



## **PISD Elementary COMPREHENSIVE SCHOOL COUNSELING PROGRAM**

### **Lowe Elementary**

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### **Foundation**

Comprehensive School Counseling Program (CSCP) Mission Statement

**The mission of Lowe Elementary School's Counseling Program is to help students create an anchor for life by connecting them, as well as parents, schools and the community with the tools and resources for academic readiness, social and emotional success.**

### **Program Definition**

Below are the defining elements of our CSCP:

#### **Delivery**

Princeton ISD Counselors lead on delivering the school counseling program along with the principal, assistant principal, teachers, paraprofessionals, guest speakers and parents. This is collaboratively done for the success of the school counseling program.

#### **Competencies**

Student Competency: Students have a positive self-concept

- Become aware of their personal traits
- Become aware of the importance of liking themselves

Student Competency: Students utilize effective executive functioning skills

- Become aware of the need to use time effectively
- Describe the steps in a goal – setting process

Student Competency: Students behave appropriately to the situation and environment

- Behave appropriately in various school settings
- Be able to follow rules and directions and complete tasks

Student Competency: Students incorporate wellness practices into daily living

- Describe feelings related to stress
- Identify healthy activities to do when alone

Student Competency: Students demonstrate resilience and positive coping skills

- Identify changes that have occurred in themselves
- Find strategies for feeling secure in a new class or school

#### **Clients**

On Princeton ISD Elementary School Campuses students are the primary focus. However, other clients that are served are parents and staff members.

### **Organizational Elements-**

Princeton ISD Elementary Counselors focus on scheduling and planning prior to school starting. They track their time in the following program components: Guidance Curriculum, Individual Planning, Responsive Services and System Support. Princeton ISD counselors, teachers, parents and principals collaborate together to help create a fluid calendar.

## **Program Rationale**

Below are the 6 statements that make up the rationale for our CSCP:

1. The comprehensive counseling program is an integral component of the school's academic mission. The comprehensive school counseling program, driven by student data, is based on standards in academic, career, and personal/social development, which promote and enhance the learning process for all students.
2. The school counseling program ensures equity and access to a comprehensive counseling program which is based on the TEA standards in academic, career, and personal/social development.
3. The comprehensive school counseling program is data-driven and provided by a state-credentialed school counselor who systematically delivers instruction to all students.
4. The rationale for the comprehensive counseling program can be determined by reviewing data, including but not limited to, needs assessment by staff, teachers, parents and students, behavior referrals, academic performance, and attendance.
5. Goals for the school counseling program include academic success, safety, acceptance, equity, empowerment, personal growth, and respect.
6. Current theories and professional trends of our school counseling program include Solution-Focused Brief Counseling, Play-Therapy, and Cognitive Behavior counseling, and other appropriate methods for school counselors.

**Program Assumptions** – see completed checklists in Texas Model Guide on page 56

## **Program Goals (highlighted) & Process**

**Needs Assessment Results:** Improve Student Behavior, Assess personal growth, Assess social and emotional success, Assess campus culture, Assess Program Balance using Time Tracking, Assess further supports needed for future tracking.

We reviewed the following data points:

- Behavior incidents (Infinite Campus)
- SSSP reports/Bullying reports
- Student Climate Survey

We following patterns will be evaluated in our data:

- Incident types (decrease or increase in)

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- Incidents by grade level
- Incidents by semester
- incidents of SSSP Threat Assessment Reports
- Frequency of Office Referrals
- Climate Survey Results (patterns)
- Frequency of Counseling Support (Whole Group, Individual, Small)
- Special Assemblies (response to)

Advisory council input/insight to be incorporated into CSCP goals:

- We will share 3 CSCP goals at our leadership meeting to elicit revisions/additions
- TBD through discussions of student concerns at RTI meetings, counselor academy, and leadership meetings.

### **Program SMART Goals for the 2024-25 Year**

- By May 2025, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 percent by increasing individual, small, whole group lessons, and providing special assemblies/cermonies focusing on wellness and given open direct communication between staff, students and parents for support and awareness.
- By May 2025, school counselors will work to increase positive student behavior by 15 percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions.
- By May 2025, school counselors will promote emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 20 percent, by incorporating monthly counseling lessons and teacher support.

