

Aberdeen School District Wellness Committee

April 12, 2023

Attendees: Jaime Matisons, Elyssa Louderback, Lisa Griebel, Michelle Ryan, Myka Jugum, Sherri Northington

1. Review Local Wellness Policy 6700 (LSWP) & Health/Food Service Program
 - a. Jaime shared a PPT from USDA, suggested it be put on the website.
 - b. Need to update policy/procedure with our participation in the Farm to School program.
2. Set Goals and Action Steps reflecting Policy and Procedure 6700 (LSWP)
 - a. Get a PE teacher to participate in committee
 - b. Nutrition Education (food service and classroom teachers working together?; Great Body Shop curriculum)
3. Food Service and Health Goals
 - a. Nutrition Education - WSU Program was used in the past, check with Dairy Council;
 - b. Fundraiser food items are listed on the website. Jaime will work with the staff if they have food ideas, she just needs time to check out the nutritional information.
4. Action Steps for each Goal
 - a. Recruit some more members
 - b. Get ideas of what others would like to see in our Food Service and PE programs
 - c. Check into WSU program for nutritional lessons (is it still available?)
 - d. Check into options with the WA Dairy Council - educational lessons, swag
 - e. Incorporate more opportunities for parents to see what kind of food their students are getting at our schools.
5. Committee Members
 - a. Invite: Parents, Students, Board members, Other staff