



May 2025 VISTAS Breakfast Menu

May



MONDAY

TUESDAY

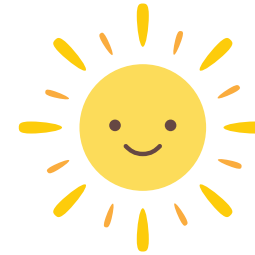
WEDNESDAY

THURSDAY

FRIDAY

Breakfast Prices
Paid: \$1.50
Reduced: \$0.00
Free: \$0.00
Adult: \$3.30

Variety of milk options available daily.



1
Sausage & Cheese Kolache
Soft Cereal Bar
Yogurt Parfait
Cereal
Fudge Poptarts
 Toast
 Seasonal Fruit & Juice
 Milk

2
Homemade Cinnamon Roll
Chocolate Crescent Cereal
Donuts
 Toast
 Seasonal Fruit & Juice
 Milk

5
Chicken Biscuit
Fruit Loop Waffle
Cereal
Donuts
 Toast
 Seasonal Fruit & Juice
 Milk

6
Sausage Kolache
Overnight Oats
Cereal
Strawberry Poptarts
 Toast
 Seasonal Fruit & Juice
 Milk

7
Breakfast Bowl
Mini Bagels
Cereal
Donuts
 Toast
 Seasonal Fruit & Juice
 Milk

8
Sausage & Cheese Kolache
Chocolate Crescent
Yogurt Parfait
Cereal
Fudge Poptarts
 Toast
 Seasonal Fruit & Juice
 Milk

9
Cinnamon Roll
Pancake Bites
Cereal
Donuts
 Toast
 Seasonal Fruit & Juice
 Milk

12
Chicken Biscuit
Fruit Loop Waffle
Cereal
Donuts
 Toast
 Seasonal Fruit & Juice
 Milk

13
Sausage Kolache
Muffin
Cereal
Strawberry Poptarts
 Toast
 Seasonal Fruit & Juice
 Milk

14
Breakfast Taco
French Toast
Cereal
Donuts
 Toast
 Seasonal Fruit & Juice
 Milk

15
Sausage & Cheese Kolache
Soft Cereal Bar
Yogurt Parfait
Cereal
Fudge Poptarts
 Toast
 Seasonal Fruit & Juice
 Milk

16
Homemade Cinnamon Roll
Chocolate Crescent Cereal
Chocolate Donuts
 Toast
 Seasonal Fruit & Juice
 Milk

19
Chicken Biscuit
Fruit Loop Waffle
Cereal
Donuts
 Toast
 Seasonal Fruit & Juice
 Milk

20
Sausage Kolache
Overnight Oats
Cereal
Strawberry Poptarts
 Toast
 Seasonal Fruit & Juice
 Milk

21
Breakfast Bowl
Mini Bagels
Cereal
Donuts
 Toast
 Seasonal Fruit & Juice
 Milk

22
Sausage & Cheese Kolache
Chocolate Crescent
Yogurt Parfait
Cereal
Fudge Poptarts
 Toast
 Seasonal Fruit & Juice
 Milk

23
Cinnamon Roll
Pancake Bites
Cereal
Donuts
 Toast
 Seasonal Fruit & Juice
 Milk



27
Sausage Kolache
Muffin
Cereal
Strawberry Poptarts
 Toast
 Seasonal Fruit & Juice
 Milk

28
Breakfast Taco
French Toast
Cereal
Donuts
 Toast
 Seasonal Fruit & Juice
 Milk

29
Sausage & Cheese Kolache
Soft Cereal Bar
Yogurt Parfait
Cereal
Fudge Poptarts
 Toast
 Seasonal Fruit & Juice
 Milk

30
Homemade Cinnamon Roll
Chocolate Crescent Cereal
Chocolate Donuts
 Toast
 Seasonal Fruit & Juice
 Milk

Promotions:
May 9th: Enjoy a **STAAR** cookie for our **STAAR** students who eat a school lunch!