### **CSCP Design Priorities**

Clients- ranked by importance according to our goals (1 is most important):

1. Students
2. Parents
3. Teachers
4. Administrators
5. Stakeholders

Student Needs- ranked by importance according to our goals (1 is most important):

1. Developmental Needs

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2. Preventive Needs
3. Remedial Needs
4. Crisis Needs

Student Competencies- ranked by importance according to our goals (1 is most important):

1. Interpersonal Effectiveness
2. Intrapersonal Effectiveness
3. Personal Health and Safety
4. Post-Secondary Education and Career Readiness

School Counselor Competencies- ranked by importance according to our goals (1 is most important):

1. Leadership
2. Counseling
3. Guidance
4. Advocacy
5. Professional Behavior
6. Professional Standards
7. Program Management
8. Consultation
9. Coordination
10. Parent Support

Counselor Time/Program Component- ranked by importance according to our goals (1 is most important):

1. Guidance Curriculum 35%
2. Responsive Services 40%
3. System Support 15%
4. Individual Planning 10%

## **Program Design**

### **Guidance Curriculum Services**

1. Strategic Content Area-Intrapersonal Effectiveness

Needs Assessment Findings- discipline referrals, and teacher/community input indicates need for the following topics

Guidance Curriculum Lesson Topic/s-Self-Respect, Anti-bullying, Hygiene, puberty, germs, personal safety/safe touch, drug prevention, College & Career lesson, Smart Goal/Growth Mindset, Safe use of Social Media.

### **Smart Goal/s-**

- By May 2025, school counselors will promote emotional success and academic readiness by increasing the amount of time spent in whole group counseling by twenty percent, by incorporating monthly counseling lessons and teacher support.

### **2. Strategic Content Area- Interpersonal Effectiveness, Anxiety**

**Needs Assessment Findings-** discipline referrals, attendance, and teacher/community input indicates need for the following topics

**Guidance Curriculum Lesson Topic/s-** Respect, Conflict Resolution, Anti-bullying

**SMART Goal/s-**

- By May 2025, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 percent by increasing individual, small, whole group lessons, and special assemblies/cermonie focusing on wellness and creating open direct communication between staff, students and parents for support and awarness.
- By May 2025, school counselors will work to increase positive student behavior by 15 percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions

### **3. Strategic Content Area- Emotional Regulation**

**Needs Assessment Findings-** discipline referrals, climate survey, and teacher/community input indicates need for the following topics

**Guidance Curriculum Lesson Topic/s-** Anti-Bullying, Hygiene, puberty, germs, personal safety/safe touch, drug prevention

**SMART Goal/s-**

- By May 2025, school counselors will work to increase positive student behavior by 15 percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions.
- By May 2025, school counselors will promote emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 20 percent, by incorporating monthly counseling lessons and teacher support.

### **4. Strategic Content Area-Post Secondary Education and Career Readiness**

**Needs Assessment Findings-** discipline referrals, attendance, and teacher/community input indicates need for the following topics

**Guidance Curriculum Lesson Topic/s-** College & Career lesson, Smart Goal/Growth Mindset, Middle School Readiness programs

## **SMART Goal/s-**

- By May 2025, school counselors will increase emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 20 percent, by incorporating monthly counseling lessons and teacher support.

## **Campus Responsive Services**

**We found the following areas of significance in our data points :**

### **(1) Assessment Results from a 23-24 Climate Survey administered to Lower Elementary grades 3-5 - 307 students responded and reported:**

- 41.5% students reported - I like coming to school - Always
- 40.2% students reported - I like come to school - Sometimes
- 47.2% students reported - I feel safe at school - Always
- 30.0% students reported - I feel safe at school - Yes
- 17.6 % students reported - I feel safe at school - often
- 76.2% students reported - I have friends at school - Always
- 11.4% students reported - I have friends at school - Sometimes
- 37.1% students reported - People care about each other in my school - Sometimes
- 36.8% students reported - People care about each other in my school - Always
- 21.2% students reported - People care about each other in my school - Often
- 84.4% students reported - My school wants me to do well - Always
- 9.4% students reported - My school wants me to do well - Often
- 58% students reported - Adults treat student kindly and fairly at this school - Always
- 21.2% students reported - Adults treat students kindly and fairly at this school - Sometimes
- 16.9 % students reported - Adults treat students kindly and fairly at this school - Often
- 84.4% student reported my school has clear rules for how to behave - Always
- 38.1% students reported - I feel like I do well in school - Always
- 35.2% students reported - I feel like I do well in school - Sometimes
- 22.5% students reported - I feel like I do well in school - Often
- 42% students reported - Student treat each other with kindness both in person and online - Sometimes
- 31.3% students reported - Student treat each other with kindness both in person and online - Always

