



Elementary Menu



Lunch Menu – Heritage & Liberty 2024-2025

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Cheese Crunchers Drumstick w/ Bosco Stick PB&J Green Beans Fresh Carrots Apple Slices Milk	Cheesy Nachos Mini Quesadilla Pizza Kits Black Beans & Corn Tossed Salad Orange Wedges Milk	Orange Chicken PB&J Fried Rice Broccoli Pepper Slices Mandarin Oranges Milk	Grilled Cheese Sloppy Joe Ham & Cheese Goldfish Tomato Soup Celery Sticks Fruit Slushy Milk	Pizza PB&J Steamed Peas Tossed Salad Grapes Milk Special Treat!
2	Boneless Wings PB&J French Fries Fresh Carrots Pineapple Milk	Walking Taco Quesadilla Pizza Kits Refried Beans Tossed Salad Diced Peaches Milk	Chicken Noodles PB&J Mashed Potatoes Fresh Broccoli Banana Milk	Popcorn Chicken Mac & Cheese Ham & Cheese Corn Cob Celery Sticks Mandarin Oranges Milk	Pizza PB&J Green Beans Tossed Salad Watermelon Milk Special Treat!
3	Cheeseburger Fish Sticks PB&J Smile Fries Pickle Spear Fruit Slushy Milk	Beef Soft Taco Mini Corn Dogs Pizza Kits Mixed Vegetables Tossed Salad Grapes Milk	Meatloaf Chicken Patty PB&J Mashed Potatoes Fresh Broccoli Banana Milk	Chicken Nuggets Bosco Sticks Ham & Cheese Buttered Corn Cucumbers Strawberries Milk	Pizza PB&J Steamed Peas Tossed Salad Apple Slices Milk Special Treat!
4	Chicken Tenders Pizza Calzone PB&J Green Beans Fresh Carrots Diced Peaches Milk	Loaded Totchos Hot Dogs Pizza Kits Tater Tots Tossed Salad Sunshine Salad Milk	Spaghetti Chicken Alfredo PB&J Fresh Broccoli Grapes Cucumbers Milk	French Toast Sticks Ham & Cheese Sausage Links Hash Brown Orange Wedges Milk	Pizza PB&J Buttered Corn Tossed Salad Pineapple Milk Special Treat!

CEP Meal Pricing

Breakfast
- Free to All
Lunch
- Free to All

Breakfast Menu

Monday- Pop Tarts
Tuesday- Warm and Tasty Waffles
Wednesday- Viking Bakery
Thursday- Warm and Tasty French Toast
Friday- Donuts!
We know how to make your day!

**Each Breakfast comes with fruit, juice, and milk.*

1. To add funds to a student's meal account for a la carte items, please visit <http://mvschoolbucks.com> to set up an account and make payments. We also accept cash or checks in all our cafeterias.

2. Breakfast and lunch are free to all students this year. A meal consists of an entrée, at least one serving of fruit or vegetables, and a milk.

This institution is an equal opportunity provider. Menu subject to change without notice.

Week 1 Meal Plan Week 2 Meal Plan Week 3 Meal Plan Week 4 Meal Plan

S	M	T	W	T	F	S
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
28	29	30				

S	M	T	W	T	F	S
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

S	M	T	W	T	F	S
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

S	M	T	W	T	F	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31