

# KEEPING OUR STUDENTS AND SCHOOLS HEALTHY

Every day of learning matters. If your student is not feeling well, it is important to know when you should keep your student home from school.



## WHEN TO KEEP YOUR STUDENT AT HOME:

- They have a contagious disease
- They do not feel well enough to participate in their normal school activities
- They have any of the symptoms listed below or have an illness for which temporary exclusion from school is recommended \*
  - Fever of 100.4 or higher
  - Flu symptoms
  - Vomiting (2+ episodes in 24 hours)
  - Diarrhea with a fever (or if child looks/acts ill or is vomiting also)
  - Rash with a fever

## KEEP YOUR STUDENT AT HOME IF THEY HAVE ANY OF THESE ILLNESSES:

- Pink eye (*until the infection has cleared or treatment has begun*)
- Skin lesions like streptococci, staphylococcus, impetigo and MRSA infections (*for 24 hours after treatment has begun; lesions must be covered while at school*)
- Scabies (*until treatment has completed*)
- Chicken pox (*until blisters have resolved or no new lesions appear within a 24-hour period*)
- Hand, Foot, and Mouth Disease \*
- Respiratory illnesses like flu, RSV, COVID-19 \*

*\*student may return once symptoms are improved or resolving and they are fever free for 24 hours without the use of medication*



For further guidance related to these symptoms and illnesses, visit [TULSASCHOOLS.ORG/HEALTH](https://www.tulsaschools.org/health)