFRIED BEANS SPANISH RICE	OR PB & JELLY SANDWICH BUTTERED CORN
WEEK 2 - Week Of: 8/19, 9/9, 9/30, 10/21, 11/11, 12/9				
MINI PANCAKES	SAUSAGE/EGG/CHEESE BISCUIT	EGG, SAUSAGE, POTATO & CHEESE BREAKFAST TACO	CINNAMON TOAST CRUNCH SOFT CEREAL BAR	APPLE FRUDEL
CRISPY CHICKEN TENDERS OR CHICKEN SPAGHETTI	HAMBURGER/CHEESEBURGER OR CRISPY CHICKEN BURGER	PEPPERONI/CHEESE PIZZA OR BREADED CHEESE STICKS	NACHO GRANDE OR TAMALES HOMEMADE PINTO BEANS	PULLED PORK BBQ SANDWICH OR CORN DOG
WHOLE WHEAT ROLL GLAZED CARROTS	POTATO SMILES FRESH VEGETABLE MEDLEY	OR CHEF SALAD BUTTERED CORN	SPANISH RICE	BAKED BEANS BABY CARROTS
WEEK 3 - Week Of: 8/26, 9/16, 10/7, 10/28, 11/18, 12/16				
PANCAKE/SAUSAGE ON A STICK	CINNAMON ROLL	STRAWBERRY CREAM CHEESE BAGEL	EGGO CINNAMON MINI WAFFLES	SCRAMBLED EGGS W/CHEESE & HAM
CRISPY POPCORN CHICKEN OR ZESTY ORANGE CHICKEN	TURKEY & CHEESE SUB OR PB & JELLY SANDWICH	 PIZZA HUT PIZZA	BEEF & CHEESE BURRITO OR CHICKEN FAJITA SOFT TACO	BREADED BEEF STRIPS OR CRUNCHY FISH STICKS
CONFETTI RICE STEAMED BROCCOLI	TATOR TOTS FRESH VEGETABLE MEDLEY	OR CHICKEN ALFREDO BUTTERED CORN	HOMEMADE PINTO BEANS SPANISH RICE	MACARONI & CHEESE PEAS & CARROTS

BREAKFAST

CEREAL W/TOAST OR MUFFIN IS OFFERED DAILY OR STUDENTS MAY CHOOSE THE DAILY SELECTION.

MILK, JUICE AND AN ASSORTMENT OF FRESH AND PREPARED FRUITS OFFERED DAILY.

STUDENTS MUST TAKE AT LEAST 1 SERVING (1/2 CUP) OF FRUIT OR FRUIT JUICE AND 2 OTHER ITEMS. STUDENTS MAY TAKE 2 FRUITS OR 1 FRUIT AND 1 FRUIT JUICE AT NO EXTRA CHARGE.

**MENU SUBJECT TO CHANGE
 WITHOUT NOTICE DUE TO AVAILABILITY**

LUNCH

DAILY CHOICES INCLUDE ALL 5 COMPONENTS: FRUITS, VEGETABLES, PROTEIN, GRAINS (ALL GRAINS ARE WHOLE GRAIN) AND MILK (FAT FREE OR 1%). AN ASSORTMENT OF FRESH AND PREPARED FRUITS OFFERED DAILY.

STUDENTS MUST TAKE AT LEAST 1/2 CUP OF A FRUIT OR VEGETABLE AND 2 OTHER COMPONENTS. STUDENTS MAY TAKE 2 FRUIT OR 2 OR 3 VEGETABLES AT NO EXTRA CHARGE.

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