- 23.1% students reported - Student treat each other with kindness both in person and online - Sometimes
- 69.7% students reported - There is an adult at my school who will help me if I need it - Always
- 14.3% students reported - There is an adult at my school who will help me if I need it - Often
- 13% students reported - There is an adult at my school who will help me if I need it - Sometimes
- 37.1 students reported - Good behavior is noticed at my school - Always
- 31.9% students reported - Good behavior is noticed at my school - Sometimes
- 28.3% students reported - Good behavior is noticed at my school - Often
- 52.4% students reported - Students in my class behave so that teachers can teach - Sometimes
- 19.2% students reported - Students in my class behave so that teachers can teach - Often
- 19.5% students reported - Students in my class behave so that teachers can teach - Always
- 8.8% students reported - Students in my class behave so that teachers can teach - Never
- 36.5% students reported - I get along with other students - Always
- 31.6% students reported - I get along with other students - Sometimes
- 28.3% students reported - I get along with other students - Often

(2) In the 23-24 school year, Lowe Elementary School data reflects multiple SSSP meetings on campus being conducted as an intervention for students at risk.

(3 ) In the 23-24 school year, Lowe elementary data Infinite Campus reflect multiple office referrals for disciplinary interventions.

**Advisory council input/insight to be incorporated into CSCP goals:**

- Consider a weekly wellness check in system for students at risk
- Continue positive behavior referral system school-wide.
- Continue Kindness Coupon system for promoting kindness culture.
- Continue to increase the amount of time in Individual, small and whole group lessons that promote social emotional wellness.
- Continue staff and student climate surveys to monitor progress over time.
- Consider tracking specific information regarding school-based mental health counseling visits.
- Continue to offer professional development/assemblies/ceremonies to increase knowledge of social emotional wellness for Staff/Parents.

## Individual Planning Priorities

### *Domain- Personal*

Goal- Identify attributes for achievement and growth  
School Counselor Considerations- Grade level diversification  
Advocacy- Equity for all students

### *Domain- Education*

Goal- Understanding the importance of education  
School Counselor Considerations- Grade level diversification  
Advocacy- Equity for all students

### *Domain- Career*

Goal- Introduction to different options  
School Counselor Considerations- Grade level diversification  
Advocacy- Equity for all students

## System Support Tools

Monthly Calendar- see attached calendar at end of this CSCP.

## Counseling Department Monthly Calendar

This calendar is based on the following guidelines.

### 1. The Texas Model School Counseling Program Guide Components and Content Areas of:

<u>Components</u>	<u>Content Areas</u>
Guidance Curriculum	Interpersonal Effectiveness
Responsive services	Intrapersonal Effectiveness
Individual Planning	Personal Health and Safety
System Support	Post-Secondary Planning and Career Readiness

### 2. The program goals of the Comprehensive School Counseling Program:

#### Counseling Program Goals for the 2024-2025 Year

### 3. Campus Improvement Plan Goals:

Goal 1: At Lowe Elementary, through the comprehensive counseling program Counselors will educate students on conflict resolution and de-escalating tools.



Goal 2: At Lowe Elementary, Counselors will provide Parent Training for prevention and coping of bullying.

Goal 3: At Lowe Elementary, through the character strong program and reward programs we will increase attendance and reinforce positive behaviors.

## CALENDAR

### August

**Content Area-** Introduction to the Counselor & Counseling Program

**CSCP Goals Addressed-**

- By May 2025, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 % by increasing individual, small, whole group lessons, and special assemblies/cermonie focusing on wellness and creating open direct communication between staff, students and parents for support and awariness.
- By May 2025, school counselors will work to increase positive student behavior by 15 % percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions
- By May 2025, school counselors will increase emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 20%, by incorporating monthly counseling lessons and teacher support.

**Domain- Interpersonal, Intrapersonal Effectiveness**

**Guidance Curriculum Lesson Topics (GC)-** Setting counseling program purpose- Using Character Strong Program for grades K-5 with focus on the following character traits: Respect. Honesty, Responsibility, Gratitude, Cooperation, Empathy, Perseverance, Courage to promote healthy social and emotional success for students. Month of August kick off Guidance - Character Strong -Respect;

Tuesday announcements - character strong. Second Step in the classroom - General Education teachers teach once a week - 15 minutes in their general ed setting. Second steps will start the second week of school.

