## Middle School Cross Country



## Tuesdays & Thursdays • Sept. 12 - Oct.29

Join your middle school cross country team, get involved in your school and meet new friends. Train two days a week, then represent your school in meets with other middle school teams. Program is held outside; dress for the weather rain or shine. Regular practices at each school are 4:15-5:30 pm, except ISB is 3:15-4:30 pm. No practice on October 31. The district meet Saturday, November 2.

School	Class #	Scan for more
Cedar Park	CH29100	
Conestoga	CH29101	information:
Five Oaks	CH29102	
Highland Park	CH29103	
ISB	CH29109	
<b>Meadow Park</b>	CH29104	<b>La</b> (6) 7: 3
Mt. View	CH29105	
Stoller	CH32106	<b>国)海光键</b>
Tumwater	CH29107	E3397:3.77
Whitford	CH29108	

**Price:** \$196 \$211 ISB (ID/OD)

For more information, call Cedar Hills Recreation Center at 503-629-6340. Financial aid available.