



LEWISTOWN PUBLIC SCHOOLS SECONDARY MENU

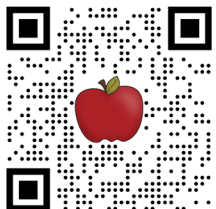
OCTOBER 2024

NATIONAL
SCHOOL
LUNCH
WEEK


is

OCTOBER
14TH-18TH



We think
FOOD
because
kids can't
think
without
it!



SCAN FOR ONLINE MENU

MONDAY 30	TUESDAY 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4
Meatballs Macaroni & Cheese Peas Broccoli & Cauliflower Peaches Gr. 9-12: Whole Grain Breadstick ALTERNATE: Pizza	Cheese OR Pepperoni Pizza Garden Salad Cucumbers Melon Wedge Chocolate Chip Cookie ALTERNATE: Hamburger on a Bun	Whole Grain Corndog Potato Smiles Calico Beans Banana ALTERNATE: Walking Taco	Baked Ham Whole Grain Roll Au Gratin Potatoes Mixed Veggies Apple Wedges ALTERNATE: Ramen Noodles	Homecoming Hamburger! Lettuce & Tomato Slice Crinkle Cut Fries Fresh Fruit Golden Eagle Brownie  ALTERNATE: Pizza

MONDAY 7	TUESDAY 8	WEDNESDAY 9	THURSDAY 10	FRIDAY 11
Sausage & Pancakes Tater Tots Tomatoes, Red Peppers & Cauliflower Orange Wedges ALTERNATE: Pizza	Hot Ham & Cheese on a Bun Calico Fries Creamy Coleslaw Pear Wedge Strawberry Shortcake ALTERNATE: Hamburger on a Bun	Country-Fried Steak Mashed Potatoes with Gravy Carrots & Cucumbers Mixed Berry Cup Cinnamon Bun ALTERNATE: Walking Taco	Beef, Bean & Cheese Burrito with Salsa Corn Garden Salad Cinnamon Apples ALTERNATE: Ramen Noodles	Toasted Cheese Sandwich Tomato Soup with Crackers Broccoli & Celery Sticks Bunches of Grapes Gr. 9-12: Yogurt ALTERNATE: Pizza

MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18
Spaghetti Garden Salad Pepper Strips & Cucumbers Apple Wedges Whole Grain Garlic Toast ALTERNATE: Pizza	Chicken Pot Pie Potato Wedges Broccoli & Cauliflower Kiwi ALTERNATE: Hamburger on a Bun	Beef Barley Soup Cheese Stick Baby Carrots & Celery Bites Mandarin Oranges Chocolate Cake ALTERNATE: Walking Taco	NO SCHOOL  NO SCHOOL	NO SCHOOL 



LEWISTOWN PUBLIC SCHOOLS SECONDARY MENU

OCTOBER 2024

MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25
Nachos with Whole Grain Chips Cheesy Breadstick Corn Celery & Baby Carrots Orange Wedges Cereal Bar ALTERNATE: Pizza	Pork Lo Mein Crunchy Noodles Stir-Fry Veggies Bunch of Grapes Scooby Snack ALTERNATE: Hamburger on a Bun	Chicken Enchiladas Bean Dip with Whole Grain Chips Garden Salad Banana Chocolate Chip Cake ALTERNATE: Walking Taco	Cheese Ravioli & Sausage Peas Tropical Fruit Salad Whole Grain Roll ALTERNATE: Ramen Noodles	Hamburger on a Bun Potato Salad Sun Chips Pepper Strips & Carrots Peach Cup ALTERNATE: Pizza

SECONDARY SCHOOL MEALS

BREAKFAST

STUDENT \$2.25
ADULT \$2.25

LUNCH

STUDENT \$3.60
ADULT \$4.65

Milk is served with each meal, including both breakfast and lunch.

Milk Choice: 8-ounce serving of fat-free chocolate, fat-free white or 1% white milk

All meals at Fergus High include an additional 1/2 cup of fruit and vegetable choice. Reduced fat or nonfat dressing is served with salads and fresh vegetables.

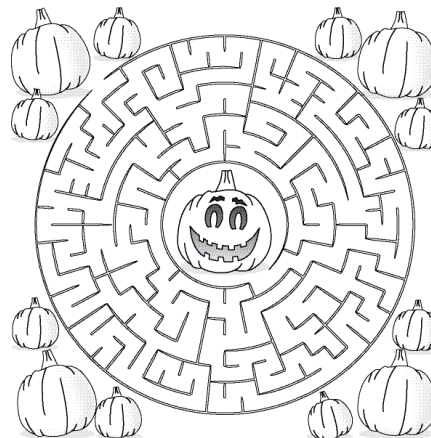
MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 31	FRIDAY 1
Meatball Sub Giant Waffle Fries Cheesy Veggies Melon Wedge ALTERNATE: Pizza	Pepperoni Pocket Garden Salad Snap Peas & Tomatoes Pears Oatmeal Cookie ALTERNATE: Hamburger on a Bun	BBQ Chicken on a Bun Calico Fries Baked Beans Craisins ALTERNATE: Walking Taco	NO SCHOOL	NO SCHOOL

HAPPY HALLOWEEN!

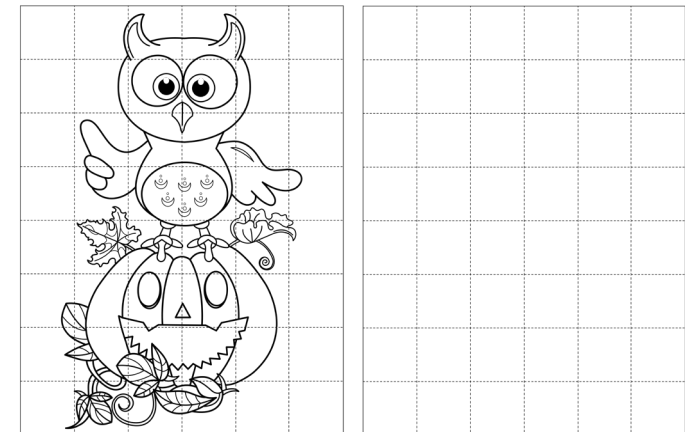


A Grab 'n Go option and an alternate entree are also offered each day at both Lewistown Junior High and Fergus High, as well as individual a la carte items.

Find the Differences



Draw the Picture



SCAN FOR ONLINE MENU