**Major Projects/Events-** Meet the counselor table during Meet the Teacher. Self-Introduction to students through guidance lessons. Positivitee Shirt Day on Thursdays and Character Challenge for announcements. Welcome new students - Lunch Bunch Groups. Initiate Low Leaders program/Bulletin Board. Compliance/safety training for staff. Counselor Bulletin Board. Begin Positivity Tuesday Announcements - focus on character strong traits. Special Events program: YES: Youth Equipped to Success (4th grade). Introduce kindness coupons strategy for building kindness by catching students performing kind deeds. Draw coupons and announce weekly on morning announcements. Introduce Sensory room to students who need sensory breaks throughout the day located in the multi-purpose guidance classroom. Highly Mobile Services - identification and support.

**Individual Planning/ Responsive Services:** Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Watchdog Program. Highly Mobile services.- schedule meetings. Check-in on students that have struggled throughout the previous year early on back to school. Celebration/Awareness days. Support new teachers to campus in the classroom with students struggling socially/emotionally. Offer support for incoming new students to campus - groups/ and or check-ins.

### **September**

**Content Area-** Growth Mindset/Goal Setting

#### **CSCP Goals Addressed-**

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#### **Domain- Interpersonal, Intrapersonal Effectiveness**

**Guidance Curriculum Lesson Topics (GC)-** Guidance - Character Strong - Respect - Tuesday announcements - character strong. Second Step in the classroom - General Education teachers teach once a week - 15 minutes in their general ed setting. (Growth Mindset/Goal Setting)

**Guidance Lesson-** NED's Mindset Kit (K-5); Character Strong Guidance lesson - Respect; Second Step in General Education - once a week on Mondays (15 minutes) - Lesson - Growth Mindset and Goal Setting

**Major Projects/Events:** Positivitee shirt Thursday, Character Challenge on announcements.Character Dares from Character Strong. Climate survey students in grades 3-5.

**Individual Planning/ Responsive Services:** Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Lunch Bunch Groups and Watchdog Program; Highly Mobile services. Provide services in the multi-purpose room for students with sensory needs. BOY of the Year Counseling Advisory Committee. Homecoming/Celebration/awareness days. Peanut Butter Drive.

### October

**Content Area-** Drug Prevention, Personal Safety, kindness, anti-bullying, WHO program

**CSCP Goals Addressed-**

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- By May 2025, school counselors will increase emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 20%, by incorporating monthly counseling lessons and teacher support.

**Domain-** Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety

**Guidance Curriculum Lesson Topics (GC)-** Drug prevention, personal safety, healthy choices, Kids Count and WHO. Positivity Tuesday announcements - character strong. WHO guidance - Strangers & Secrets. Second Step - Emotion Management - in General Education.

**Guidance Lesson-** Character Strong Guidance lesson - Responsibility - Second Step - Emotion Management.

**Major Projects/Events-** Red Ribbon Week activities, Guidance Lesson,Positivitee shirt Thursday, Character Challenge on announcements. Ned assembly. Build activities around campus that center on drug prevention, kindness, anti-bullying themes. Schedule assemblies/Post literature supporting these themes around classroom and distribute to classroom teachers to post in class as well as use activities for students addressing anti-bullying; drug free, kindness.

**Individual Planning/Responsive Services:** Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and

whole group lessons, social skills); LEMUR program, Watchdog Program, Red Ribbon Program and Food drives. Lunch Bunch Groups. Schedule assemblies - NED shoes/advertise yo-yos. Provide services in the multi-purpose room for students with sensory needs breaks in their day. Provide services in the multi-purpose room for students with sensory needs. Celebration/Awareness Days. National Bullying Prevention Month. Launch PALS program(Early October).

## **November**

**Content Area-** Kindness, Respect, National Gratitude Month; Hygiene and personal health.

### **CSCP Goals Addressed-**

- By May 2025, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 % by increasing individual, small, whole group lessons, and special assemblies/cermonie focusing on wellness and creating open direct communication between staff, students and parents for support and awarness.
- By May 2025, school counselors will work to increase positive student behavior by 15 % percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions
- By May 2025, school counselors will increase emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 20%, by incorporating monthly counseling lessons and teacher support.

