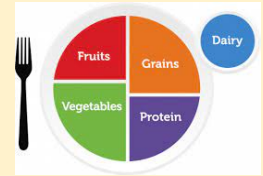


NOHS Menu: August 2024



Meal Costs:
Breakfast: Free

Lunch
 Free/Reduced: Free
 Full Price: \$2.75

A la Carte items are charged at full price and students must have cash or funds on account to purchase.

MENU IS SUBJECT TO CHANGE



Ashley Sprinkle
Food Service
Director
717-624-2157
Ext. 1015

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Freshman Orientation</p> <p>Breaded Chicken Sandwich, steamed broccoli, applesauce, ice cream treat</p> <p>Alternate: PB & J Uncrustable</p>				
<p>19 Hot Dog in a Bun, Baked beans, diced pears</p> <p>Grill: Cheeseburger or 4 Meat Pizza</p> <p>Salad Bar</p>	<p>20 Meatball Sub, Tater Tots, diced peaches</p> <p>Grill: Hot Ham & Cheese or Personal Pan Pizza</p> <p>Salad Bar</p>	<p>21 Mac & Cheese, little smokies, stewed tomatoes, strawberry cup</p> <p>Grill: Corn Dog or Maxx Cheesy Breadsticks</p> <p>Salad Bar</p>	<p>22 Breaded Chicken Sandwich, steamed green beans, mixed fruit</p> <p>Grill: Grilled Cheese or Pepperoni Pizza</p> <p>Salad Bar</p>	<p>23 French Bread Pizza, steamed california blend, blueberries</p> <p>Grill: Spicy Chicken Sandwich or Mozzarella Sticks</p> <p>Salad Bar</p>
<p>26 Baked Chicken Poppers, WG graham crackers, steamed broccoli, applesauce</p> <p>Grill: Cheeseburger or 4 Meat Pizza</p> <p>Salad Bar</p>	<p>27 Walking Beef Taco with salsa & cheese, refried beans, peach cup</p> <p>Grill: Hot Ham & Cheese or Personal Pan Pizza</p> <p>Salad Bar</p>	<p>28 Baked Fish Sticks, Soft Pretzel rod, steamed corn, mandarin oranges</p> <p>Grill: Corn Dog or Maxx Cheesy Breadsticks</p> <p>Salad Bar</p>	<p>29 French Toast Sticks, Sausage, Hash Browns, Baked Apples</p> <p>Grill: Grilled Cheese or Pepperoni Pizza</p> <p>Salad Bar</p>	<p>30 Cheese Pizza, steamed carrots, pineapple tidbits</p> <p>Grill: Spicy Chicken Sandwich or Mozzarella Sticks</p> <p>Salad Bar</p>

A La Carte:

A selection of hot or deli sandwiches, pizza, cheesy breadsticks, PB&J, snacks, granola bars, yogurt, cookies, and more! Drinks include milk, water, sparkling water, Gatorade, tea, or juice.

Salad Bar:

A build your own bar complete with a field of mixed greens with a variety of fresh toppings and dressings. Students can pair their salad with a fruit, protein, or grain option to complete their meal.

Pasta or Taco Bar:

Pasta Bar includes whole grain pasta, a choice of protein, sauce, and a variety of toppings. Taco Bar includes a whole grain tortilla shell or nacho chips with a choice of protein, and a variety of toppings. Students can pair their meal with fruit or milk options to complete their meal.