

MEMO

From: Shacana Watkins, Area General Manager (shacana.watkins@sodexo.com)
 Tanesha Wesley, Senior Food Service Supervisor, North Campus, tanesha.wesley@sodexo.com
 Yessica Ramirez Monroy, Food Service Supervisor, South Campus, yessica.ramirezmonroy@sodexo.com

To: L.T.H.S. South Campus Program Students

Date: 8/2024 – 6/2025

Subject: Meal Pattern – L.T.H.S. South Campus (Renovation Year)

BREAKFAST PROGRAM OPTIONS:

Select 1 Breakfast Entrée Choice:

Yogurt Parfait (L/F vanilla yogurt, fruit & nut free granola)	Assorted Donuts	Assorted 4 oz Otis Spunkmeyer Muffins
Variety of Cold Cereal	Apples & Peanut Butter Cup	Granola Bar & Apple
Grapes & Cheese Cup (seasonal)		

All new items added during the school year will be designated on the countertop menu signs “Available for Breakfast Program Students”.

Select 1 Milk Choice:

½ Pint of 1% White, Skim Chocolate or Skim White Milk

LUNCH PROGRAM OPTIONS:

Select 1 Lunch Entrée Choice:

Pizza, Cheese only	Beef Hamburger or Cheeseburger	*State Fair Corn Dog
*Beef Hot Dog	*Low Fat Fiesta Beef Nachos	*BBQ Rib Sandwich
Pre-packaged Turkey, Ham or PBJ Sandwich on Bread (Does not include “Simply to Go” or Deli sandwiches)		
Wholegrain Breaded Chicken Patty Sandwich	Yogurt Parfait	

(Items with asterisk (*) rotate on our monthly menu. Please see menu for availability.)

All new items added during the school year will be designated on the countertop menu signs “Available for Lunch Program Students”.

Select 1 Side Choice:

Pre-Pack Garden Side Salad (does not include side Caesar Salad)	Applesauce Cup	Gelatin Cup
Tropical, Peach, Pear or Mixed Fruit Cup		Fresh Whole Fruit

Select 1 Milk Choice:

½ Pint of 1% White, Skim Chocolate or Skim White Milk

All breakfast and lunch program students must swipe their ID cards. Once the card is read by the system, your account will automatically come up as a Breakfast / Lunch Program participant so your status will remain anonymous. Students on the program are allowed 1 free breakfast and 1 free lunch per day. **Please remember, you must take all your choices (entrée, side & milk) in one transaction as the system won’t allow multiple transactions.** At this time, we are not allowing for any substitutions to the items listed above. If you have special dietary needs, please contact South Campus Supervisor at yessica.ramirezmonroy@sodexo.com or by phone: 708-579-6544. Yessica is available 7am to 3pm to address any questions or concerns you may have.

Note: We provide arrangements for dietary restrictions, however, medical documentation by a licensed physician must be provided to the Nurses’ Office. Please see your cafeteria manager.