



# Forth Worth ISD BIC K-12

# AUG

**MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****1****2****5****6****7****8****9****12****13****14****15****16**

Lucky Charms Cereal  
String Cheese  
Seasonal Fruit  
Fruit Juice  
Assorted Milk

Breakfast Sausage  
Pizza  
Seasonal Fruit  
Fruit Juice  
Assorted Milk

Cinnamon Toast  
Crunch Cereal  
String Cheese  
Applesauce Cup  
Fruit Juice  
Assorted Milk

Mini Confetti  
Pancakes  
Seasonal Fruit  
Fruit Juice  
Assorted Milk

**19****20****21****22****23**

Cocoa Puffs Cereal  
String Cheese  
Craisins  
Fruit Juice  
Assorted Milk

Chocolate Muffin  
Seasonal Fruit  
Fruit Juice  
Assorted Milk

Mini Maple Waffles  
Seasonal Fruit  
Fruit Juice  
Assorted Milk

Cinnamon Toast  
Crunch Cereal  
String Cheese  
Applesauce Cup  
Fruit Juice  
Assorted Milk

Savory Turkey  
Pancake Wrap  
Seasonal Fruit  
Fruit Juice  
Assorted Milk

**26****27****28****29****30**

Strawberry Yogurt &  
Graham Crackers  
Craisins  
Fruit Juice  
Assorted Milk

Cocoa Puffs Cereal  
String Cheese  
Seasonal Fruit  
Fruit Juice  
Assorted Milk

Breakfast Sausage  
Pizza  
Seasonal Fruit  
Fruit Juice  
Assorted Milk

Strawberry Yogurt &  
Graham Crackers  
Applesauce Cup  
Fruit Juice  
Assorted Milk

No School!



# Forth Worth ISD BIC Pre-K

# AUG

**MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY**

			1	2
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5	6	7	8	9
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12	13	14	15	16
Cheerios Cereal String Cheese Seasonal Fruit Assorted Milk	Country Breakfast Sausage Pizza Fruit Juice Assorted Milk	Cinnamon Toast Crunch Cereal String Cheese Applesauce Cup Assorted Milk	Mini Confetti Pancakes Seasonal Fruit Assorted Milk	Cheerios Cereal String Cheese Fruit Juice Assorted Milk

19	20	21	22	23
Cinnamon Toast Crunch Cereal String Cheese Seasonal Fruit Assorted Milk	Mini Maple Waffles Fruit Juice Assorted Milk	Cheerios Cereal String Cheese Applesauce Cup Assorted Milk	Savory Turkey Pancake Wrap Seasonal Fruit Assorted Milk	Creamy Strawberry Yogurt & Graham Crackers Fruit Juice Assorted Milk

26	27	28	29	30
Cinnamon Toast Crunch Cereal String Cheese Seasonal Fruit Assorted Milk	Country Breakfast Sausage Pizza Fruit Juice Assorted Milk	Creamy Strawberry Yogurt & Graham Crackers Applesauce Cup Assorted Milk	Mini Pancakes String Cheese Seasonal Fruit Assorted Milk	No School!



## Forth Worth ISD Breakfast K-12

# AUG

### MONDAY

**Offered daily:**  
Seasonal Fresh &  
Canned Fruit  
Fruit Juice  
Assorted Milk

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

1

2

5

6

7

8

9

12

French Toast Sticks  
w/ Powdered Sugar  
  
Assorted Cereal w/  
Toast

13

Country Breakfast  
Sausage Pizza  
  
Assorted Cereal w/  
String Cheese  
  
Strawberry Yogurt  
Parfait w/ Graham  
Crackers

14

Glazed Cinnamon  
Roll  
  
Assorted Cereal w/  
Toast  
  
Bagel

15

Chicken on a Biscuit  
  
Assorted Cereal w/  
String Cheese  
  
Blueberry Yogurt  
Parfait w/ Graham  
Crackers

16

Glazed Donut  
  
Assorted Cereal w/  
String cheese

19

Breakfast Burrito  
  
Assorted Cereal w/  
Toast

20

Assorted Cereal w/  
String Cheese  
  
Strawberry Parfait  
with Oat & Honey  
Goldfish Grahams

21

Cheesy Turkey Ham,  
Egg, & Tater Tot  
Casserole  
  
Assorted Cereal w/  
Toast  
  
Bagel

22

Eggoji Waffles  
  
Assorted Cereal w/  
String Cheese  
  
Strawberry Parfait  
with Oat & Honey  
Goldfish Grahams

23

Cheesy Scrambled  
Eggs w/ Toast  
  
Assorted Cereal w/  
Toast

26

Egg & Cheese Muffin  
  
Assorted Cereal w/  
Toast

27

French Toast Sticks  
w/ Powdered Sugar  
  
Assorted Cereal w/  
Cinnamon Toast  
  
Strawberry Yogurt  
Parfait

28

Sausage Biscuit  
  
Assorted Cereal w/  
String Cheese  
  
Bagel

29

Glazed Donut  
  
Assorted Cereal w/  
Cinnamon Toast  
  
Strawberry Yogurt  
Parfait

30

No School!



# Forth Worth ISD Breakfast Pre-K

# AUG

**MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY**

1

2

5

6

7

8

9

12

French Toast Sticks  
w/ Powdered Sugar  
Canned Fruit  
Milk

13

Country Breakfast  
Sausage Pizza  
Fresh Fruit  
Milk

14

Cheerios Cereal  
String Cheese  
Fruit Juice  
Milk

15

Chicken on a Biscuit  
Fresh Fruit  
Milk

16

Cinnamon Toast  
Crunch Cereal  
String Cheese  
Canned Fruit  
Milk

19

Bacon Breakfast  
Pizza  
Canned Fruit  
Milk

20

Cinnamon Toast  
Crunch Cereal  
String Cheese  
Fresh Fruit  
Milk

21

Cheesy Turkey Ham,  
Egg, & Tater Tot Taco  
Fruit Juice  
Milk

22

Eggoji Waffles  
Fresh Fruit  
Milk

23

Cheesy Scrambled  
Eggs w/ Toast  
Canned Fruit  
Milk

26

Egg & Cheese Muffin  
Canned Fruit  
Milk

27

French Toast Sticks  
w/ Powdered Sugar  
Fresh Fruit  
Milk

28

Sausage Biscuit  
Fruit Juice  
Milk

29

Cheerios Cereal  
Fresh Fruit  
Milk

30

No School!