**Domain-** Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety

**Guidance Curriculum Lesson Topics (GC)-** Gratitude, Kindness; Second Step

**Guidance Lesson:** Character Strong (K-5) - skill Gratitude; Positivity Tuesday announcements - character strong. Second Step - in General Education - Once a week on Mondays - 15 minutes( Emotion Management continued)

**Major Projects/Events-** Guidance Lesson, Canned Food Drive, Angel Tree, Positivitee shirt Thursday, Hygiene Video by Human Relations(4th grade)  
Puberty Video by Human Relations (5th grade)

**Individual Planning/Responsive Services:** Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Watchdog Program, PALS. Lunch Bunch Groups. Positivity Tuesday announcements - character strong. Positivity Tuesday announcements - character strong. Servicing students in multi-purpose room with sensory

needs breaks. Celebration/Awareness Days. National Gratitude Month, World Kindness week in October.

## **December**

**Content Area-** Character Strong - Gratitude, Health Awareness

### **CSCP Goals Addressed-**

- By May 2025, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 % by increasing individual, small, whole group lessons, and special assemblies/cermonie focusing on wellness and creating open direct communication between staff, students and parents for support and awarness.
- By May 2025, school counselors will work to increase positive student behavior by 15 % percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions
- By May 2025, school counselors will increase emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 20%, by incorporating monthly counseling lessons and teacher support.

**Domain-** Intrapersonal Effectiveness, Interpersonal Effectiveness

**Guidance Curriculum Lesson Topics (GC)-** Gratitude, Sharing, Giving; Positivity Tuesday announcements - character strong. Second Step in General Education ( Empathy and Kindness)

**Guidance Lesson-** Character Strong (K-5) - Gratitude; Second Step Lesson in General Education once a week on Mondays. (Empathy/Kindness).

**Major Projects/Events-** Bulletin board or morning announcements, other activities as determined by the campus, Positivitee shirt Thursday, Character Dares from Character Strong

**Individual Planning/Responsive Services:** Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Watchdog Program, Angel Tree program. Positivity Tuesday announcements - character strong. Highly Mobile services. Serving students in multi-purpose room that have sensory needs. Celebration/Awareness Days.

## WINTER BREAK

### January

**Content Area-** Healthy Habits, Puberty, Hygiene

**CSCP Goals Addressed-**

- By May 2025, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 % by increasing individual, small, whole group lessons, and special assemblies/cermonie focusing on wellness and creating open direct communication between staff, students and parents for support and awarness.
- By May 2025, school counselors will work to increase positive student behavior by 15 % percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions
- By May 2025, school counselors will increase emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 20%, by incorporating monthly counseling lessons and teacher support.

**Domain-** Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety

**Guidance Curriculum Lesson Topics (GC)-** Healthy Habits, Courage, Empathy and Kindness.

**Guidance Lesson-** Character Strong - Courage - Positivity Tuesday announcements - character strong. Second step in General Education - once a week on Mondays (15 minutes) - Empathy and Kindness.

Counselor will work with Nurse for K-3 Healthy Habits presentation completed in Gym

**Major Projects/Events-** Guidance Lesson, The Great Kindness Challenge,Positivitee shirt Thursday, Character Dares from Character Strong; Character Strong - Courage.

**Individual Planning/Responsive Services:** Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Watchdog Program and PALS program. Lunch Bunch Groups. Positivity Tuesday announcements - character strong traits. Highly Mobile services. Service students in multi-purpose room with sensory needs. Middle of the Year Counseling Advisory Committee. Celebration/Awareness Days.

## **February**

**Content Area-** WHO program -( grades 5th- Self-Destruction/Self-Worth); Character Strong K-5; Friendship and kindness.

### **CSCP Goals Addressed-**

- By May 2025, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 % by increasing individual, small, whole group lessons, and special assemblies/cermonie focusing on wellness and creating open direct communication between staff, students and parents for support and awariness.
- By May 2025, school counselors will work to increase positive student behavior by 15 % percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions
- By May 2025, school counselors will increase emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 20%, by incorporating monthly counseling lessons and teacher support.

**Guidance Curriculum Lesson Topics (GC)** . Character Strong - Cooperation; Positivity Tuesday announcements - character strong. 5th WHO Guidance (Self/Talk/Self-worth). Second Step Program in General Education once a week in General Education - 15 minutes. (Lesson Empathy and Kindness).

