

PUSD Middle School Lunch Menu 2024-2025

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
August 19-23 September 9-13	Chicken Strips/ WGR Roll	Beef Taco	Orange Chicken/ Brown Rice/ WGR Crispy Noodles	Pasta with Meat Sauce/Bread Stick	Yogurt Parfait
	Pizza Cheese Pizza Pepperoni	Pizza Cheese Pizza Pepperoni	Pizza Cheese Pizza Pepperoni	Pizza Cheese Pizza Pepperoni	Pizza Cheese Pizza Pepperoni
	Fries Carrot Sticks	Sweet Corn Pinto Beans Pico De Gallo	Steamed Broccoli Cucumber	Vegetable Medley Jicama Sticks/Tajin	Side Salad Carrot Sticks
	Canned fruit Fresh Fruit in Season	Canned fruit Fresh Fruit in Season	Canned fruit Fresh Fruit in Season	Canned fruit Fresh Fruit in Season	Canned fruit Fresh Fruit in Season
	NF Chocolate Milk LF 1% White Milk	NF Chocolate Milk LF 1% White Milk	NF Chocolate Milk LF 1% White Milk	NF Chocolate Milk LF 1% White Milk	NF Chocolate Milk LF 1% White Milk
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
August 26-30 September 16-20	Baked Chicken Leg/Roll	Pupusa	Teriyaki Chicken/Brown Rice	Macaroni & Cheese/CheeZ It	Yogurt Parfait
	Hamburger/Cheeseburger	Hamburger/Cheeseburger	Hamburger/Cheeseburger	Hamburger/Cheeseburger	Hamburger/Cheeseburger
	Fries Carrot Sticks	Sweet Corn Refried Beans Pico De Gallo	Steamed Broccoli Cucumber Sticks	Vegetable Medley Jicama Sticks/Tajin	Celery Sticks Carrot Sticks
	Canned Fruit Fresh fruit in Season	Canned Fruit Fresh fruit in Season	Canned Fruit Fresh fruit in Season	Canned Fruit Fresh fruit in Season	Canned Fruit Fresh fruit in Season
	NF Chocolate Milk LF 1% White Milk	NF Chocolate Milk LF 1% White Milk	NF Chocolate Milk LF 1% White Milk	NF Chocolate Milk LF 1% White Milk	NF Chocolate Milk LF 1% White Milk
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
September 2-6 September 23-27	Chicken Wings/CheeZ Its Chicken/Spicy Chicken Sand	Walking Taco Chicken/Spicy Chicken Sand	Orange Chicken/ Brown Rice/ WW Crispy Noodles Chicken/Spicy Chicken Sand	Hot Italian Sandwich Chicken/Spicy Chicken Sand	Yogurt Parfait Chicken/Spicy Chicken Sand
	Fries Carrot Sticks	Pinto Beans Pico De Gallo	Steamed Broccoli Cucumbers	Vegetable Medley Jicama Sticks/Tajin	Side Salad Carrot Sticks
	Canned Fruit Fresh Fruit in Season	Canned Fruit Fresh Fruit in Season	Canned Fruit Fresh Fruit in Season	Canned Fruit Fresh Fruit in Season	Canned Fruit Fresh Fruit in Season
	NF Chocolate Milk LF 1% White Milk	NF Chocolate Milk LF 1% White Milk	NF Chocolate Milk LF 1% White Milk	NF Chocolate Milk LF 1% White Milk	NF Chocolate Milk LF 1% White Milk

Visit www.pUSD.us for monthly menus. For additional information or inquiries, please contact PUSD Food and Nutrition Services (626) 396-5852

*Menus are subject to change.

*PUSD menus are nut sensitive.

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