



# Forth Worth ISD Breakfast K-12

# AUG

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Offered daily:**  
Seasonal Fresh &  
Canned Fruit  
Fruit Juice  
Assorted Milk

1

2

5

6

7

8

9

12

13

Country Breakfast  
Sausage Pizza

Assorted Cereal w/  
String Cheese

Strawberry Yogurt  
Parfait w/ Graham  
Crackers

Glazed Cinnamon  
Roll

Assorted Cereal w/  
Toasted Bagel

Chicken on a Biscuit

Assorted Cereal w/  
String Cheese

Blueberry Yogurt  
Parfait w/ Graham  
Crackers

19

Glazed Donut

Assorted Cereal w/  
String cheese

20

Breakfast Burrito

Assorted Cereal w/  
Toast

21

Assorted Cereal w/  
String Cheese

Strawberry Parfait  
with Oat & Honey  
Goldfish Grahams

Cheesy Turkey Ham,  
Egg, & Tater Tot  
Casserole

Assorted Cereal w/  
Toasted Bagel

Eggoji Waffles

Assorted Cereal w/  
String Cheese

Strawberry Parfait  
with Oat & Honey  
Goldfish Grahams

26

Cheesy Scrambled  
Eggs w/ Toast

Assorted Cereal w/  
Toast

27

Egg & Cheese Muffin

Assorted Cereal w/  
Toast

28

French Toast Sticks  
w/ Powdered Sugar

Assorted Cereal w/  
Cinnamon Toast

Strawberry Yogurt  
Parfait

29

Sausage Biscuit

Assorted Cereal w/  
String Cheese

Bagel

30

No School!