

## **LAUREL OAKS CAREER CAMPUS**

Cafeteria Menu

#### BREAKFAST \$1.30

**Entree** (includes grain or meat/meat alternative)

## Fruit and/or (1) Fruit Juice Milk

(Low-Fat 1% or Fat Free Chocolate)

Breakfast is served every day from 7:20-7:45am.

Daily offerings include: Cereal bars, bagels,
Pop Tarts, donuts, cereal bowls and
multiple hot entrees.

Fruit, juice and/or milk are also available.

# August 2024

\$3.50

Entree (includes grain)

(2) Fruit

(2) Vegetables Milk

(Low Fat or Fat Free Chocolate)

			1	2
5	6	7	8	9
12	13	<b>14</b> Chef's Choice	15 Mini Corn Dogs Green Beans Tossed Salad	16 Steak Hoagie w/Marinara & Provolone Mixed Vegetables Cauliflower
Chicken Alfredo Garlic Breadstick Buttered Broccoli Steamed Carrots	<b>20 Beef Soft Taco</b> Corn Salsa  Refried Beans	Philly Cheesesteak Fresh Peas Side Salad	Popcorn Chicken Bowl w/Mashed Potatoes, Corn & Cheese Dinner Roll	<b>23 Chili Spaghetti</b> Oyster Crackers  Green Beans
<b>26</b> General TSO Chicken w/Brown Rice Oriental Vegetables	27 Chicken Fajitas Buttered Corn Salsa Grilled Onions and Peppers	28 Brunch for Lunch Sausage, Eggs Biscuits & Gravy Hash Brown	Chicken Tenders w/Dinner Roll Cheesy Mashed Potatoes Steamed Broccoli	30 Cheese Bosco Sticks w/Marinara Peas Glazed Carrots

### Apply online today for Free or Reduced Meals!

Visit our website at: http://www.greatoaks.com/about/food-service

A variety of fruits and vegetables are offered daily on our Fresh Bar and serving lines.

Romaine salad mix, cucumbers, cherry tomatoes, celery, carrots, peppers, apples, oranges, craisins, and applesauce just to name a few!

Be sure and visit our Ala Carte Snack Bar available after lunch meals are served, where all items are Smart Snack compliant!

### **Entrees Available Daily:**

- Pizza Meat & Cheese
- Hot & Cold Sandwiches
- Grab 'N Go Options
- Charcuterie Boxes
- Large Entree Salads
- Vegetarian Options