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: Program.Intake@usda.gov This institution is an equal opportunity provider.

Menu subject to change



May 2025 KAEC/TRC Breakfast Menu

May



Promotions:
May 9th: Enjoy a **STAAR**
cookie for our **STAAR**
students who eat a school
lunch!

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MONDAY

TUESDAY

WEDNESDAY

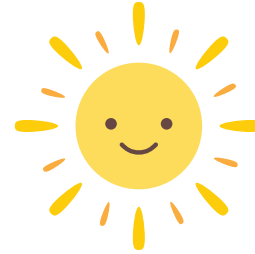
THURSDAY

FRIDAY

Breakfast Prices

Paid: \$1.50
Reduced: \$0.00
Free: \$0.00
Adult: \$3.30

*Variety of milk
options
available daily.*



1
Sausage & Cheese Kolache
Soft Cereal Bar
Cereal
Toast
Seasonal Fruit & Juice
Milk

2
Homemade Cinnamon
Roll
Chocolate Crescent
Cereal
Toast
Seasonal Fruit & Juice
Milk

5
Chicken Biscuit
Fruit Loop Waffle
Cereal
Toast
Seasonal Fruit & Juice
Milk

6
Sausage Kolache
Overnight Oats
Cereal
Toast
Seasonal Fruit & Juice
Milk

7
Breakfast Bowl
Monkey Bread
Cereal
Toast
Seasonal Fruit & Juice
Milk

8
Sausage & Cheese Kolache
Mini Bagel
Cereal
Toast
Seasonal Fruit & Juice
Milk

9
Cinnamon Roll
Pancake Bites
Cereal
Toast
Seasonal Fruit & Juice
Milk

12
Chicken Biscuit
Fruit Loop Waffle
Cereal
Toast
Seasonal Fruit & Juice
Milk

13
Sausage Kolache
Muffin
Cereal
Toast
Seasonal Fruit & Juice
Milk

14
Breakfast Taco
French Toast
Cereal
Toast
Seasonal Fruit & Juice
Milk

15
Sausage & Cheese Kolache
Soft Cereal Bar
Cereal
Toast
Seasonal Fruit & Juice
Milk

16
Homemade Cinnamon
Roll
Chocolate Crescent
Cereal
Toast
Seasonal Fruit & Juice
Milk

19
Chicken Biscuit
Fruit Loop Waffle
Cereal
Toast
Seasonal Fruit & Juice
Milk

20
Sausage Kolache
Overnight Oats
Cereal
Toast
Seasonal Fruit & Juice
Milk

21
Breakfast Bowl
Monkey Bread
Cereal
Toast
Seasonal Fruit & Juice
Milk

22
Sausage & Cheese Kolache
Mini Bagel
Cereal
Toast
Seasonal Fruit & Juice
Milk

23
Cinnamon Roll
Pancake Bites
Cereal
Toast
Seasonal Fruit & Juice
Milk



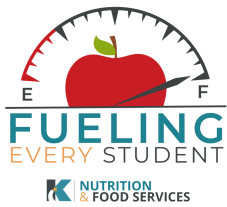
27
Sausage Kolache
Muffin
Cereal
Toast
Seasonal Fruit & Juice
Milk

28
Breakfast Taco
French Toast
Cereal
Toast
Seasonal Fruit & Juice
Milk

29
Sausage & Cheese Kolache
Soft Cereal Bar
Cereal
Toast
Seasonal Fruit & Juice
Milk

30
Homemade Cinnamon
Roll
Chocolate Crescent
Cereal
Toast
Seasonal Fruit & Juice
Milk

Menu subject to change

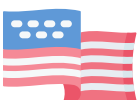


May 2025 KAEC/TRC/VISTAS Lunch Menu



Promotions:
May 9th: Enjoy a **STAAR** cookie for our **STAAR** students who eat a school lunch!

