



2024

SEPTEMBER

Greenwood Lake UFSD



Breakfast and Lunch are free as part of the Community Eligibility Program.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> <p><u>Breakfast: Bagels</u></p> <p>Labor Day District Closed</p>	<p>3</p> <p><u>Breakfast: Waffles</u></p> <p>Build a Burger Lettuce, Tomato, Cheese French Fries Low Fat Milk</p>	<p>4</p> <p><u>Breakfast: Honey Bun</u></p> <p>Pancakes Sausage Hashbrown Cinnamon Applesauce Low Fat Milk</p>	<p>5</p> <p><u>Breakfast: Egg & Cheese Sand.</u></p> <p>Chicken Nuggets Tater Tots Sweet Corn Low Fat Milk</p>	<p>6</p> <p><u>Breakfast: Pancakes</u></p> <p>Pizza with Assorted Toppings Fresh Garden Salad Low Fat Milk</p>
<p>9</p> <p>Boneless Buffalo Wings French Fries Carrot Sticks Low Fat milk</p>	<p>10</p> <p>Taco Tuesday Seasoned Taco Meat, Rice, Black Beans Low Fat Milk</p>	<p>11</p> <p>KFC Bowl Chicken Tenders Mashed Potatoes & Gravy Sweet Corn Low Fat Milk</p>	<p>12</p> <p>Meatball Sub French Fries Steamed Carrots Low Fat Milk</p>	<p>13</p> <p>Pizza with Assorted Toppings Fresh Garden Salad Low Fat Milk</p>
<p>16</p> <p>Pasta with Sauce Steamed Broccoli Garden Salad Low Fat Milk</p>	<p>17</p> <p>Taco Pizza Bites Tater Tots Black Bean & Corn Salad Low Fat Milk</p>	<p>18</p> <p>Pulled Pork Sandwich Cole Slaw Potato Wedges Low Fat Milk</p>	<p>19</p> <p>Triple Play Chicken Fingers Mozzarella Sticks Breadstick Marinara Sauce Low Fat Milk</p>	<p>20</p> <p>Pizza with Assorted Toppings Fresh Garden Salad Low Fat Milk</p>
<p>23</p> <p>BBQ Meatballs Mac n Cheese Green Beans Low Fat Milk</p>	<p>24</p> <p>Buffalo Chicken Melt French Fries Baby Carrots/Ranch Dressing Low Fat Milk</p>	<p>25</p> <p>Grilled Cheese Tater Tots Chicken soup Low Fat Milk</p>	<p>26</p> <p>Orange Chicken Mixed Vegetables Steamed Rice Low Fat Milk</p>	<p>27</p> <p>Pizza with Assorted Toppings Fresh Garden Salad Low Fat Milk</p>
<p>30</p> <p>Crispy Chicken Sandwich Lettuce & Tomato French Fries Low Fat Milk</p>	<p><u>Breakfast Includes:</u> 100% Fruit Juice, Fresh Fruit & Low-Fat Milk Choices</p> <p><u>Everyday Choices:</u> Cereal, muffins, yogurt</p>		<p><u>Lunch Includes:</u> Vegetable, Fresh and Cupped Fruit, Low-Fat Milk Choices</p> <p><u>Everyday Lunch Choices:</u> Ham, Ham & Cheese, Turkey, Turkey & Cheese, Salami, Cheese, PB&J, Tuna, and Egg Salad</p> <p><u>Middle School Salad Bar: Includes lettuce, carrots, tomatoes & cucumbers.</u></p>	

