

# SOUTHINGTON HIGH SCHOOL BREAKFAST MENU

## AVAILABLE DAILY

Low Fat Yogurt  
Low Fat Smoothies  
Assorted WG Cereals  
WG Breakfast Breads and WG Breakfast Bars  
Egg and Cheese Sandwich on an English Muffin  
WG Pastries and Bagels

**START YOUR DAY THE RIGHT WAY**  
**WITH SCHOOL BREAKFAST**



### BREAKFAST PRICES

Reduced: FREE

Full Pay: \$2.75

Free and Reduced Applications  
can be filled out at any point  
during the school year.

**Breakfast is served with choices of  
fruit, juice, and low-fat milk.**

WG = Whole Grain



Menu is subject to change. This institution is an equal opportunity provider.