





SSCMS Morning Intramurals

Morning Intramurals will start on Monday, September 9th, 2024, and run through Thursday, May 1st, 2025. Morning Intramurals start time is 7:30am to 8:25 am Monday through Thursday.

Activities will include half-court basketball, volleyball, badminton, and other fun physical activities. All interested students must turn in a morning intramurals form signed by a parent before allowed to participate. Morning Intramurals permission forms can be picked up at the school information board located in the rotunda next to the front office. Please turn in all signed permission forms to either **Coach Hooks, Coach Hill, or Coach Booker.**







