

SOUTHINGTON MIDDLE SCHOOL BREAKFAST MENU

AVAILABLE DAILY

Low Fat Yogurt
Low Fat Smoothies
Assorted WG Cereals
WG Breakfast Breads and WG Breakfast Bars
Egg and Cheese Sandwich on an English Muffin
WG Pastries and Bagels

START YOUR DAY THE RIGHT WAY
WITH SCHOOL BREAKFAST



BREAKFAST PRICES

Reduced: FREE

Full Pay: \$2.50

Free and Reduced Applications
can be filled out at any point
during the school year.

**Breakfast is served with choices of
fruit, juice, and low-fat milk.**

WG = Whole Grain



Menu is subject to change. This institution is an equal opportunity provider.