

# LBJ VOLLEYBALL INFO - FALL 2024

## **Required Paperwork for Tryouts:**

These forms **MUST** be turned in to Ms. Rothfuss in room F-1 (Interim Athletic Director) or Coach Newton in room L-22 (A-Team Coach) **BEFORE** a student is allowed to participate in tryouts. (You do not need these forms to attend Open Gym.)

1. APS Physical Exam Form – filled out and signed by a doctor
2. NMAA Concussion in Sports Form (included at the end of the APS physical form)
3. “Concussion for Students” Course Completion Certificate – see instructions below
4. Spring 2024 Semester Grades (6th graders do not need grades)

The APS Physical Exam and Concussion forms can be found here: [APS Athletic Forms](#). You can also pick up the forms from Ms. Rothfuss. Take the form with you to your health care provider for a physical. Physicals are good for one year and can be used for multiple sports.

## **Concussion for Students Course:**

STEP 1 - [Concussion For Students website](#)

STEP 2 - Choose “New Mexico” on the “Select Your State” pulldown then click “Start Learning”

STEP 3 - Click “Register” to create an account (use student’s name when registering)

STEP 4 - Click “Checkout” to complete your order (the course is free)

STEP 5 - Complete the course and print the completion certificate to turn in to Ms. Rothfuss.

Email Coach Newton (newton\_a@aps.edu) the certificate if you do not have access to a printer and need her to print it for you.

## **Open Gym and Tryout Schedule:**

### **Open Gym – 3:00 to 4:15 – Anderson Gym**

- Tuesday, August 13
- Wednesday, August 14
- Thursday, August 15

### **Tryouts – 3:00 to 4:30 – Anderson Gym**

- Monday, August 19
- Tuesday, August 20

### **First Practice – 3:00 to 4:30 – Anderson Gym**

- Wednesday, August 21

### **First Match – B-Team 5:30 / A-Team 6:30 – LBJ Anderson Gym**

- Wednesday, September 4