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch Prices: Paid: \$2.50 Reduced: \$0.40 Free: \$0.00 Adult: \$5.00	Variety of Milk <i>options available daily.</i> (v) = vegetarian	Turkey & Cheese offered <i>daily</i>	1 Chicken Nuggets & Roll Mac & Cheese & Roll (v) Cobb Salad Baked Beans Fresh Veggie Line Seasonal Fruit Milk	2 Spicy Chicken Sandwich Fish Sandwich Grilled Cheese (v) Chicken Nugget Salad Curly Fries Fresh Veggie Line Seasonal Fruit Milk
5 Taco Crisp Up Bosco Sticks (v) Crispy Chicken Caesar Salad Steamed Broccoli Fresh Veggie Line Seasonal Fruit Milk	6 Nacho Grande Cheesy Nachos (v) Pork Roja Tamales Southwestern Salad Spanish Rice (HS) Refried Beans Fresh Veggie Line Seasonal Fruit Milk	7 Pepperoni Pizza Cheese Pizza (v) Potstickers & Sauce Chef Salad Garlic Bacon Green Beans Fresh Veggie Line Seasonal Fruit Milk	8 Chicken Nuggets & Roll Rebellious Chick'n Sandwich (v) Cobb Salad Mashed Potatoes Fresh Veggie Line Seasonal Fruit Milk	9 Cheeseburger/Hamburger Fish Sandwich Chicken Nugget Salad Curly Fries STAAR Cookie Fresh Veggie Line Seasonal Fruit Milk
12 Orange Chicken & Rice Bosco Sticks (v) Crispy Chicken Caesar Salad Steamed Broccoli Fresh Veggie Line Seasonal Fruit Milk	13 Nacho Grande Cheesy Nachos (v) Cheeseburger/Hamburger Southwestern Salad Spanish Rice (HS) Corn Fresh Veggie Line Seasonal Fruit Milk	14 Pepperoni Pizza Cheese Pizza (v) Lasagna & Breadstick Chef Salad Broccoli Fresh Veggie Line Seasonal Fruit Milk	15 Chicken Nuggets & Roll Green Chile & Cheese Tamale (v) Cobb Salad Baked Beans Fresh Veggie Line Seasonal Fruit Milk	16 Spicy Chicken Sandwich Fish Sandwich Grilled Cheese (v) Chicken Nugget Salad Curly Fries Fresh Veggie Line Seasonal Fruit Milk
19 Chicken Egg Rolls Bosco Sticks (v) Crispy Chicken Caesar Salad Steamed Broccoli Fresh Veggie Line Seasonal Fruit Milk	20 Nacho Grande Cheesy Nachos (v) BBQ Pulled Pork Sandwich Southwestern Salad Spanish Rice (HS) Elote Fresh Veggie Line Seasonal Fruit Milk	21 Pepperoni Pizza Cheese Pizza (v) Breaded Chicken Sandwich Chef Salad Steamed Broccoli Fresh Veggie Line Seasonal Fruit Milk	22 Chicken Nuggets & Roll Rebellious Chick'n Sandwich (v) Cobb Salad Baked Beans Fresh Veggie Line Seasonal Fruit Milk	23 Cheeseburger/Hamburger Fish Sandwich Chicken Nugget Salad Sweet Potato Fries Fresh Veggie Line Seasonal Fruit Milk
26  HAPPY MEMORIAL DAY	27 Nacho Grande Cheesy Nachos (v) French Bread Pizza (v) Southwestern Salad Spanish Rice (HS) Corn Broccoli Seasonal Fruit Milk	28 Pepperoni Pizza Cheese Pizza (v) Bacon Cheeseburger Broccoli Baby Carrots Seasonal Fruit Milk	29 Chicken Nuggets & Roll Mac & Cheese & Roll (v) Baked Beans Corn Fresh Veggie Line Seasonal Fruit Milk	30 Spicy Chicken Sandwich Fish Sandwich Grilled Cheese (v) Crinkle Fries Broccoli Seasonal Fruit Milk

Menu subject to change