**Major Projects/Events-** , Guidance Lesson, National Counseling Week, Positivitee shirt Thursday, Character Dares from Character Strong; Second Step; Activities to promote Friendship and Kindness.

**Individual Planning/Responsive Services:** Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Watchdog Program and PALS program. Lunch Bunch Groups. Celebration/Awareness Days. National Counseling week - showcase the role of the Counselor to campus.

## **March**

**Content Area-** Character Strong - Perseverance; WHO Program (3/4th Trauma & Emotional resilience)

### **CSCP Goals Addressed-**

- By May 2025, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 % by increasing individual, small, whole group lessons, and special assemblies/cermonie focusing on wellness and creating open direct communication between staff, students and parents for support and awarness.
- By May 2025, school counselors will work to increase positive student behavior by 15 % percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions
- By May 2025, school counselors will increase emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 20%, by incorporating monthly counseling lessons and teacher support.

**Domain-** Intrapersonal Effectiveness, Interpersonal Effectiveness

**Guidance Curriculum Lesson Topics (GC)-** Character Strong - Perseverance; Positivity Tuesday announcements - Character strong. 3-4 WHO guidance -(Trauma and Emotional Resilience.)  
Second Step - Problem - Solving

**Major Projects/Events-** Guidance Lesson - Character Strong, WHO Program; Second Step

**Individual Planning/Responsive Services:** Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Watchdog Program and PALS program. Lunch Bunch Groups. Positivity Tuesday announcements - character strong. Highly Mobile services. Counselor Advisory Meeting - EOY. End of the Year Climate Survey - students. Celebration/Awareness Days.



## **April**

**Content Area-** Test Anxiety, Personal Safety, Character Strong - Empathy

### **CSCP Goals Addressed-**

- By May 2025, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 % by increasing individual, small, whole group lessons, and special assemblies/cermonie focusing on wellness and creating open direct communication between staff, students and parents for support and awariness.
- By May 2025, school counselors will work to increase positive student behavior by 15 % percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions
- By May 2025, school counselors will increase emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 20%, by incorporating monthly counseling lessons and teacher support.

**Domain-** Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety  
**Guidance Curriculum Lesson Topics (GC)-** Test Anxiety, Personal Safety; Positivity Tuesday announcements - character strong. Second Step - Problem Solving

**Guidance Lesson-** Character Strong- Empathy, Second Step in General Education once a week - 15 minutes.

**Major Projects/Events-** Guidance Lesson - it is also Child Abuse Prevention Month, Character Dares from Character Strong. Character Strong - Empathy

**Individual Planning/ Responsive Services:** Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Watchdog Program and PALS program. Lunch Bunch Groups. Positivity Tuesday announcements - character strong. Highly Mobile services. Provide services for students in multi-purpose room with sensory needs. Celebration/Awareness Days.

**May**

**Content Area- Test Anxiety, Personal Safety (Cont.)** Post-Secondary Planning and Career Readiness

**CSCP Goals Addressed-**

- By May 2025, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 % by increasing individual, small, whole group lessons, and special assemblies/cermonie focusing on wellness and creating open direct communication between staff, students and parents for support and awariness.
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- By May 2025, school counselors will increase emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 20%, by incorporating monthly counseling lessons and teacher support.

**Domain-** Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety  
**Guidance Curriculum Lesson Topics (GC)-** Test Anxiety, Personal Safety, Character Education - Empathy continued; Positivity Tuesday announcements - character strong.

**Major Projects/Events-** STAAR (support students with test anxiety); Small Group - Test Anxiety; 5th CATE Tours/Career development.

**Individual Planning/Responsive services:** Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Watchdog Program and PALS program. Lunch Bunch Groups. Positivity Tuesday announcements - character strong. CATE tours; career development programs/lessons. Celebration/Awareness Days.

**June**

**Content Area- Review Data and prepare for new school year**

**CSCP Goals Addressed-** Review data, determine growth achieved

**Domain-** Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety, Postsecondary Planning and Career Readiness

**Guidance Curriculum Lesson Topics (GC)-** Creativity; (review any lessons needed/wrapup; Positivity Tuesday announcements - character strong.

**Major Projects/Events-** Planning, modifications, and adaptation of lessons to meet the goals of the upcoming school year. Revision of CSCP.